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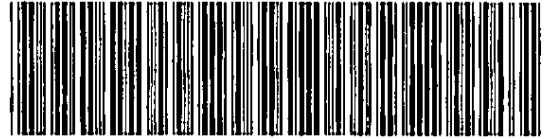
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SECRETARY OF STATE
TALLAHASSEE, FLORIDA

2022 MAY 17 PM 4: 19

FILED

K. SALY
JUN 17 2022

COVER LETTER

TO: Registration Section
Division of Corporations

SUBJECT: Port Charlotte Rehabilitation Center
_____ (Mark to be registered)

The enclosed Trademark/Service Mark Application, specimens and fees are submitted for filing.

Please return all correspondence concerning this matter to the following:

Taylor Huston, Esq.
_____ (Name of Person)

Clear Choice Health Care
_____ (Firm/Company)

709 S. Harbor City Blvd. Suite 240
_____ (Address)

Melbourne, FL 32901
_____ (City/State and Zip Code)

For further information concerning this matter, please call:

Taylor Huston, Esq. 317 514-5985
_____ at (_____) _____
(Name of Person) (Area Code & Daytime Telephone Number)

Mailing Address:
Registration Section
Division of Corporations
P.O. Box 6327
Tallahassee, FL 32314

Street Address:
Registration Section
Division of Corporations
The Centre of Tallahassee
2415 N. Monroe Street, Suite 810
Tallahassee, FL 32303

(NOTE: The information contained in this cover letter will be included in the permanent record and will be available to the general public.)

APPLICATION FOR THE REGISTRATION OF A TRADEMARK OR SERVICE MARK
PURSUANT TO CHAPTER 495, FLORIDA STATUTES

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2022 MAY 17 PM 4:19

SECRETARY OF STATE
TALLAHASSEE, FLORIDA

TO: Division of Corporations
Post Office Box 6327
Tallahassee, FL 32314

PART I

1. OWNER/APPLICANT: Enter the name and address of the individual or the business entity to be listed as the owner of the Trademark and/or Service Mark on the records of the Florida Department of State.

(a) Owner's/Applicant's name: Deep Creek RNC, LLC

(b) Owner's/Applicant's business address: 25325 Rampart Blvd.
Punta Gorda, FL 33983
City/State/Zip

If different, Owner's/Applicant's mailing address: 3450 RIDGEWOOD ROAD NW ATLANTA, GA 30327
City/State/Zip

(c) Owner's/Applicant's telephone number: (_____) _____

Check the appropriate box to indicate the Owner/Applicant is a(n):

- Individual Corporation Joint Venture Limited Liability Company
- General Partnership Limited Partnership Union Other: _____

If the Owner/Applicant is a business entity, the business entity must have an active filing or registration on file with the Florida Department of State. If the Owner/Applicant is not an individual, enter the business entity's Florida registration/document number in #1, the state or country under the laws of which the business entity is currently formed, organized or incorporated under in #2, and the entity's federal employer identification number (EIN) in #3.

(1) Florida registration/document number: M03000002858

(2) Domicile State or Country: Georgia

(3) Federal Employer Identification Number: 76-0738973

2. (a) SERVICE MARK: If the owner/applicant is using the name, logo, design and/or slogan being registered in connection with a type of service, the mark is a service mark. If the mark is a service mark, the applicant/owner must list the specific service(s) the mark is being used in connection with. For example: furniture moving services, diaper services, house painting services, wholesale and retail sales of tractor equipment, etc. If the owner/applicant is using the mark to identify services available in the market place, enter the specific service(s) being rendered here:

(Note: List only those services currently being rendered by the owner/applicant. Do not include future services.)

Licensed Skilled Nursing Facility (SNF), Rehabilitation, Inpatient and Outpatient Physical, Occupational, and Speech Therapy.

skilled nursing services, Medicare and Medicaid provider, SPIRITUAL SERVICES

2. (b) TRADEMARK: If the owner/applicant is using the name, logo, design and/or slogan being registered in connection with an actual product manufactured by the owner/applicant or on the owner/applicant's behalf, the mark is a trademark. If the mark is a trademark, the applicant/owner must list the specific product(s) the name, logo, design and/or slogan is being used to identify. For example: ladies sportswear, cat food, barbecue grills, shoe laces, etc. If the owner/applicant is using the name, logo, design and/or slogan to identify goods available in the market place, enter the specific product(s) the name, logo, design and/or slogan is being used to identify:

(Note: List only those product(s) currently available. Do not include future products.)

