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SHOUR OF CORPORATIONS

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BECEINED

EMPIRE CORPORATE KIT

ARTICLES OF INCOMPURATION

OF

Vitaherbe, Inc.

The undersigned subscriber to these Articles of Incorporation, a natural person competent to contract, hereby forms a corporation under the laws of the State of Florida.

ARTICLEI

KAME

The name of this corporation is: Vitaherbs, Inc.

ARTICLE II

PATTER OF RUSINESS

The general nature of the business to be transacted by this corporation shall be: to engage in and carry on any activity or business permitted under the laws of the United States and the State of Florida, and to have and exercise all of the powers conferred by the laws of the State of Florida upon corporations formed hereunder, and to do any or all of the things hereinbefore set forth as principal, agent, or otherwise, either alone or in conjunction with others, and in any part of the world.

ARTICLE_III

CAPITAL STOCK

This corporation is authorized to issue Seven Thousand Five Hundred (7,500) shares of common stock at One Dollar (\$1.00) par value each, which shares shall be designated "Common Shares".

Document prepared by:
Robert M. Kahn, Esq. - Florida Bar #267791
Kahn & Gutter
8211 West Broward Blvd. - PH-4
Plantation, FL 33324
(954) 475-8880

APPROLIT

THE OF BLISTERS

This corporation is to exist perpetually.

ARTICLE Y

AMOUNT OF CAPITAL

The amount of capital with which this corporation will begin business is not less than Five Hundred and No/100 Dollars (\$500.00).

PRAIGH AT

ADDRESS

The initial post office address of the principal office of this corporation in the State of Florida is:

Vitaherbs, Inc. 8211 West Broward Moulevard Penthouse 4 Plantation, YL 33324

The Board of Directors may from time to time move the principal office to any other address in the State of Florida, and establish branches and subsidiaries in any place within and without the United States.

APPICIA VII

DIMECTORS

This corporation shall have one (1) director initially. The number of directors may be increased or diminished from time to time by the by-laws adopted by the stockholders without the necessity of formal amendment hereof, but shall never be less than one (1).

ARTICLE VIII

THIPTAL BOARD OF DIRECTORS

The name and post office address of the member of the first Board of Directors, who, subject to the provisions of the Cortificate of Incorporation, the by-laws and the corporation laws of the State of Florida, shall hold office for the first year of the corporation's existence, or until a successor is elected and has qualified, is:

Alan M. Lawar, M.D. 8211 West Broward Blvd. Penthouse 4 Plantation, FL 33324

ARTICLE IX

SUBSCRIBERS

The name and post office address of the subscriber of these Articles of Incorporation and the number of shares he agree to take are:

> Alen M. Lewer, M.D. 8211 West Broward Blvd. Penthouse 4 Plantation, YL 33324

7.500 shares

President

ARTICLE I

OFFICERS

The names and street addresses of the officers of this corporation, who shall hold office until the organization meeting of the corporation and until their successors are duly elected and have duly qualified, are as follows:

Alan M. Lasar, M.D. - 8211 West Broward Blvd. Ponthouse 4 Plantation, FL 33324

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APPICIA XX

ANYONNEMS ON ARTICIAS

The Articles of Incorporation may be amended in the manner provided by law. Every amendment shall be approved by the Hoard of Directors, proposed by them to the stockholders, and approved at a stockholders meeting by a majority of the stock entitled to vote thereon unless all the directors and a majority of the stockholders sign a written statement manifesting their intention that a cortain amendment of these Articles of Incorporation be made, in which event these Articles of Incorporation may be amended in such manner.

ARTICLE III

RECIETERED ACRUS

The name and address of the initial Registered Agent of the corporation who shall accept service of process within this State on behalf of the corporation is as follows:

MAME

ADDARSS

ROBERT M. KAHN, ESQ.

