

PA6000077626



Barnett Bank, N.A., Polk County

SEPTEMBER 11, 1996

2301 South Florida Avenue
Post Office Box 427
Lakeland, Florida 33803-0427
941/688-1166

DEPT. OF STATE
DIVISION OF CORPORATIONS
P.O. BOX 6507
TALLAHASSEE, FL 32309

000001348698
09/17/96 -01160 -004
*****70.00 *****70.00

TO WHOM IT MAY CONCERN:

PLEASE FIND THE ENCLOSED DOCUMENTATION TO FILE FOR A NEW CORPORATION WITH THE STATE OF FLORIDA FOR OUR NEW CUSTOMER MUSCLE WORLD OF LAKE LAND, INC. WE ARE PENDING A LOAN CLOSING AND WOULD GREATLY APPRECIATE YOUR ASSISTANCE AND QUICK RETURN IN THE PROCESS OF ACCEPTING THE DOCUMENTATION. WE ARE ENCLOSED A SELF-ADDRESSED RETURN ENVELOPE TO HELP WITH THE RETURN.

IF YOU HAVE ANY QUESTIONS SO WE MAY HELP WITH THE PROCESS PLEASE FEEL FREE TO CONTACT ME.

SINCERELY,

Sena E. Schirm
SENA E. SCHIRM
SALES & SERVICE ASSOC.

FILED
SEP 17 1996
1:26

7-18-96
KR

ARTICLES OF INCORPORATION
OF
MUSCLE WORLD OF LAKE LAND, INC.

ARTICLE I. CORPORATE NAME.

The name of this corporation shall be MUSCLE WORLD OF LAKE LAND,
INC.

ARTICLE II. PRINCIPAL OFFICE.

The principal place of business and mailing address of this
corporation shall be:

4131 U.S. HIGHWAY 98 N.
LAKE LAND, FLORIDA 33810

ARTICLE III. CAPITAL STOCK.

The number of shares of stock that this corporation is authorized
to have outstanding at any one time is 500

ARTICLE IV. INITIAL REGISTERED AGENT AND OFFICE.

The name and address of the initial registered agent are

CHRIS A. REAMS
4131 U.S. HIGHWAY 98 N.
LAKE LAND, FLORIDA 33810

ARTICLE V. INCORPORATORS.

The names and street addresses of the incorporators of these
articles of incorporation are:

CHRIS A. REAMS
1140 N. LAKE AVE.
LAKE LAND, FLORIDA 33805

OPTIONAL PROVISIONS.

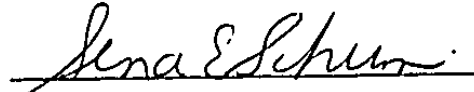
The undersigned have executed these articles of incorporation on
16. Sept., 1996.


CHRIS A. REAMS
President

STATE OF FLORIDA
COUNTY OF POLK

THE FOREGOING INSTRUMENT ARTICLES OF INCORPORATION WAS ACKNOWLEDGED BEFORE
ME THIS 16th DAY OF September 1996. BY Chris A. Reams
WHO PRODUCED Fla. Drivers Lic AS IDENTIFICATION.





OFFICIAL NOTARY SEAL

**CERTIFICATE OF DESIGNATION OF
REGISTERED AGENT/REGISTERED OFFICE**

Pursuant to the provisions of sections 607 0501 or 617 0501, Florida Statutes, the undersigned corporation, organized under the laws of the state of Florida, submits the following statement in designating the registered office/registered agent, in the state of Florida.

- 1 The name of the corporation is: **MUSCLE WORLD OF LAKE LAND, INC.**
- 2 The name and address of the registered agent and office is.

**CHRIS A. REAMS
4131 US HWY. 98 N.
LAKE LAND, FL 33810**

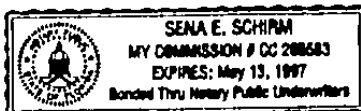
Having been named as registered agent and to accept service of process for the above stated corporation at the place designated in this certificate, I hereby accept the appointment as registered agent and agree to act in this capacity. I further agree to comply with the provisions of all statutes relating to the proper and complete performance of my duties, and I am familiar with and accept the obligations of my position as registered agent.

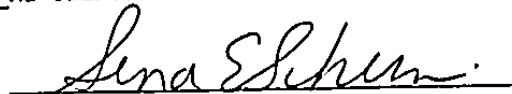
Dated 16 Sept 96


CHRIS A. REAMS

STATE OF FLORIDA
COUNTY OF POLK

THE FOREGOING INSTRUMENT CERTIFICATE OF DESIGNATION WAS ACKNOWLEDGED
BEFORE ME THIS 16th DAY OF September 1996. BY Chris A Reams
WHO PRODUCED Fla Drivers Lic AS IDENTIFICATION.





OFFICIAL NOTARY SEAL