Forever Fit Training & Wellness Center, Inc.

427 Whooping Loop, Suite 1893 Altamonte Springs, FL 32701

PARTIE 407-86500 5445

December 2, 1999

Florida Department of State Division of Corporations P. O. Box 6327 Tallahassee, FL 32314

Re:

Forever Fit Training & Wellness Center, Inc.

P98000105445

Date of Incorporation:

December 17, 1998

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To Whom It May Concern:

Enclosed please find Articles of Amendment to the Articles of Incorporation for Forever Fit Training & Wellness Center, Inc. Also enclosed is our check No.1135 in the amount of \$35.00 for the filing fee of this amendment.

At this time, please be advised that as of December 31, 1999, our principal office address will be:

427 Whooping Loop, Suite 1893 Altamonte Springs, FL 32701

Please change our mailing address to:

P. O. Box 150055 Altamonte Springs, FL 32715-0055

Thank you.

Sincerely,

Ina L. Williams Vice President P08000105 145 99
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ARTICLES OF AMENDMENT TO ARTICLES OF INCORPORATION FOREVER FIT TRAINING & WELLNESS CENTER: INC.

Pursuant to the provisions of section 607.1006, Florida Statutes, this Florida profit corporation adopts the following articles of amendment to its articles of incorporation:

Amendment adopted:

ARTICLE FOUR CAPITALIZATION

The aggregate number of shares which the corporation is authorized to issue is 100,000 One-Dollar (\$1.00) par value common stock which shall be designated "Common Stock".

The date of this amendment's adoption is December 1, 1999.

Adoption of Amendment:

The amendment was approved by the shareholders. The number of votes cast for the amendment was sufficient for approval.

Signed this 1st day of December, 1999

Signature

Williams, Vice President