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J.D. WINGARD, JR.
(OF COUNSEL)

April 30, 1999

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*****78.75 *****78.75

Division of Corporations
Florida Department of State
P.O. Box 6327
Tallahassee, FL 32314

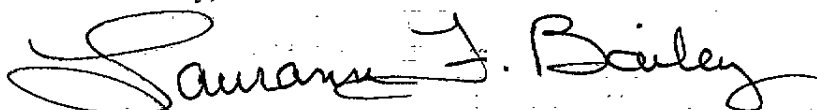
RE: HECKAMAN & ROSS ENTERPRISES, INC.

To whom it may concern:

Enclosed you will find the original Articles of Incorporation for Heckaman & Ross Enterprises, Inc., a copy of the articles and a check in the amount of \$78.75, for filing fees, Designation of Resident Agent and Certificate of Incorporation. Please file with the Division of Corporations to incorporate the above-referenced. Please forward a copy of the articles with filing confirmation along with the Certificate of Incorporation to this office.

Thank you for your assistance in this matter. If you have any questions or need anything further, please let me know.

Sincerely,



Laurann F. Bailey
Secretary to H. Bart Fleet

/lfb

Enc: a/s

cc: client

FILED
99 MAY -5 PM 12:02
SECRETARY OF STATE
TALLAHASSEE, FLORIDA

5/10/99


ARTICLES OF INCORPORATION
OF
HECKAMAN & ROSS ENTERPRISES, INC.

The undersigned, for the purpose of creating a corporation under the laws of the State of Florida, does hereby adopt the following Articles of Incorporation:

ARTICLE ONE
CORPORATE NAME AND PRINCIPAL OFFICE

The name of the corporation is HECKAMAN & ROSS ENTERPRISES, INC. and its principal office and mailing address is 700 N. Beal Parkway, Suite HH, Ft. Walton Beach, Florida 32547.

ARTICLE TWO
NATURE OF BUSINESS

The purpose of the corporation is to do any and all lawful business for which corporations may be incorporated under the laws of Florida. The initial purpose of this corporation is vitamin and health product sales.

ARTICLE THREE
CAPITAL STOCK

The corporation is authorized to issue One Thousand (1,000) shares of stock with a par value of one dollar (\$1.00) each. Such stock shall be of a single class.

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99 MAY -5 PM 12:02
SECRETARY OF STATE
TALLAHASSEE, FLORIDA

ARTICLE FOUR

TERM OF EXISTENCE

This Corporation shall have perpetual existence commencing upon the filing of these articles.

ARTICLE FIVE

REGISTERED AGENT AND INITIAL REGISTERED OFFICE

The registered office of the corporation is 1201 Eglin Parkway, Shalimar, Florida 32579.

The registered agent is H. BART FLEET.

ARTICLE SIX

BOARD OF DIRECTORS

This Corporation shall have two directors initially. The number of directors may be increased or diminished from time to time by Bylaws adopted by the stockholders, but shall never be less than one.

The names and addresses of the initial board of directors of the corporation are as follows:

Mary Beth Heckaman	Director
3 Bedford Place	
Ft. Walton Beach, FL 32547	

Victoria Ross	Director
341 NW Hollywood Blvd.	
Ft. Walton Beach, FL 32548	

The persons named as initial directors shall hold office for the first year of existence of this Corporation or until their successors are elected or appointed and have qualified, whichever occurs first.

ARTICLE SEVEN
INDEMNIFICATION

The corporation shall indemnify any present or former officer or director, or person exercising powers and duties of a director, to the full extent now or hereafter permitted by law.

ARTICLE EIGHT
REMOVAL OF DIRECTOR

Any director may be removed with or without cause by a vote of the holders fifty-one percent (51%) of the shares then entitled to vote at a special meeting of the shareholders called for that purpose.

ARTICLE NINE
SHAREHOLDER QUORUM

The presence, in person or by proxy, of shareholders holding of record fifty-one percent (51%) of the total number of shares of the Corporation, then issued and outstanding and entitled to vote, shall be necessary and sufficient to constitute a quorum for the transaction of any business at any meetings of shareholders of the Corporation.

ARTICLE TEN
AMENDMENT

These Articles of Incorporation may be amended in the manner provided by law. Every amendment shall be approved by the Board of Directors, proposed by them to the stockholders and approved at a stockholders' meeting by at least a majority of the stock entitled to vote, unless all of the directors and all of the stockholders sign a written statement manifesting their intention that a certain amendment of the Articles of Incorporation be made.

ARTICLE ELEVEN

INCORPORATOR

The name and address of the incorporator is :

H. Bart Fleet
Chesser, Wingard, Barr, and Fleet, P.A.
1201 Eglin Parkway
Shalimar, FL 32579

IN WITNESS WHEREOF, the undersigned incorporator does hereby execute these

Articles on this 29th day of April, 1999.

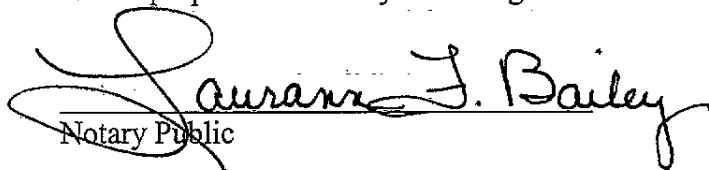

H. BART FLEET, Incorporator

ACKNOWLEDGMENT

STATE OF FLORIDA

COUNTY OF OKALOOSA

Before me, the undersigned officer, personally appeared H. BART FLEET, Incorporator,
for the purpose of lawfully executing these Articles of Incorporation.

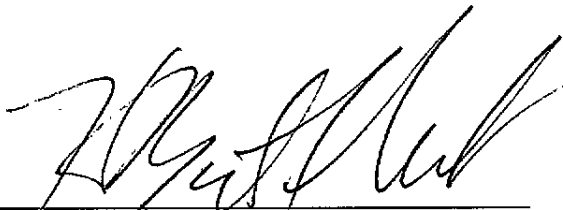

Notary Public

My Commission Expires:



ACCEPTANCE BY THE REGISTERED AGENT

I, H. BART FLEET, hereby accept appointment as registered agent for the corporation, and
acknowledge my acceptance with my signature below on April 29, 1999.



H. BART FLEET, Registered Agent

FILED
99 MAY -5 PM 12:02
SECRETARY OF STATE
TALLAHASSEE, FLORIDA