

TRANSMITTAL LETTER

Department of State  
Division of Corporations  
P.O. Box 6327  
Tallahassee, FL 32314

P96000104091

SUBJECT: PROGRESSIVE WORKOUTS, INC.

Enclosed is an original and one (1) copy of the articles of incorporation, designation of Registered Agent, and our check for \$ 70.00

FROM: PROGRESSIVE WORKOUTS, INC.

320 FOUNTAINVIEW CIRCLE

OLDSMAR, FL 34677

(813) 855-9455

600002037686--3  
-12/24/96--01168--008  
\*\*\*\*\*70.00 \*\*\*\*\*70.00

Bmc  
12/30/96

FILED  
96 DEC 23 AM 11:16  
SECRETARY OF STATE  
TALLAHASSEE, FLORIDA

Note: Please provide the original and one copy of the Articles.

**ARTICLES OF INCORPORATION**

**OF**

**PROGRESSIVE WORKOUTS, INC.**

**FILED**

95 DEC 23 AM 11:16

SECRETARY OF STATE  
TALLAHASSEE, FLORIDA

The undersigned incorporator, for the purpose of forming a corporation under the Florida Business Corporation Act, hereby adopts the following Articles of Incorporation.

**ARTICLE I - NAME**

The name of the corporation shall be:

**PROGRESSIVE WORKOUTS, INC.**

**ARTICLE II - PRINCIPAL OFFICE**

The principal place of business and mailing address of this corporation shall be:

**320 FOUNTAINVIEW CIRCLE  
OLDSMAR, FL 34677**

**ARTICLE III - CAPITAL STOCK**

The number of shares of stock that this corporation is authorized to have outstanding at any one time is:

**100,000**

**ARTICLE IV - INITIAL REGISTERED AGENT AND STREET ADDRESS**

The name and address of the initial registered agent is:

**John E. Soderman  
320 Fountainview Circle  
Oldsmar, FL 34677**

**ARTICLE V - INCORPORATOR**

The name and street address of the incorporator to these articles of incorporation is:

**John E. Soderman  
320 Fountainview Circle  
Oldsmar, FL 34677**

The undersigned incorporator has executed these Articles of Incorporation this

20<sup>TH</sup> day of DECEMBER, 1996

  
Signature

**CERTIFICATE OF DESIGNATION**  
**REGISTERED AGENT / REGISTERED OFFICE**

**FILED**

96 DEC 23 AM 11:16

Pursuant to the provisions of sections 607.0501 or 617.0501, Florida Statutes, the undersigned corporation, organized under the laws of the State of Florida, submits the following statement in designating the registered office/registered agent, in the State of Florida.

1. The name of the corporation is: **PROGRESSIVE WORKOUTS, INC.**

2. The name and address of the registered agent and office is:

**John E. Soderman**

**320 Fountainview Circle**

**Oldsmar, FL 34677**

HAVING BEEN NAMED AS REGISTERED AGENT AND TO ACCEPT SERVICE OF PROCESS FOR THE ABOVE STATED CORPORATION AT THE PLACE DESIGNATED IN THIS CERTIFICATE, I HEREBY ACCEPT THE APPOINTMENT AS REGISTERED AGENT AND AGREE TO ACT IN THIS CAPACITY. I FURTHER AGREE TO COMPLY WITH THE PROVISIONS OF ALL STATUTES RELATING TO THE PROPER AND COMPLETE PERFORMANCE OF MY DUTIES, AND I AM FAMILIAR WITH AND ACCEPT THE OBLIGATIONS OF MY POSITION AS REGISTERED AGENT.

SIGNATURE

*John E. Soderman*

DATE

12/20/96