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PATENTS, TRADEMARKS, COPYRIGHTS
March 14, 1997

WILLIAM M. HOBBY III
JAMES H. BEUSSE

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-03/18/97-D1033-004
****122.50 ****122.50

Corporate Records Bureau
Division of Corporations
Department of State
Post Office Box 6327
Tallahassee, Florida 32301

Re: Articles of Incorporation for:
THE SUPER SLOW EXERCISE SPECIALIST, INC.

Dear Sir/Madam:

Enclosed please find the original and a duplicate copy of the
Articles of Incorporation for the above identified corporation.
Please return the copy for our file.

Also enclosed is a check for:

Filing Fee:	\$ 35.00
Certified Return Copy:	\$ 52.50
Resident Agent Fee:	\$ 35.00
Total	<u>\$122.50</u>

Dmc
3/19/97

EFFECTIVE DATE
3-13-97

Respectfully submitted

James H. Beusse

SECRETARY OF STATE
TALLAHASSEE, FLORIDA

97 MAR 17 PM 4:32

FILED

JHB/sg

Enclosures

ARTICLES OF INCORPORATION
OF
THE SUPER SLOW EXERCISE SPECIALIST, INC.

FILED
97 MAR 17 PM 4:32
SECRETARY OF STATE
TALLAHASSEE, FLORIDA

Article I - Name

The name of this corporation is THE SUPER SLOW EXERCISE SPECIALIST, INC. whose address is 612-205 Kenwick Circle, Casselberry, Florida 32707.

EFFECTIVE DATE
3-13-97

Article II - Duration

This corporation shall have perpetual existence unless dissolved according to law, commencing upon execution of the Articles of Incorporation.

Article III - Purpose

This corporation is organized for the purpose of transacting any or all lawful business, including operation of a retail business, namely conducting classes and workshops in the field of exercise protocol and individual instruction in the field of exercise protocol.

Article IV - Capital Stock

This corporation is authorized to issue ten thousand (10,000) shares of stock having no par value.

Article V - Initial Registered Office and Agent

The street address of the initial registered office of this corporation is 612 - 205 Kenwick Circle, Casselberry, Florida 32707 and the initial resident and registered agent of this corporation at that address is Kenneth M. Hutchins.

Article VI - Initial Board of Directors

This corporation shall have one director initially. The number of directors may be either increased or diminished from time to time by the bylaws, but shall never be less than one. The name and address of the initial director of this corporation are:

Kenneth M. Hutchins
612 - 205 Kenwick Circle
Casselberry, Florida 32707

Article VII - Incorporator

The name and address of the person signing these Articles is:

Kenneth M. Hutchins
612- 205 Kenwick Circle
Casselberry, Florida 32707

Article VIII - Meetings by Conference Telephone

Members of the Board of Directors may participate in meetings of the Board of Directors by means of conference telephone, as provided by law.

Article IX - Action by Directors Without a Meeting

The directors of this corporation may take action by written consent, as provided by law.

Article X - Indemnification

This corporation shall indemnify any officer or director, or any former officer or director, to the full extent permitted by law.

Article XI - Amendment

This corporation reserves the right to amend or repeal any provisions contained in these Articles of Incorporation, or any amendment hereto, and any right conferred upon the shareholders is subject to this reservation.

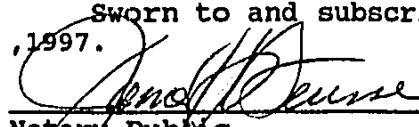
IN WITNESS WHEREOF, the undersigned subscriber has executed these Articles of Incorporation this 13 day of March, 1997.

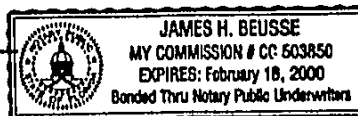

Kenneth M. Hutchins, Subscriber

STATE OF FLORIDA)
COUNTY OF)

Before me a notary public authorized to take acknowledgments in the state and county set forth above, personally appeared Kenneth M. Hutchins known to me and known by me to be the person who executed the foregoing Articles of Incorporation, and he acknowledged before me that he executed those Articles of Incorporation.

Sworn to and subscribed before me this 13th day of March, 1997.


Notary Public
My Commission Expires: 2/18/2000
Personally Known ✓



OR Produced Identification _____

RESIDENT AND REGISTERED AGENT ACKNOWLEDGMENT

FILED

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Having been named to accept service of process for the above STATE
stated corporation, at place designated in this certificate, I
hereby accept to act in this capacity, and agree to comply with the
provision of said Act relative to keeping open said office.


Kenneth M. Hutchins