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FILINGS, INC. TERESA ROMAN

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ARTICING OF INCORPORATION

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ARTICLE I - NAME

The name of this componation is The Institute of Sports Medicine & Robabilitation, Inc.

ARTICLE II - PRINCIPAL OFFICE

The mailing address of this componation shall be: 2160 A University Drive Coral Springs, Florida 33071

ARTICLE III - PURPOSE

This corporation is organized for the purpose of transacting any or all lawful business.

ARTICLE IV - CAPITAL STOCK

This corporation is authorized to issue 500 shares of \$1.00 par value common stock which shall be designated as "Common Shares".

ARTICLE V - INITIAL REGISTERED OFFICE AND AGENT

The street address of the initial registered office of this corporation is 3732 N.W. 16th Street, Fort Lauderdale, Florida 33311 and the name of the initial registered agent of this corporation at that address is Filings, Inc., a Florida corporation.

ARTICLE VI - INITIAL BOARD OF DIRECTORS

The Corporation shall initially have two (2) Directors to hold office until the first annual meeting of stockholders and their successors shall have been duly elected and qualified, or until their earlier resignation, removal from office or death. The number of Directors may be either increased or decreased from time to time in accordance with the By-laws of the Corporation. The names and addresss of the initial Directors are:

Dr. Debra Harnden
2160 A. University Drive
Coral Springs, Florida 33071
R.J. Chiaverini
2160 A University Drive
Coral Springs, Florida 33071

ARTICLE VII - INCORPORATOR

The name and address of the Incorporator signing these Articles is:

Filings, Inc., a Florida Corporation 3732 N.W. 16th Street Fort Lauderdale, Florida 33311

ARTICLE VIII - PRE-EMPTIVE RIGHTS

Every shareholder, upon the sale for cash of any new stock of this corporation shall have the right to purchase his prorata share thereof (as nearly as may be done without issuance of fractional shares) at the price at which it is offered to others.

ARTICLE IX - INDEMNIFICATION

The corporation shall indemnify any Officer or Director, or any former Officer or Director, to the full extent permitted by law.

ARTICLE X - AMENDMENT

This composation sosesses the right to amond or repeal any provision contained in these Articles of Incomposation, or any amendment hereto, and any right conferred upon the shareholders is subject to this reservation.

IN WITNESS WHEREOF, the undersigned Incorporator has executed these Articles of Incorporation on the date of signing.

Dated: August 22, 1996

Filings, Inc. by Teresa Roman, Vice-President

Incorporator

Contificate designating place of business or demicle for the service of process within Florida, naming agent upon whom process may be served.

In compliance with Section 607.0501, Florida Statutes, the following is submitted:

First that The Institute of Sports Medicine & Rehabilitation, Inc., desiring to organize or qualify under the laws of the State of Florida, has named Filings, Inc., a Florida corporation, located at 3732 N.W. 16th Street, Fort Lauderdale, Florida, as its agent to accept service of process within Florida.

Dated: August 22, 1996

Sowom Kenho Teresa Roman, Incorporator

Having been named to accept service of process for the above stated Corporation, at the place designated in this certificate, I hereby agree to act in this capacity. I further agree to comply with the provisions of all Statutes relative to the proper and complete performance of my duties, and I am familiar with and accept the obligations of my position as registered agent.

Dated: August 22, 1996

Filings, Inc.
by Teresa Roman, Vice-President

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ARTICLES OF AMENDMENT

The institute of Sports Medicine & Rehabilitation, Inc.

- 1. The name of the Corporation is The Institute ME
- 2. Article one (1) of the Articles of Incorporation of the Corporation is hereby amended to change the name of the Corporation to Upstairs Cafe, Inc.
- 3. Article six (6) of the Articles of Incorporation of the Corporation is hereby amended to change the name and address of the sole Director to:

Roni Marie Miller 7000 Northwest 6th Steet Plantation, Florida 33317

- 4. Article two (2) of the Articles of Incorporation of the Corporation is hereby smended to change the principal place of business to; 2168 University Drive, Coral Springs, Florida 33971.
- 5. The foregoing amendment was adopted by the Incorporator before the issuance of any shares of the Corporation on the 21st day of January, 1997, pursuant to Section 687.10082), Florida Statutes.

IN WITNESS WHEREOF, the undersigned Incorporator of the Corporation has executed these Arricles of Amendment this 21st day of January, 1997.

Pilings, Inc., a Florida Corporation by Teresa Roman, Vice-President

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