

2004 FOR PROFIT CORPORATION ANNUAL REPORT

DOCUMENT# P97000005995

FILED
Mar 03, 2004
Secretary of State

Entity Name: AVALON FOOD AND HEALTH PRODUCTS, INC.

Current Principal Place of Business:

3712 SW 19TH ST
GAINESVILLE, FL 32608

New Principal Place of Business:

3712 SW 19TH ST
GAINESVILLE, FL 32608 US

Current Mailing Address:

3712 SW 19TH ST
GAINESVILLE, FL 32608

New Mailing Address:

3712 SW 19TH ST
GAINESVILLE, FL 32608 US

FEI Number: 59-3418056

FEI Number Applied For ()

FEI Number Not Applicable ()

Certificate of Status Desired ()

Name and Address of Current Registered Agent:

POWELL, SCOTT
3712 SW 19TH ST
GAINESVILLE, FL 32608

Name and Address of New Registered Agent:

POWELL, DANA S
3712 SW 19TH ST
GAINESVILLE, FL 32608 US

The above named entity submits this statement for the purpose of changing its registered office or registered agent, or both, in the State of Florida.

SIGNATURE: DANA SCOTT POWELL

03/03/2004

Electronic Signature of Registered Agent

Date

Election Campaign Financing Trust Fund Contribution ().

OFFICERS AND DIRECTORS:

Title: PC () Delete
Name: POWELL, SCOTT
Address: 3712 SW 19TH ST
City-St-Zip: GAINESVILLE, FL 32608

Title: S () Delete
Name: BLOUNT-POWELL, BARBARA
Address: 3712 SW 19TH ST
City-St-Zip: GAINESVILLE, FL 32608

ADDITIONS/CHANGES TO OFFICERS AND DIRECTORS:

Title: () Change () Addition
Name:
Address:
City-St-Zip:

Title: () Change () Addition
Name:
Address:
City-St-Zip:

I hereby certify that the information supplied with this filing does not qualify for the for the exemption stated in Section 119.07(3)(i), Florida Statutes. I further certify that the information indicated on this report or supplemental report is true and accurate and that my electronic signature shall have the same legal effect as if made under oath; that I am an officer or director of the corporation or the receiver or trustee empowered to execute this report as required by Chapter 607, Florida Statutes; and that my name appears above, or on an attachment with an address, with all other like empowered.

SIGNATURE: D, SCOTT POWELL

PC

03/03/2004

Electronic Signature of Signing Officer or Director

Date