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TALLAHASSEE, FLORIDA

2. (c) HOW IS THE NAME, LOGO, DESIGN AND/OR SLOGAN CURRENTLY USED:

SERVICE MARKS: If the name, logo, design and/or slogan are/is being used in connection with a type of service, you must specify the form(s)/mean(s) of advertisement the applicant/owner is using to advertise the services to the general public. For example: newspaper advertisements, business cards, brochures, flyers, pamphlets, menus, etc. If the mark is being used in connection with a type of service, state how the name, logo, design and/or slogan are/is being used in advertising here:

Brochures, Logos, Business Cards, Billboards, Newspapers, Radio, general advertising, letterhead, staffing ads (classifieds), policies and procedures, employee manuals, government licensure/agencies, signage, communications with local hospitals, all providers of medical care in the long term care continuum - include MD's, hospitals, home health agencies, hospice, ambulance services, etc.

TRADEMARKS: If the name, logo, design and/or slogan are/is being used to identify a product manufactured by or for the applicant/owner, you must specify how the mark is applied or affixed to the actual product or its packaging. For example: a tag, label, imprinted or engraved on the actual product, etc. If the mark is being used in connection with a specific product, state how the name, logo, design and/or slogan is applied or affixed to the actual product(s) or the packaging:

2. (d) FEE(S) AND CLASS(ES): There are a total of 45 classes or categories in which all products or services must be categorized. The fee to register a mark is \$87.50 per class. Make check payable to Florida Department of State.

List the class(es) which apply to the product(s) and/or service(s) listed in 2(a) and/or 2(b) above:

Class 44 and Class 45

PART II

1. You must state the date the name, logo, design and/or slogan was first used in the state of Florida, and, if it was used in another state or country, the date you first used the name, logo, design and/or slogan in the other state or country. Enter the month, day, and year the name, logo, design and/or slogan was first used by the applicant/owner, the predecessor, or a related company in Florida. If the name, logo, design and/or slogan has been used in another state or country, then you must also enter the month, day, and year the name, logo, design and/or slogan was/were used in another state or country, when applicable.

Note: The Florida Statutes require a mark to be in use prior to registration.

(a) Date first used in other state or country, if applicable: _____

(b) Date first used in Florida: 12/15/2008

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TALLAHASSEE, FLORIDA

PART III

ENTER NAME, LOGO, DESIGN AND/OR SLOGAN BEING REGISTERED:

1. Enter the name, a brief description of the logo or design, and/or the slogan you are registering. The description of the logo and/or design must be 25 words or less. List the exact name, slogan, and/or description of the logo/design here: (NOTE: The name, logo, design and/or slogan listed in this section must match the exact name, logo, design and/or slogan listed on your specimens or examples.)

"Port Charlotte Rehabilitation Center" - Navy blue and Gold Logo with triangular shaped design in upper left corner with a pineapple logo in the middle of the picture. The words Port Charlotte are larger in navy blue font with gold outline. A line is below the word "Charlotte" with "Rehabilitation Center" written below in all caps.

Provide the English translation of any and all terms listed #1 above, when applicable: n/a

2. DISCLAIMER STATEMENT (if applicable):

Your mark may include a word or design that is commonly used by others. Commonly used terms or designs must be disclaimed. When you disclaim a specific term or design, you are acknowledging this term is commonly used by others and that you do not claim the exclusive right to use the disclaimed term or design. All geographical terms and representations of cities, states or countries must be disclaimed (i.e., Miami, Orlando, Florida, the design of the state of Florida, the design of the United States of America, etc.). Corporate suffixes and terms readily associated with the specific product(s) and/or(s) service being provided must also be disclaimed.

Enter all terms listed in #1 above which require a disclaimer in the space provided below:

NO CLAIM IS MADE TO THE EXCLUSIVE RIGHT TO USE THE TERM(S)" PORT CHARLOTTE

" APART FROM THE MARK AS SHOWN.

3. ATTACH OR INCLUDE THREE SPECIMENS OR EXAMPLES OF THE TRADEMARK OR SERVICE MARK BEING REGISTERED

Chapter 495, F.S., requires you to submit three specimens (samples or examples) of the mark in use. You must submit three specimens FOR EACH CLASS listed in Part 1 #2(d). The name, logo, design and/or slogan on the specimens must be identical to the name, logo, design and/or slogan being registered. You may provide three identical specimens or three different specimens. For each service mark class (classes 35-45), you may provide three newspaper advertisements, business cards, brochures, flyers, or any combination thereof. For each trademark class (classes 1-34), you may provide three tags, labels, boxes, etc. or any combination thereof. Photographs of bulky specimens are acceptable if the mark being registered and the good(s) or product(s) are clearly legible.

