

LAW OFFICES

COTTRELL, WARCHOL, MERCHANT & ROLLINGS

JAMES L. COTTRELL
MARTHA S. WARCHOL
WILLIAM C. MERCHANT
Certified Circuit Court Mediator and
Court Appointed Arbitrator
HARVEY ROLLINGS
Certified Family Law Mediator
Certified Circuit Court Mediator
ROBERT E. BONE, JR.
TRACY L. COGHILL

1633 SOUTHEAST 47TH TERRACE
CAPE CORAL, FLORIDA 33904
OR
POST OFFICE BOX 767
CAPE CORAL, FLORIDA 33910

(941) 542-0700
FAX (941) 542-8627
REAL ESTATE FAX (941) 542-5689
E-MAIL: cwmr@peganet.com

EFFECTIVE DATE

01-01-99

December 13, 1998

600002710156--1

-12/11/98--01059--023

***122.50 ***78.75

Corporate Records Bureau
Division of Corporations
Department of State
Post Office Box 6327
Tallahassee, Florida 32301

RE: Incorporation of Fitness 2000 Health & Fitness Centers, Inc.

Dear Sir:

Enclosed herewith is the original and one copy of the Articles of Incorporation of the above referenced corporation, together with a check in the amount of \$122.50, said check allocated as follows:

\$35.00 filing fee
\$35.00 registered agent fee
\$52.50 certified copy

Please return a certified copy of the Articles of Incorporation to this office.

Thank you for your cooperation in this matter.

Very truly yours,

Harvey Rollings
Harvey Rollings

HR/md
Enclosures
Via Fed-X

Harvey
AUTHORIZATION BY PHONE TO
CORRECT Articles
DATE 12/15/98
DOC. EXAM. mm

FILED
DEC 11 AM 9:32
SECRETARY OF STATE
TALLAHASSEE, FLORIDA

corrected name +
effective date

W 27957

EFFECTIVE DATE
01-01-99

ARTICLES OF INCORPORATION
OF
FITNESS 2000 HEALTH & FITNESS CENTERS, INC.

The undersigned do hereby associate themselves together for the purpose of forming a corporation under the laws of the State of Florida under the corporate name FITNESS 2000 HEALTH & FITNESS CENTERS, INC., and hereby set forth and declare:

C H A R T E R

Article I

The name of the corporation shall be FITNESS 2000 HEALTH & FITNESS CENTERS, INC., located at City of Cape Coral, County of Lee, State of Florida.

Article II

The corporation may engage in any activity or business permitted under the laws of the United States and of the State of Florida.

Article III

The authorized capital stock which the corporation may issue shall be 5000 shares of \$1.00 par value common stock, which shall be nonassessable and held, sold, and paid for at such time and in such manner as the Board of Directors may from time to time determine.

Article IV

The corporation shall commence business January 01, 1999.

FILED
98 DEC 11 AM 9:32
SECRETARY OF STATE
TALLAHASSEE, FLORIDA

Article V

The corporation shall have perpetual existence, except that the same may be dissolved, as provided by law.

Article VI

The principal place for the transaction of its business shall be 1315 Cape Coral Parkway #2, the City of Cape Coral, County of Lee, in the State of Florida. That said corporation shall have the right and authority to do business at such other place or places within or without the State of Florida as the corporation may, by resolution, designate.

Article VII

The corporation shall have a Board of Directors of not less than one (1) director, which number may be increased or decreased from time to time. The number of directors each year shall be determined by the Shareholders at their annual meeting, unless the number is fixed by the Bylaws.

Article VIII

The Officers by whom the business of said corporation shall be conducted shall be a President, who shall be a Director, a Secretary and a Treasurer and such other officers, agents and factors shall be chosen in such manner, hold their office for such term and have such powers and duties as may be prescribed by the Bylaws or determined by the Board of Directors. The names and post office addresses of the Officers who shall conduct the business of the corporation until their successors are elected and qualified

$$3 \quad \frac{1}{2} = \frac{1}{2} \times \frac{1}{2} = \frac{1}{4} \quad \frac{1}{4} = \frac{1}{4} \times \frac{1}{2} = \frac{1}{8} \quad \frac{1}{8} = \frac{1}{8} \times \frac{1}{2} = \frac{1}{16} \quad \frac{1}{16} = \frac{1}{16} \times \frac{1}{2} = \frac{1}{32}$$

Director and President

Director and Vice President
Secretary and Treasurer

Figure 1 illustrates the experimental setup. A subject is seated at a table, viewing a video screen. A camera is positioned above the screen. A horizontal bar is placed on the table, with a vertical rod passing through its center. The rod is connected to a motor unit, which is further connected to a power source. The motor unit is labeled 'MOTOR UNIT' and the power source is labeled 'POWER SOURCE'. The video screen displays the visual feedback, showing the position of the hand and the bar. The subject's hand is positioned on the bar, and the motor unit is connected to the bar via a cable. The power source is connected to the motor unit via a cable. The video screen is connected to the motor unit via a cable.

Figure 6

Flowchart illustrating the process of identifying and selecting variables for the model.

The flowchart starts with "Identify potential variables" (n=100). This leads to "Screening based on literature review and expert opinion" (n=75). From there, it goes to "Initial statistical analysis" (n=50), which includes "Descriptive statistics" and "Correlation matrix". This step leads to "Selection of variables for final model" (n=30). The final selection is based on "Stepwise regression analysis" (n=30) and "Model fit criteria" (R-squared, Adjusted R-squared, F-statistic, p-value).