KARF & GUTTER
Paine Webber Plaza, Penthouse 4
8211 West Brownrd Boulevard
Plantation, FL 33324

IN WITHESS WHEREOF, the undersigned, being the original subscriber to the foregoing Articles of Interporation, has set his hand and seal this 24th day of July, 1996.

alan M. Caba

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ACCHEVANCE	nuceptance of the Simpintanne and
I hereby acknowledge	succeptance of the philosotament and
Registered Agent upon whom s	service of process may be made; FLORIDA
	Rehly. Kal
	MORREY M. RAME, 28Q.
STATE OF FLORIDA)	
981	
COUNTY OF BROWARD	
. The foregoing instrum	ent was acknowledged before see this
day of July	ent was acknowledged before me this 19 7 by by M. M. His and who did take an
oath.	inal women to me and and one enter
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Byder Den Eb, 1000	Motary Public, Spite of Florida
AN WAY	Comission humber: 125/49
	My Commission expires:
STATE OF FLORIDA	
COUNTY OF BROWARD	•
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The foregoing instrum	ent was acknowledged before, me, this
day of Yalls	19 %, by Alet M. Kalan
oath.	
•	O m O
	(Brother Layerman (BEAL)
WALL WAS LANGUAGE	Notary Public, State of Florida. Name: CAROL AUN LANGAMEIN
* Santre Dec. St. 1989	Commission number: /2/25/99

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FLORIDA DIVISION OF CORPORATIONS PUBLIC ACCESS SYSTEM RECTRONIC FILING COVER SHEET

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ACCT#: 072450003255

CONTACT: RAY STORMONT PHONE: (305)541-3694

FAX #: (305)541-3770

NAME: VITAHERES, INC.

AUDIT NUMBER..... H96000015230

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FILED 960CT 30 PH 12: 31 MILAHASSEE, FLORIE,



FLORIDA DEPARTMENT OF STATE Sandra B. Mortham Secretary of State

October 29, 1996

VITAHERBS, INC. 8211 WEST BROWARD BOULEVARD PENTHOUSE 4 PLANTATION, FL 33324

SUBJECT: VITAMERBS, INC. REF: P96000062455

We received your electronically transmitted document. However, the document has not been filed and needs the following corrections:

The document is illegible and not acceptable for microfilming.

Please return your document, along with a copy of this letter, within 60 days or your filing will be considered abandoned.

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SECRETARY OF TALLAHASSEE.

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YITATERS, INC. P960000 G2 455

The undersigned officer of VITAHERBS, INC. hereby executes these Articles of Amendment under the laws of the State of Florida.

- 1. The name of this corporation is VITAMERES, INC.
- 2. The amendment adopted is a revision of Article I of the Articles of Incorporation so that same shall read as follows: "The name of this corporation shall be Alternecare Health Froducts, Inc."
- 3. The above amendment was adopted by the shareholders on October 10, 1996.

VITAHERES,

BI

Dr. Alet M. Lazar

President

STATE OF FLORIDA)
COUNTY OF BROWARD) 55:

The foregoing instrument was acknowledged before me this 18th day of October, 1996, by Alan M. Lasar, President of VITAHERES, IMC., who is personally known to me and who did take an oath.

My Commission Expires:

NOTARY PUBLIC:

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State of Florida at Large

CARCL ANN LABOUAZER My Countriedon (CCESSOS) Enginer Dun. SS, 1889

PREPARED BY:
Robert M. Kahn, Esq.
Kahn & Gutter
8211 W. Broward Blvd.
Penthouse 4
Plantation, FL 33324
Florida Bar Number 267791
305/475-8880

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CORPORATE ACTION OF VITAMERES, INC. IN LIEU OF FORMAL MEETING

The sole business directors and shareholders of VITAMERAS, INC. (hereinafter the "corporation") have hereby agreed to the following:

- 1. The undersigned hereby determine that the corporation shall change its name to Alternocare Health Products, Inc. and that the corporation shall smend its Articles accordingly.
- 2. The corporation shall cause to be filed with the Secretary of State, State of Florida, Division of Corporations, Articles of Amendment implementing the Acregoing change.

Dated: October 18, 1996

VITABLESSA INC

ev.

Dr Aleh M. Leser President/Director/ Shareholder

VITAMERRS, INC.

BY:

TATTOTA LATAR

Vice President/Secretary/ Treasurer/Shareholder