SIGNATURE OF APPLICANT/OWNER AND NOTARIZATION:

I, Deborah Kennedy, being sworn, depose and say that I am the owner and the applicant herein or that I am authorized to sign on behalf of the owner and applicant herein, and to the best of my knowledge no other person except a related company has registered this mark in this state or has the right to use such mark in Florida either in the identical form thereof or in such near resemblance as to be likely, when applied to the goods or services of such other person to cause confusion, to cause mistake or to deceive. I make this affidavit and verification on my the applicant's behalf. I further acknowledge that I have read the application and know the contents thereof and that the facts stated herein are true and correct.

Deborah Kennedy
Typed or printed name of applicant

Deborah P. Kennedy, Executive V.P.
Applicant's Signature
(List name and title)

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2022 MAY 17 PM 4:19
SECRETARY OF STATE
TALLAHASSEE, FLORIDA

STATE OF FLORIDA
COUNTY OF Brevard

Sworn to (or affirmed) and subscribed before me by means of physical presence or online notarization, this (numeric date) this 11th day of May, 2022 by Deborah P. Kennedy.
numeric date month year name of person making statement



Heather Fuller
Notary Public's Signature
Heather Fuller
Notary Public's Printed Name

Personally Known OR Produced Identification

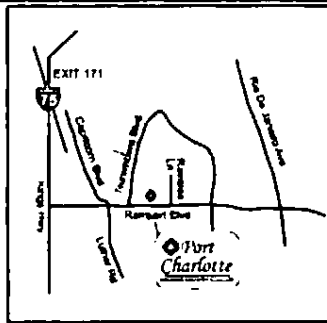
Type of Identification Produced: Self

FILING FEE: \$87.50 per class



Port Charlotte Rehabilitation Center provides skilled care services to patients who are medically stable, yet have complex medical rehabilitative or restorative care needs. Quality care is provided through our interdisciplinary team approach, which is designed to achieve optimum clinical outcomes. We encourage a high level of involvement by the patient and family members. Overall, our goal is to maximize physical and emotional wellness, to promote independence and healing and to enhance personal dignity.

- Inpatient Rehabilitation
- Outpatient Rehabilitation
- Stroke Recovery
- Cardiac Recovery
- Pulmonary Therapy
- Infusion Therapy
- Wound Care Services
- Restorative Therapy
- Nutritional Therapy
- Lymphedema Therapy
- Pain Reduction/Management
- Spiritual Services
- Palliative Care Services
- (Other Qualified Programs Available)

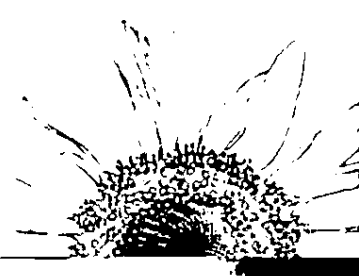


25325 Rampart Boulevard
Port Charlotte, FL 33983

www.PortCharlotteRehab.com

**Port
Charlotte**
REHABILITATION CENTER

REHABILITATION
& SKILLED NURSING



Rehabilitation Services Skilled Nursing Rehabilitation Services Skilled Nursing

**Port
Charlotte**
REHABILITATION CENTER

We now offer complimentary transportation for outpatient rehabilitation services.



SUBACUTE TRANSITIONAL CARE

Our highly trained staff will treat you like family, assisting and encouraging you on your road to recovery. Clinicians offer rehabilitative therapy to patients up to seven days per week as determined by their specific needs. We provide patients with the necessary care and support to achieve significant clinical improvement when recovering from an illness, surgery or injury. Later on your road to recovery, we offer outpatient therapy, the same familiar and reassuring faces who helped you during your stay will be there as you continue your rehabilitation.

**Port
Charlotte**
REHABILITATION CENTER

Services & Amenities

- Beautifully Enclosed Courtyard
- Planned Activities & Social Programs
- Private & Semi-Private Accommodations
- Admissions 24 Hours a Day / 7 Days a Week
- Efficient Discharge Planning
- Private telephones
- Private televisions
- Rehabilitation Gym
- Medicare & Medicaid Certified
- VA and Other Insurances Accepted
- Private Family Meeting Room

REHABILITATION PROGRAMS

Port Charlotte Rehabilitation Center provides skilled rehabilitative services for those patients who require skilled needs in order to return to their prior level of function. We involve an interdisciplinary approach to treatment involving physical therapy, occupational therapy and speech therapy as described below.

