

P98000023892

JOHN H. FISHER, ESQ.

Attorney At Law

2451 McMullen Booth Road, Suite 234

CLEARWATER, FLORIDA 34619

Telephone: (813) 724-0179

Facsimile: (813) 723-9582

*Florida Bar Board Certified
In Health Care Law

John H. Fisher, II, Esq.*

February 26, 1998

Florida Department of State
Post Office Box 6327
Tallahassee, Florida 32301

200002455862--7
-03/12/98--01104--017
****125.00 ****125.00

Attention: Division of corporations

Re: Articles of Incorporation For
Optimum Health & Performance, Inc.
(a corporation for profit)

Gentlemen:

Enclosed herein please find an original and one copy of properly executed Articles of Incorporation and Acceptance of Resident Agent for **Optimum Health & Performance, Inc.**, a for profit corporation, for filing. Also, enclosed is our check in the amount of \$125.50, made payable to Florida Secretary of State, to cover the following costs:

Filing Fee for Articles of Incorporation	\$35.00
Resident Agent Fee	\$35.00
Certified Copy Fee	<u>\$55.50</u>
TOTAL	\$125.50

Please forward the certified copy of the Articles of Incorporation to the undersigned.
Thank you for your courteous cooperation.

Sincerely yours,

John H. Fisher, II

JHF/rdt
Enclosures

FILED
98 MAR 12 AM 11:01
SECRETARY OF STATE
TALLAHASSEE, FLORIDA

John H. Fisher, Esquire

3-13-98

**ARTICLES OF INCORPORATION
OF
Optimum Health & Performance, Inc.**

FILED
98 MAR 12 AM 11:01
SECRETARY OF STATE
TALLAHASSEE, FLORIDA

The undersigned incorporator to these Articles of Incorporation hereby form a corporation under the laws of the State of Florida as follows:

ARTICLE I

Name and Address

The name of this Corporation is: **Optimum Health & Performance, Inc..** The street address of the Corporation is: **1749 Long Bow Lane, Clearwater, Florida 33764**

ARTICLE II

Term of Existence

This Corporation shall have perpetual existence, commencing upon filing of these articles of incorporation with the Florida Secretary of State.

ARTICLE III

Purpose

This Corporation is organized for the purpose of transacting any and all lawful business.

ARTICLE IV

Powers

The Corporation shall have the power:

- (a) To have perpetual succession by its corporate name.

(b) To sue and be sued, complain, and defend in its corporate name in all actions or proceedings.

(c) To have a corporate seal, which may be altered at pleasure, and to use the same by causing it, or a facsimile thereof, to be impressed, affixed, or in any other manner reproduced.

(d) To purchase, take, receive, lease, or otherwise acquire, own, hold, improve, use, and otherwise deal in and with real or personal property or any interest therein, wherever situated.

(e) To sell, convey, mortgage, pledge, create a security interest in, lease, exchange, transfer, and otherwise dispose of all or any part of its property and assets.

(f) To lend money to and use its credit to assist its officers and employees to the full extent permitted by law.

(g) To purchase, take, receive, subscribe for, or otherwise acquire, own, hold, vote, use, employ, sell, mortgage, lend, pledge, or otherwise dispose of, and otherwise use and deal in and with, shares or other interests in, or obligations of, other domestic or foreign corporations, associations, partnerships or individuals, or direct or indirect obligations of the United States or any other government, state, territory, governmental district, or municipality or of any instrumentality thereof.

(h) To make contracts and guaranties and incur liabilities, borrow money at such rates of interest as the Corporation may determine, issue its notes, bonds, and other obligations, and secure any of its obligations by mortgage or pledge of all or any of its property, franchises, and income.

(i) To lend money for its corporate purposes, invest and reinvest its funds, and take and hold real and personal property as security for the payment of funds so loaned or invested.

(j) To conduct its business, carry on its operations, and have offices and exercise the powers granted by the Florida General Corporation Act within or without the State of Florida.

(k) To elect or appoint officers and agents of the Corporation and define their duties and fix their compensation.

(l) To make and alter bylaws, not inconsistent with these Articles of Incorporation and the laws of this state, for the administration and regulation of the affairs of the Corporation.

(m) To make donations for the public welfare or for charitable, scientific or educational purposes.

(n) To transact any lawful business which the Board of Directors shall find will be in aid of governmental policy.

(o) To pay pensions and establish and carry out pension plans, profit sharing plans, stock bonus plans, stock option plans, retirement plans, benefit plans and other incentive and compensation plans for any or all of its directors, officers, and employees and for any or all of the directors, officers, and employees of its subsidiaries.

(p) To provide insurance for its benefit on the life of any of its directors, officers, or employees, or on the life of any shareholder for the purpose of acquiring at his death

shares of its stock owned by the shareholder or by the spouse or children of the shareholder.

(q) To be a promoter, incorporator, general partner, limited partner, member, associate, or manager of any corporation, partnership, limited partnership, joint venture, trust, or other enterprise.

(r) To have and exercise all powers necessary or convenient to effect its purposes.

ARTICLE (s)(t)V

Capital Stock

This Corporation is authorized to issue **10,000** shares of **\$.01** par value common stock, which shall be designated Common Shares.

ARTICLE (a)VI

Initial Registered Office and Agent

The street address of the initial registered office of this Corporation is **1749 Long Bow Lane, Clearwater, Florida 33764**, and the name of its initial registered agent at such address is **David Wall**.

ARTICLE VII

Initial Board of Directors

This Corporation shall have one (1) director initially. The number of directors may be either increased or diminished from time to time as provided in the Corporation's Bylaws, but shall never be less than one (1).

ARTICLE VIII

Incorporator

The name and address of the person signing these Articles and serving as the sole incorporator is:

<u>Name</u>	<u>Address</u>
David Wall	1749 Long Bow Lane, Clearwater, Florida 33764

ARTICLE IX

Bylaws

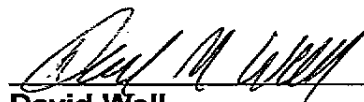
The power to adopt, alter, amend or repeal Bylaws shall be vested in the Board of Directors of this Corporation.

ARTICLE X

Amendment

These Articles of Incorporation may be amended in the manner provided by law.

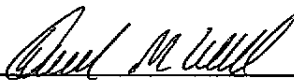
IN WITNESS WHEREOF, the undersigned sole incorporator executed these Articles of Incorporation, this 8 day of March, 1998.



David Wall
Sole Incorporator

ACCEPTANCE BY REGISTERED AGENT

Having been named Registered Agent and designated to accept service of process for the within Corporation, at the place designated herein, I hereby agree to act in this capacity, and I further agree to comply with the provisions of all statutes relative to the proper and complete performance of my duties. My address is 1749 Long Bow Lane, Clearwater, Florida 33764



David Wall

Dated the 8th day of March, 1998.

FILED
98 MAR 12 AM 11:01
SECRETARY OF STATE
TALLAHASSEE, FLORIDA