

P96000059101
FREEDOM MEDICAL HOLDING GROUP, INC.
3551 SW Corporate Parkway
Palm City, Florida 34990
772.283.4490

CLERK OF SUPERIOR COURT
TALLAHASSEE, FLORIDA

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FILED

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September 3, 2002

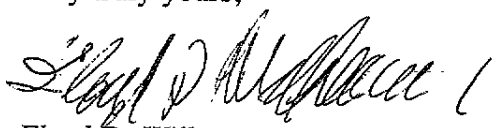
Florida Division of Corporations
Amendment Section
P.O. Box 6327
Tallahassee, FL 32314

Dear Sir/Madam:


Enclosed are Articles of Amendment of Freedom Medical Holding Group, Inc., along with our check in the amount of \$52.50 in payment of the associated filing fees, certified copy, and certificate of status.

Upon completion, please mail the certified copy and certificate of status to the undersigned.

Very truly yours,


Floyd D. Wilkenson, Jr.
President/Chairman of the Board

FDW:lma
Encl.


GAVE
AUTHORIZATION BY PHONE TO
CORRECT corp name
DATE 09/05/02
DOC. EXAM 09/05/02



**ARTICLES OF AMENDMENT
TO
ARTICLES OF INCORPORATION
OF**

**COUNTRY WIDE FOODS, INC.
Document Number P96000059101**

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SECRETARY OF STATE
TALLAHASSEE, FLORIDA

Pursuant to the provisions of section 607.1006, Florida Statutes, this Florida profit corporation adopts the following articles of amendment to its articles of Incorporation:

FIRST: Amendment adopted:

Article IV: This Corporation is authorized to increase the authorized shares of stock from Ten Million (10,000,000) Shares of Common Stock, No Par Value to One Hundred Million (100,000,000) Shares of Common Stock, No Par Value.

SECOND: N/A

THIRD: The date of the amendment's adoption: September 3, 2002

FOURTH: Adoption of Amendment was adopted by the Board of Directors with shareholder approval.

IN WITNESS WHEREOF, the undersigned President/Chairman of the Board of the Corporation has executed this Article of Amendment on the 3rd day of September 2002.



**Floyd D. Wilkenson, Jr.
CEO/Chairman of the Board**