Physical Therapy

Physical therapy can foster each patient's independence and enable functional mobility skills following orthopedic or neurological conditions or injuries. Innovative techniques are used to restore maximum function and minimize pain. Improving range of motion, strength, coordination and muscle control will bring you closer to your functional goals.

Occupational Therapy

Occupational therapy focuses on achieving greater independence in the activities of daily living such as bathing, dressing and eating following an illness or injury. To promote maximum function and mobility, our therapists use rehabilitation techniques and train residents with the use of specialized equipment.

Speech Therapy

Speech-language therapy helps patients improve their communication skills in speaking, problem solving, reading, writing and verbal expressions. Therapists also provide evaluation of treatment for a variety of swallowing disorders.

Rehabilitation Services Skilled Nursing Rehabilitation Services Skilled Nursing Rehabilitation Services Skilled Nursing



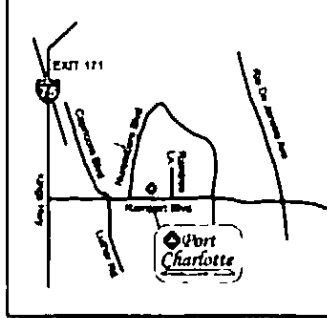


At Port Charlotte, we offer a comprehensive rehabilitation program for patients recovering from orthopedic, cardiac, pulmonary, and other medical conditions. Our goal is to help you regain your strength and independence.

Our rehabilitation program is designed to help you regain your strength and independence. We provide a comprehensive program of care, including physical therapy, occupational therapy, and speech therapy.

At Port Charlotte, we provide a comprehensive rehabilitation program for patients recovering from orthopedic, cardiac, pulmonary, and other medical conditions.

Our goal is to help you regain your strength and independence. We provide a comprehensive program of care, including physical therapy, occupational therapy, and speech therapy.



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Port Charlotte, FL 33983

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Port Charlotte

REHABILITATION CENTER
REHABILITATION
PRE-REGISTRATION
PROGRAM

For Inpatient and Outpatient
Rehabilitation Services



Rehabilitation Services *Skilled Nursing* *Rehabilitation* *Skilled Nursing*



We now offer
complimentary transportation
for outpatient rehabilitation
services.



About us...

Why Pre-Register?

Pre-Registration provides several opportunities for you to direct your care. Visit the facility, take a tour and meet our highly qualified team. Familiarize yourself with the facility layout and view room accommodations. Visit the Rehab Gym, meet the therapy team and get answers to your questions. You can direct your discharge to a facility you have selected and reviewed for their services and that your physician has recommended. Pre-registration allows you to get insurance paperwork out of the way prior to admission and there will be no surprises as to what your coverage will be for your stay. Pre-Registration is easy! Just call our admissions department at 941-629-7466 and make an appointment at your convenience.

Rehab You Deserve!

- Our center offers pre/post-surgical strengthening, which decreases your recovery time and increases your rehab potential.
- We provide 7 day a week rehab for orthopedic joint replacement and other diagnosis as appropriate.
- We feature Advanced Modalities providing treatments in Vital Stim, Ultrasound, Diathermy and Electrotherapy.
- Our professional team of Physicians, Nurses and Therapists will develop your personalized plan of care in reaching your maximum potential and maintaining your independence.
- Home evaluations are provided to ensure a safe transition to home.
- Patient and Family education is provided during your stay as well as after your return home. If you have a question, please call, we want to help.



Our goal is to help you regain your strength and independence. We provide a comprehensive program of care, including physical therapy, occupational therapy, and speech therapy.

- Inpatient Rehabilitation
- Outpatient Rehabilitation
- Stroke Recovery
- Cardiac Recovery
- Pulmonary Therapy
- Infection Therapy
- Wound Care Services
- Restorative Therapy
- Nutritional Therapy
- Lymphedema Therapy
- Pain Reduction Management
- Optical Services
- Post-Operative Care Services
- (Other Specialized Programs Available)

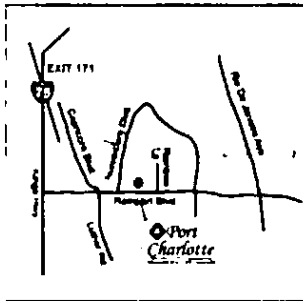
Rehabilitation Services *Skilled Nursing* *Rehabilitation Services* *Skilled Nursing*



PREFERRED PROVIDER CARD
INPATIENT - OUTPATIENT

Admissions (941) 629-7466 Fax (941) 629-8383
25325 Rampart Blvd., Port Charlotte, FL 33948

Please take a moment to stop at the hospital. Your discharge papers will have the information to please your doctor.



