

2005 FOR PROFIT CORPORATION ANNUAL REPORT

DOCUMENT# P98000066712

FILED
Aug 30, 2005
Secretary of State

Entity Name: TRAINER ONE FITNESS, INC.

Current Principal Place of Business:

5036 CENTRAL AVE.
SAINT PETERSBURG, FL 337074

New Principal Place of Business:

40 66TH ST. N
SAINT PETERSBURG, FL 33710

Current Mailing Address:

5401 CENTRAL AVE
ST PETERSBURG, FL 33710

New Mailing Address:

40 66TH ST. N
ST PETERSBURG, FL 33710

FEI Number: 59-3523472

FEI Number Applied For ()

FEI Number Not Applicable ()

Certificate of Status Desired ()

Name and Address of Current Registered Agent:

MCATEE, CAROL
5401 CENTRAL AVE
ST PETERSBURG, FL 33710 US

Name and Address of New Registered Agent:

RICHARDSON, JOHN
40 66TH ST. N.
ST PETERSBURG, FL 33710 US

The above named entity submits this statement for the purpose of changing its registered office or registered agent, or both, in the State of Florida.

SIGNATURE: JOHN RICHARDSON

08/30/2005

Electronic Signature of Registered Agent

Date

In accordance with s. 607.193(2)(b), F.S., the corporation did not receive the prior notice.

Election Campaign Financing Trust Fund Contribution ().

OFFICERS AND DIRECTORS:

Title: P () Delete
Name: RICHARDSON, JOHN
Address: 5036 CENTRAL AVE
City-St-Zip: SAINT PETERSBURG, FL 33707

ADDITIONS/CHANGES TO OFFICERS AND DIRECTORS:

Title: P (X) Change () Addition
Name: RICHARDSON, JOHN
Address: 40 66TH ST. N.
City-St-Zip: SAINT PETERSBURG, FL 33710

I hereby certify that the information supplied with this filing does not qualify for the for the exemption stated in Section 119.07(3)(i), Florida Statutes. I further certify that the information indicated on this report or supplemental report is true and accurate and that my electronic signature shall have the same legal effect as if made under oath; that I am an officer or director of the corporation or the receiver or trustee empowered to execute this report as required by Chapter 607, Florida Statutes; and that my name appears above, or on an attachment with an address, with all other like empowered.

SIGNATURE: JOHN RICHARDSON

P

08/30/2005

Electronic Signature of Signing Officer or Director

Date