

11/18/97

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FLORIDA DIVISION OF CORPORATIONS
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TO: DIVISION OF CORPORATIONS

FAX #: (850)922-4000

FROM: EMPIRE CORPORATE KIT COMPANY
CONTACT: RAY STORMONT
PHONE: (305)541-3694

ACCT#: 072450003255

FAX #: (305)541-3770

NAME: YOUR NEIGHBOR'S GUIDE, INC.
AUDIT NUMBER.....H97000019193
DOC TYPE.....BASIC AMENDMENT
CERT. OF STATUS..0
CERT. COPIES.....0

PAGES..... 3
DEL.METHOD.. FAX
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TALLAHASSEE, FLORIDA

11/18/97

Name Change

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3

ARTICLE OF AMENDMENT
TO
ARTICLES OF INCORPORATION
OF

Your Neighbor's Guide, Inc.

(present name)

FILED
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SECRETARY OF STATE
TALLAHASSEE, FLORIDA

Pursuant to the provisions of section 607.1006, Florida Statutes, the undersigned corporation adopts the following articles of amendment to its articles of incorporation:

FIRST: Amendment(s) adopted: ~~Delete: Your Neighbor's Guide, Inc.~~
Change name to: Health for Body & Soul Inc.

SECOND: If an amendment provides for an exchange, reclassification or cancellation of issued shares, provisions for implementing the amendment if not contained in the amendment itself, are as follows:

THIRD The date of each amendment's adoption: 11.15.97

FOURTH: Adoption of Amendment(s) (check one)

The amendment(s) was/were adopted by the incorporators of board of directors without shareholder action and shareholder action was not required.

The amendment(s) was/were approved by the shareholders. The number of votes cast for the amendment(s) was/were sufficient for approval.

The amendment(s) was/were approved by the shareholders through voting groups.

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P.02/03

XIOMARA LEE P.A.
ONE DATRON CENTER, SUITE 408
9100 S. DADELAND BLVD,
MIAMI FL 33156-7814 (305) 670-1069

EMPIRE CORPORATE KIT

NOV-18-1997 12:30

H97000019193

Signed this 15 day of November, 1997

Low Neighbors Guide inc.
(Corporation Name)

By [Signature]
(Chairman or Vice Chairman of the Board of Directors, President or other officer if adopted by the shareholders)

(A director or incorporator if adopted by the directors or incorporators)

Leonardo D'Almeta
(Typed or printed name)

PRESIDENT
(Title)

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