25325 Rampart Blvd.
Port Charlotte, FL 33983

Port Charlotte

REHABILITATION CENTER
Outpatient Services



Call for an
Appointment
Today!

Transportation available based on medical necessity

(941) 235-8011

www.OrchardParkHealthCare.com

Equipped with the latest training, our therapists go beyond industry standards and possess certifications in certain specialties like stroke rehabilitation, aquatic therapy, lymphedema, balance disorders, manual therapy, urinary incontinence, wound care, and swallowing rehabilitation.

A physician will prescribe a rehabilitative frequency that will maximize our patient's recuperation and we work together to achieve the best quality of life after an illness, surgery or injury....

Specialty Programs

Orthopedic Recovery
Stroke Recovery
Cardiac Recovery
Pulmonary Therapy*
Aquatic Therapy
Wound Care Services
Lymphedema Therapy
Pain Reduction/Management
Parkinson's Rehab
Dementia/Cognitive Rehab
Swallowing Treatments
Balance/Fall Prevention
Back/Spine Rehab
Hand Therapy**

* Full time Respiratory Therapist

** Certified Hand Therapist for UE injuries, post surgical custom splinting, OA, CVA, hand replacement

Port
Charlotte
REHABILITATION CENTER

Services & Amenities

- ◆ Over 5,000 sq. ft. of Therapy Gyms
- ◆ State of the Art Therapy Equipment
- ◆ Hydro-Therapy Spa with Amenities
- ◆ Private Exam Rooms

Physical Therapy

Physical therapy can foster each patient's independence and enable functional mobility skills following orthopedic or neurological conditions or injuries. Innovative techniques are used to restore maximum function and minimize pain. Improving range of motion, strength, coordination and muscle control will bring you closer to your functional goals.

Occupational Therapy

Occupational therapy focuses on achieving greater independence in the activities of daily living such as bathing, dressing and eating following an illness or injury. To promote maximum function and mobility, our therapists use rehabilitation techniques and train residents with the use of specialized equipment.

Speech Therapy

Speech-language therapy helps patients improve their communication skills in speaking, problem solving, reading, writing and verbal expressions. Therapists also provide evaluation of treatment for a variety of swallowing disorders.



Effective Balance Rehabilitation

(Inpatient and Outpatient)

Are you aware that falls are preventable?

With effective balance rehabilitation, you don't have to be a statistic. Your safety is our concern and we have the newest technology and latest techniques to keep you on your feet. Our team of experienced therapists will evaluate you and determine the cause of imbalance. Your custom made therapeutic balance program will

- Improve your strength and stamina
- Help rebuild a safer, stronger and more fluid gait
- Restore your maximum reflexes and responsiveness to obstacles
- Learn simple changes to increase your home safety awareness
- Teach you how to get up after a fall
- Increase your vital skill of balance
- Boost your confidence as you decrease your fall risk
- Review medication side effects that contradict your balance
- Advise on home safety programs

The good news is that you can learn better balance and reduce your risk of falling. Together we can make a tremendous difference in restoring your balance and in the way you go about enjoying life. Research shows that seniors who are more active are less likely to fall, because they are constantly improving their strength and balance. This is why health care professionals recommend starting a balance therapy program. All it takes is some time and skilled attention to put you on a path of stability and right your way to a safer future.

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Balance Rehabilitation

Eight Top Reasons to Pick Up Your Balance

- Among older adults (those 65 or older), falls are the leading cause of injury death.
- 87% percent of all fractures in the elderly are due to falls.
- Of those who fall, up to 30% suffer moderate to severe injuries that increase their risk of early death.
- Older adults are hospitalized for fall-related injuries five times more often than they are for injuries from any other cause.
- 40% of all nursing home admissions from fall injuries do not return to independent living.
- On average, the hospitalization cost for a fall injury ranges from \$17,500 to \$20,000.
- One in three adults age 65 and older falls each year.
- The costs of fall injuries rapidly increase with age.





Rehabilitation for Patients with Urinary Incontinence

(Inpatient and Outpatient)

If you experience too many and too frequent trips to the bathroom, it's now time to take charge of your life.

