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FILED 01 MAY - 7 PM 2:14

ACCOUNT NO.

072100000032

SECRETARY OF STATE TALLAHASSEE, FLORIDA

REFERENCE

140547

4803290

AUTHORIZATION

COST LIMIT

\$ 35.00

ORDER DATE: May 4, 2001

SORDER TIME:

10:06 AM

ORDER NO

140547-005

CUSTOMER NO:

4803290

500004138725\_\_\_

CUSTOMER:

Mr. Joshua E. Davis Kramer Levin Naftalis &

919 Third Avenue

New York, NY 10022-3903

#### DOMESTIC AMENDMENT FILING

NAME:

CHANGES INTERNATIONAL, INC.

EFFICTIVE DATE:

2- MR

XX ARTICLES OF AMENDMENT

RESTATED ARTICLES OF INCORPORATION

PLEASE RETURN THE FOLLOWING AS PROOF OF FILING:

CERTIFIED COPY
XX PLAIN STAMPED COPY
CERTIFICATE OF GOOD STANDING

CONTACT PERSON: Deborah Schroder -- EXT# 1118

EXAMINER'S INITIALS:

OI MAY -7 PM 2: 14
SECRETARY OF STATE

### ARTICLES OF AMENDMENT TO ARTICLES OF INCORPORATION OF CHANGES INTERNATIONAL, INC.

## A FLORIDA CORPORATION

The undersigned corporation adopts these Articles of Amendment to its Articles of Incorporation:

1. Article I of the Articles of Incorporation of Changes International, Inc., a Florida corporation, is hereby amended to read as follows:

#### ARTICLE I

#### NAME

The name of the corporation is: "Twinlab Direct, Inc."

2. The foregoing Amendment is made and adopted as of the date hereof by the sole shareholder and board of directors of the corporation pursuant to a Unanimous Consent Action, a copy of which is attached hereto.

[SIGNATURE PAGE FOLLOWS]

IN WITNESS WHEREOF, the undersigned officers of the corporation have executed these Articles of Amendment as of this 11th day of April, 2001.

Changes International, Inc.

Ross Blechman

Chairman and President

ATTEST:

Ву:\_\_

Philip M. Kazin

| STATE OF New YORK )   |
|---|
| COUNTY OF SUFFOLK )   |
| On  |
| of, Twin LABORATORIES, Lucthe corporation that executed the within instrument, and              |
| acknowledged to me that such corporation executed the within instrument pursuant to its by-laws |
| and a resolution of its board of directors.   |

WITNESS my hand and official seal.

Notary Public

ROSE SCHOENFELD NOTARY PUBLIC, State of New York No. 4667147, Suffolk County Commission Expires July 31,2602

# CONSENT ACTION OF THE SOLE SHAREHOLDER AND THE BOARD OF DIRECTORS OF CHANGES INTERNATIONAL, INC.

The undersigned, being the sole shareholder and all the members of the board of directors of Changes International, Inc., a Florida corporation, do hereby adopt the following resolutions, effective as of April 17, 2001:

RESOLVED, that the Articles of Incorporation of the Corporation be, and they hereby are, amended to change the name of the Corporation to Twinlab Direct, Inc. and the President and Secretary of the Corporation are authorized, empowered and directed to execute and file an amendment to the Articles of Incorporation of the Corporation to accomplish this purpose; and

FURTHER RESOLVED, that the President and Secretary of the Corporation are authorized to take all further action and to execute and deliver all such further documents, in the name and on behalf of the Corporation, and to pay such expenses as in their judgment shall be necessary, proper or advisable in order to fully carry out the intent and to accomplish the purposes of the foregoing resolution.

[SIGNATURE PAGE FOLLOWS]

This consent action may be executed in any number of counterparts, each of which when so executed, then delivered or transmitted by telefax or electronic mail, shall be deemed an original and all of which taken together shall constitute but one and the same instrument.

| DIRECTORS:      | SOLE SHAREHOLDER:  |
|-----------------|--|
| You Blackmen    | TWIN LABORATORIES INC.   |
| Ross Blechman / | By: Kon Blechum  |
| Neil Blechman   | Chairman, CEO and President  |
| Dean Blechman   | The state of the s |
|                 |  |

Steve Blechman