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Attach Airborne Express Shippers Label within the dotted lines.

FRO	Preprint Format No. Origin Airbill Number
MARK S. LONDON, P.A.	55 39970 FL 257422353
4030-C SHERIDAN STREET HOLLYWOOD, FLORIDA 33021	Method of Payment Assumed sender unless otherwise noted
(305) 966-6100	Bill Sender
9 A C	IRBORNE EXPRESS
TO	
Division of corporation	Paid in (Lefter - 5 fbs) ,
	Billing Reference will appear on Invoice
Tollarassee, FL 323	NO. OF PACKAGES WEIGHT (LBS.) CHECK IF (Latter STitler) CHECK IF CAPACK
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SECRETARY OF STATE OF

ARTICLES OF INCORPORATION



OF

NATURAL HEALTH SUPPLEMENTS, INC.

I, MARK S. LONDON, being of legal age, do hereby sign these presents for the purpose of becoming a corporation under the laws of the State of Florida authorizing the formation of corporations.

ARTICLE I - NAME

The name of the corporation shall be: NATURAL HEALTH SUPPLEMENTS, INC.

ARTICLE II - NATURE OF BUSINESS

The general nature of the business and the objects and purposes to be transacted and carried on are to exercise all of the powers which are now or may hereafter be conferred upon corporations generally by the laws of the State of Florida including, but not limited to, providing vitamins by mail distribution.

ARTICLE III - CAPITAL STOCK

The capital stock authorized, the par value thereof, and the characteristics of such stock shall be as follows: 1,000 shares, One (\$1.00) Dollar par value, Common Stock.

ARTICLE IV - TERM OF EXISTENCE

This corporation shall exist perpetually unless sooner dissolved according to law.

ARTICLE V - PRINCIPAL ADDRESS

The initial street address of said corporation shall be 7525 NW 3rd Court, Plantation, FL 33317, with the privilege of having its offices and branch offices at other places within or without the State of Florida.

ARTICLE VI - INCORPORATOR

The name and street address of the person who is the incorporator and who is appointed to act as Director until the first annual meeting of the stockholders or until his successor is elected and shall qualify is:

MARK S. LONDON 4030-C Sheridan Street Hollywood, Florida 33021

ARTICLE VII - OFFICERS AND DIRECTORS

The name and addresses of the initial officers of the corporation who shall hold office for the first year of the corporation, or until their successors are elected or appointed are:

> Vladimir G. Diaz 7525 NW 3rd Court Plantation, FL 33371

President/Treasurer/Director

Robert Hafter 7525 NW 3rd Court Plantation, FL 33371 Vice-President/Secretary/Director

ARTICLE VIII - AMENDMENTS

These Articles of Incorporation may be amended in the manner provided by law. Each amendment shall be approved by the Board of Directors, proposed by them to the stockholders, and approved at a stockholders' meeting by a majority of the stock entitled to vote thereon.

ARTICLE IX - REGISTERED OFFICE

The address of the registered office of this corporation shall be: 4030-C Sheridan Street, Hollywood, Florida 33021.

ARTICLE X - REGISTERED AGENT

The corporation has designated as its Registered Agent, MARK S. LONDON, P.A., a corporation organized and existing under the laws of the State of Florida, and whose business office is the same as that of the registered office.

IN WITNESS WHEREOF, I, the undersigned, being the original subscriber to the capital stock hereinabove named, and for the purpose of forming a corporation pursuant to the corporation law of the State of Florida, do make and file this Certificate, hereby declaring and certifying that the facts herein stated are true and agree to take the number of shares of stock hereinabove set forth, and accordingly have hereunto set my hand and seal on , at Hollywood, Broward County, Florida.

(SEAL)

MARK S. LONDON

) SS:

COUNTY OF BROWARD)

PEROPE ME the undersigned authority personally appeared MAR

(SEAL)

BEFORE ME, the undersigned authority, personally appeared MARK S. LONDON, to me well known and known to me to be the person described in and who executed the foregoing Certificate of Incorporation, and he acknowledged to and before me that he executed the same for the purposes therein expressed.

IN WITNESS WHEREOF, I have hereunto affixed my hand and official seal at Hollywood, Broward County, Florida, on ______

NOTARY PUBLIC, State of

Florida at Large

SONYA M STERLING My Commission CC489078 Expires Sep. 05, 1999 CERTIFICATE DESIGNATING PLACE OF BUSINESS OR DOMICILE FOR THE SERVICE OF PROCESS WITHIN THIS STATE, NAMING AGENT UPON WHOM PROCESS MAY BE SERVED.

In pursuance of Chapter 48.091, Florida Statutes, the following is submitted, in compliance with said Act:

First--That NATURAL HEALTH SUPPLEMENTS, INC., desiring to organize under the laws of the State of Florida, with its principal office, as in the Articles of Incorporation at: 7525 NW 3rd Court, Plantation, FL 33317, County of Broward, State of Florida, named:

MARK S. LONDON, ESQ.
LAW OFFICES OF MARK S. LONDON, P.A.
4030-C Sheridan Street
Hollywood, Florida 33021

as its agent to accept service of process with the state.

ACKNOWLEDGMENT: (MUST BE SIGNED BY DESIGNATED AGENT)

Having been named to accept service of process for the above stated corporation, at place designated in this certificate, I hereby accept to act in this capacity, and agree to comply with the provision of said act relative to keeping open said office.

MARK S. LONDON

(Registered Agent)