Yes, there's help for you with the latest advantages of technology and specially trained therapists. Are you aware that there are many types of overactive bladder symptoms? In general, it refers to the leakage of urine at inappropriate times, such as when you cough, laugh or sneeze. Fortunately, therapy can greatly help.

It's about better bladder functioning with therapy to strengthen pelvic-core muscles

Our personalized and computerized intervention helps to power-up the right muscles and give you six benefits.

- Techniques to help you successfully work the correct muscles and sequence them appropriately
- Revolutionary core exercises to effectively strengthen the pelvic muscles
- Training to stretch and strengthen other important muscles
- New ways to decrease urinary urge and frequency
- Biofeedback computer that shows you how your muscles are working
- Electrical stimulation to gently guide and coax muscle strengthening

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www.PortCharlotteRehab.com

Urinary Incontinence

*It's about improving your life
in so many ways*

- You will be given advice on lifestyle, nutrition and diet changes that make a real difference
- Increased confidence through physical therapy intervention
- Reduced medication use and costs
- Daily cost savings with less usage of pads and panty liners
- Added life enjoyment with more travel and outings with friends and family
- Therapy can give back speed of mobility and ease of transport to the bathroom

We've listened to our patients who live with urinary incontinence. Everything you couldn't easily ask can be answered by our highly trained physical therapist. She will personalize a program for any adult (male or female) with overactive bladder symptoms and help patients take back control of their life.

With all the quality of life benefits awaiting you, start your individualized program now. You don't have to put up with urinary incontinence. Experience a better life with newfound control.





Rehabilitation for Patients with Cardiac Conditions

(Inpatient and Outpatient)

*Nine Ways to Jump-Start Your Heart and
Get You Back to the Activities You Love*

Are you aware of the benefits of cardiac rehab for your diagnosed heart condition? Let's think about the value you can add to your life through the superb cardiac benefits below:

- ✓ Physician prescribed exercise directed by specially trained therapists
- ✓ Monitored and supervised environment for safe progressive exercise
- ✓ Nutritional counseling for weight loss and improved dietary changes
- Blood pressure management techniques to enhance your health
- Emotional assessment and support to empower your success
- Stress management education to overcome obstacles
- Personal support and education about better lifestyle changes
- Energy conservation and work simplification techniques to help resume your activities
- ✓ Respiratory therapy intervention to power-up your cardio-pulmonary strength

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Cardiac Rehabilitation

Cardiac Rehabilitation begins with a qualified team evaluation that is customized for your personal needs, abilities and interests. Our team of physical, occupational and respiratory therapists has your heart in mind and wants you to resume those activities that you love. They have the experience, emergency training and education to watch for your body's response and plan for your success.

*Who can benefit from
this program?*

Naturally, this program will benefit you not just in the near future, but even more over time. We offer a medically directed program to help you recover from your type of cardiac event or condition, such as the following:

- Myocardial Infarction (heart attack)
- Coronary artery bypass graft surgery (CABG)
- Current stable angina pectoris
- Heart valve repair or replacement
- Peripheral arterial disease
- Heart failure and those with ventricular assist devices
- Coronary artery disease
- Patients with diabetes
- Percutaneous transluminal coronary angioplasty or coronary stenting

The goal of our cardiac rehabilitation program is to optimize the quality and quantity of your life. Together we can empower your overall heart health.





Fiberoptic Endoscopic Evaluation of Swallowing

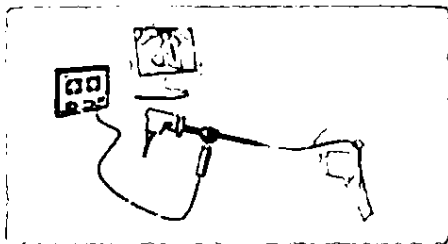
Eating and drinking should not be dangerous activities – but weak throat muscles can put you at risk.

Weak swallowing muscles puts people at high risk for developing a type of pneumonia that causes an early death for over 40,000 individuals per year.

Swallowing specialists say that weak muscles allow food, saliva and beverages to pass into our lungs and airways and put us in harm's way of acquiring aspiration pneumonia.

The good news is you can determine your risk with a simple test that shows the status and strength of vital throat functions – it's called *Fiberoptic Endoscopic Evaluation of Swallowing (FEES)*.