100

this corporation, shall have the right to purchase his pro rata share thereof (as nearly as may be done without issuance of fractional shares) at the price at which it is offered to others.

Article XIII

The initial Bylaws of this corporation shall be adopted by the Board of Directors. The Bylaws may be amended from time to time by either the shareholders or the directors. The shareholders may amend, alter, or repeal any Bylaw adopted by the directors. The directors may not alter, amend or repeal any Bylaw adopted by the shareholders, nor may the directors adopt Bylaws which would be in conflict with the Bylaws adopted by the shareholders.

Article XIV

Any subscriber or shareholder present at any meeting, either in person, or by proxy, and any directors present in person at any meeting of the Board of Directors shall conclusively be deemed to have received proper notice of such meeting unless he shall make objection at such meeting to any defect or insufficiency of notice.

Article XV

Each director and officer of the corporation, whether or not then in office, shall be indemnified by the corporation against all cost and expense reasonably incurred or imposed upon him in connection with or arising out of any claim, demand, action, suit or proceeding in which he may be involved or to which he may be made a party by reason of his being or having been a director or officer of the corporation, said expense to include attorney's fees and the cost of reasonable settlement made with a view to


curtailment of cost of litigation, except in relation to matters as to which he finally shall be adjudged in any such action, suit, or proceeding to have been derelict in the performance of his duty as such officer or director. Such right of indemnification shall not be exclusive of any other rights to which he may be entitled as a matter of law; and the foregoing right of indemnification shall inure to the benefit of the heirs, executors and administrators of any such director or officer.

Article XVI

A director or officer of the corporation shall not be disqualified by his office from dealing or contracting with the corporation either as a vendor, purchaser, or otherwise, nor shall any transaction or contract of the corporation be void or voidable by reason of the fact that any director or officer or any firm of which any director or officer is a member or any corporation of which any director or officer is a shareholder, officer, or director, is in any way interested in such transaction or contract, provided that such transaction or contract is or shall be authorized, ratified, or approved either (a) by a vote of a majority of a quorum of the Board of Directors, without counting in such majority or quorum any director so interested or member of a firm so interested, or a shareholder, officer, or director of a corporation so interested, or (b) by the written consent, or by the vote of any shareholders meeting of the holders of record, of a majority of all the outstanding shares of stock in the corporation entitled to vote, nor shall any director or officer be liable to

account to the corporation for any profits realized by or from or through any such transaction or contract authorized, ratified, or approved as herein provided by reason of the fact that he, or any firm of which he is a member of any corporation of which he is a shareholder, officer, or director, was interested in such transaction or contract. Nothing herein contained shall create liability in the events above described or prevent the authorized approval of such contracts in any other manner permitted by law.

IN WITNESS WHEREOF, I the undersigned being the sole incorporator of the Corporation for the purpose of forming a corporation under the laws of the State of Florida do make, subscribe, acknowledge and file the foregoing Articles of Incorporation, hereby certifying that the facts therein stated are true, and accordingly set my hand and seal at Cape Coral, this 10 day of December, 1998.


DANIEL C. SPARKS (Seal)


YVETTE T. SPARKS (Seal)

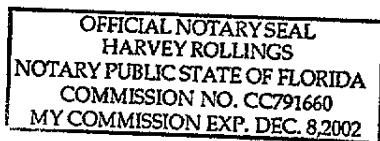
STATE OF FLORIDA
COUNTY OF LEE

The foregoing instrument was acknowledged before me this 10 day of December, 1998 by DANIEL C. SPARKS, who is personally known to me or who has produced Mr. Doreen Lumen as identification, who did not take an oath and who made and subscribed to the foregoing Articles of Incorporation, and certifies and acknowledges

that he made and executed said certificate for the use and purposes therein expressed.

Harvey Rollings
Print Name: Harvey Rollings
Notary Public

My commission expires:

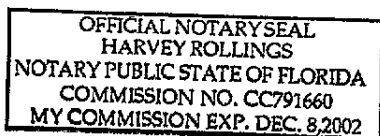


STATE OF FLORIDA
COUNTY OF LEE

The foregoing instrument was acknowledged before me this 10 day of December, 1998 by YVETTE T. SPARKS, who is personally known to me or who has produced Fla. Driver License as identification, who did not take an oath and who made and subscribed to the foregoing Articles of Incorporation, and certifies and acknowledges that he made and executed said certificate for the use and purposes therein expressed.

Harvey Rollings
Print Name: Harvey Rollings
Notary Public

My commission expires:



In pursuance of Chapter 607.0501, Florida Statutes, the following is submitted, in compliance, with said Act:

First That Fitness 2000/^{HEALTH & FITNESS CENTERS, INC.} desiring to organize under the laws of the State of Florida, with its principal office, as indicated in the Articles of Incorporation, at City of Cape Coral, County of Lee, State of Florida, has named DANIEL C. SPARKS, located at 1315 Cape Coral Parkway #2, City of Cape Coral, County of Lee, State of Florida, as its agent to accept service of process within this State.

ACKNOWLEDGEMENTS:

Having been named to accept service of process for the abovestated corporation, at place designated in this certificate, I hereby accept to act in this capacity, and agree to comply with the provision of said Act relative to keeping open said office.

By: 

DANIEL C. SPARKS,
Registered Agent

FILED
98 DEC 11 AM 9:32
SECRETARY OF STATE
TALLAHASSEE, FLORIDA