During FEES, a thin-lighted tube is placed into the throat and a specially trained speech language pathologist (SLP) can see which type of foods and liquids are being safely swallowed or being passed into an airway. *(continued on back)*



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Fiberoptic Endoscopic Evaluation of Swallowing

If there is something hindering your ability to safely swallow food and liquids, your therapist can plan for the type of menu that can be safely added to your diet.

What's more, they'll provide a custom throat exercise regimen that will increase the strength of your swallowing and give you newfound ability to eat and drink with improved ease.

For your renewed sense of security, please ask us how we can schedule your swallowing function test. Let's get eating and drinking back to being a care-free, enjoyable experience once again.

Our speech language pathologist (SLP) specialize in maximizing recovery of speech, language, swallowing, voice and cognitive dysfunction associated with memory, thinking and reasoning. Ultimately, they help people develop strategies to increase life quality and live more independently.





Lymphedema Therapy Services

(Inpatient and Outpatient)

What is Lymphedema?

Lymphedema is an abnormal buildup of fluid that causes swelling, most often in the arms and legs. The condition develops when lymph vessels or lymph nodes are missing, impaired, damaged or removed.

What can cause Lymphedema?

The condition may occur following some surgeries, trauma, disease or radiation therapy, which results in damage to the lymph system. Occasionally it is due to congenital absence or malformation of the lymphatic system. Conditions that may result in lymphedema include:

- Cancer/cancer surgery, including lymph node removal
- Cardiac bypass surgery with vein graft harvest
- Venous insufficiency
- Deep vein thrombosis
- Obesity

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Port Charlotte, FL 33948



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Lymphedema Therapy Services

Is there a cure?

Presently there is no cure for lymphedema. Effective management is possible through clinical treatment, education and individual efforts at home.

How can Therapy help?

We have a specially designed program to help patients manage lymphedema. It's called Complete Decongestive Therapy, or (CDT). This is a noninvasive treatment program consisting of four parts.

I. Manual Lymphatic Drainage (MLD)

This is a "hands on" manipulation of both the body tissue with lymphedema and adjacent selected areas. The therapist uses gentle pressure to empty and decompress obstructed lymph vessels. Such therapy allows lymph fluid to move around obstructed areas to aid in decreasing the size of limb.

II. Compression Bandaging

Once the MLD treatment is completed, the area is wrapped with layers of compression bandages. This helps the affected area maintain its reduced size.

III. Exercise

With the bandages in place, the patient will exercise to strengthen the muscles and improve lymph and circulatory system function. Active muscles enhance the process of pumping proteins, cells and water away from areas affected by lymphedema. The compression bandages provide support to the muscle's "pump system", prompting the absorption of excess lymphatic fluid.

IV. Skin Care and Education

Patients with lymphedema are at high risk for infection, so proper skin care and nutrition is critical to success. That's why the CDT treatment includes individualized education sessions. Patients become proficient in CDT techniques: wrapping, exercises and skin care to continue after completion of treatment.

Our Lymphedema Treatment Team consists of licensed Physical Therapists and Occupational Therapists who are certified in Complete Decongestive Therapy (CDT)

Transportation available for Outpatient Therapy



Rehabilitation for Patients with Pulmonary Conditions

(Inpatient and Outpatient)

Can't walk to the mailbox without gasping for air?

If this is you or someone you love, let's go after the myth that "no one can help this." There is effective therapy that can improve shortness of breath associated with lung disease.

Our inpatient and outpatient pulmonary therapy helps control, reduce and alleviate the symptoms of any chronic respiratory disease. We help by providing a specialized health care team that works with many experts to achieve the highest possible level of independent living. Patients should expect to learn work simplification strategies and use energy conservation techniques that are proven to increase the quality of life by reducing their overall health care needs and costs.

Who would benefit from this program?

Patients with:

COPD	Pulmonary Fibrosis
Emphysema	Restrictive lung disease
Chronic Bronchitis	Interstitial lung disease
Pulmonary Hypertension	Neuromuscular disease



941-629-7466

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Rehabilitation for Patients with Pulmonary Conditions

What are common symptoms of chronic lung disease?

- Shortness of Breath
- Fatigue
- Wheezing
- Chronic or frequent cough
- Increased mucus production
- Chest tightness
- Decreased Endurance
- Difficulty taking a deep breath
- Activities that are limited due to shortness of breath
- Inability to do things you once loved to do

The Program consists of:

A Functional Evaluation is given by a matrix of specialists geared to diagnose, assess and treat those factors that limit a person's ability to lead a good quality of life.

Physical Therapy will employ breathing techniques coupled with exercises that are simulated to achieve a patient's personal goals and hobbies, such as, fishing, biking, and walking.

Occupational Therapy will focus on strategies of energy conservation and work simplification techniques, by teaching breathing modifications with upper body conditioning.

Speech Therapy will improve talking, reading and writing impairments along with increasing problem solving abilities. Exercises that improve swallowing functions will be given to those in need.

Respiratory Therapy will cohesively combine and work with all therapies and effectively address any pulmonary needs. They teach and ensure that the newfound breathing techniques will enable a better quality of life.

What to expect?

- A professional therapeutic team will administer one hour sessions, 2-3 times per week.
- Wear comfortable and loose fitting clothing along with good support, exercise shoes.
- In addition to the above noted therapies, nutritional counseling is given to improve lung and breathing functions.
- A thorough nursing review will address medication optimization.
- The input from psychosocial services may initiate coping strategies and give reference to any additional and needed services. Also, opportunities for support group involvement are available to those who inquire.



Effective Balance Rehabilitation

(Inpatient and Outpatient)

Are you aware that falls are preventable?

With effective balance rehabilitation, you don't have to be a statistic. Your safety is our concern and we have the newest technology and latest techniques to keep you on your feet. Our team of experienced therapists will evaluate you and determine the cause of imbalance. Your custom made therapeutic balance program will

- Improve your strength and stamina
- Help rebuild a safer, stronger and more fluid gait
- Restore your maximum reflexes and responsiveness to obstacles
- Learn simple changes to increase your home safety awareness
- Teach you how to get up after a fall
- Increase your vital skill of balance
- Boost your confidence as you decrease your fall risk
- Review medication side effects that contradict your balance
- Advise on home safety programs

The good news is that you can learn better balance and reduce your risk of falling. Together we can make a tremendous difference in restoring your balance and in the way you go about enjoying life. Research shows that seniors who are more active are less likely to fall, because they are constantly improving their strength and balance. This is why health care professionals recommend starting a balance therapy program. All it takes is some time and skilled attention to put you on a path of stability and right your way to a safer future.

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Rehabilitation for Balance Conditions

What you can expect from therapy?

I am sure you are aware of the importance of balance and as you come to understand how an evaluation from a trained therapist can help determine the exercises that are very specific for your improvement, you will benefit not just in the near future, but even more with guided practice.

Naturally, these exercises are designed to help retrain the brain to recognize and reprocess signals from your eyes, ears and body. You will be able to coordinate and organize these signals as you integrate all your balance systems into one that will give you improved comfort with:

- Going up and down steps
- Turning your head when walking and moving
- Tracking an object with your eyes
- Movement with transitions and turns

Of course your therapist will also give you learned cues to help make your home more balance friendly and free of hidden obstacles.

Among the compelling reasons why you'll want to sign up for an evaluation is one reason that shines even brighter than the rest; your personal outcomes to a secured path and the exceptional value of having a personal therapist coaching you to a better quality of life.



Health Care the Way You Want It

 **Port
Charlotte**
REHABILITATION CENTER



We've Listened to our Community

Upon completion the building will have 65 private rooms with private baths. Responding to community physicians' requests, we are including a private office and exam room to enhance the patient/doctor interaction.

The Best is Yet to Come

The expansion will include renovation of the common areas including a fresh café and bistro that has additional outdoor patio for dining or just enjoying a cappuccino, along with a new private dining room. Additional new common spaces will include a lounge and a relaxation and recovery garden. With these added spaces, combined with the recently renovated existing spaces, everyone we serve will have many more choices of access to enjoy friends and family.



Health Care as It Was Meant to Be

Upon completion of the expansion, Port Charlotte Rehabilitation Center will have nearly 6000 square feet of therapy space. This additional space will not only increase our capacity for inpatient and outpatient therapy services, but also provide needed additional space for our cutting edge equipment, and three private treatment rooms.



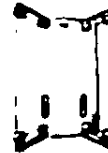
HUR

A world leader of senior fitness machines to increase strength and motion and improve orthopedic post-surgical protocols.



ALTER G TREADMILL

Our anti-gravity treadmill was developed with technology from NASA. This device makes therapeutic gains by decreasing body weight to effectively allow pain-free ambulation, which is vital after surgery.



TECHNOGYM

The Technogym develops flexibility in all movement via a patented series of pulleys that operate in 360 degrees and with various resistances.

The therapy space will also have a hydro-therapy spa, which brings patient relief with a variety of temperatures and water friction settings.



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