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JOHN R. HOWES
A PROFESSIONAL ASSOCIATION
ATTORNEY & COUNSELOR AT LAW
TRIAL LAWYERS BUILDING - SUITE 4F
633 SOUTHEAST 3RD AVENUE
FORT LAUDERDALE, FLORIDA 33301

TELEPHONES:
FT. LAUDERDALE (954) 763-6003
MIAMI (305) 945-2654
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MAILING ADDRESS:
POST OFFICE BOX 697
FT. LAUDERDALE, FLORIDA 33302

February 27, 1997

Secretary of State
Division of Corporations
Post Office Box 6327
Tallahassee, FL 32314

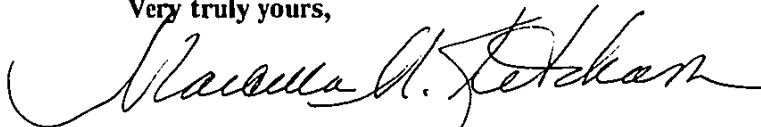
RE: METABOLIC RESEARCH ASSOCIATION, INC., a Florida corporation

Dear Sirs:

Enclosed please find my resignation as Registered Agent for Metabolic Research Association, Inc., a Florida corporation. I am sending a copy of this letter and the resignation to the last known address (as known by me) to Metabolic Research Association, Inc.

Please remove my name as Registered Agent since I have no affiliation with said corporation and no contact with any officers or directors.

Very truly yours,



MARCELLA MIRANDE-KETCHAM
PARALEGAL FOR JOHN R. HOWES, P.A.

MMK
Enclosure

PA Res
JEB
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FILED
97 MAR 10 PM 12:15
SECRETARY OF STATE
TALLAHASSEE, FLORIDA

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*****87.50 *****87.50

Florida Department of State, Sandra B. Mortham, Secretary of State

RESIGNATION OF REGISTERED AGENT

Pursuant to the provisions of sections 607.0502(2), 617.0502(2), 607.1509, or 617.1509,

Florida Statutes, the undersigned,

Marcella M. Kerham
(Name of registered agent)

hereby resigns as Registered Agent for

Metabolic Research Assoc., Inc.
(Name of corporation)

A copy of this resignation was mailed to the above listed corporation at its last known address.

The agency is terminated and the office discontinued on the 31st day after the date on which this statement is filed.

Marcella M. Kerham
(Signature of resigning agent)

If signing on behalf of an entity:

(Typed or Printed Name)

(Capacity)

FILED
97 MAR 10 PM 12:15
SECRETARY OF STATE
TALLAHASSEE, FLORIDA

Fee for filing this document:

\$87.50 - Active corporation

\$35.00 - Administratively dissolved corporation

LAW OFFICES OF
JOHN R. HOWES
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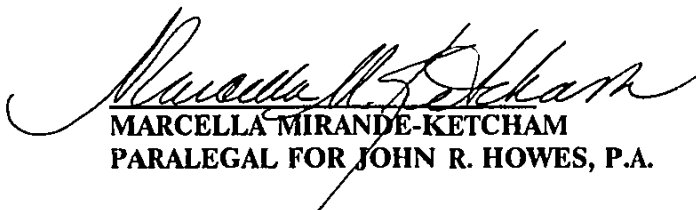
February 27, 1997

RESIGNATION

The undersigned, MARCELLA MIRANDE-KETCHAM, does hereby resign effective immediately as Registered Agent for Metabolic Research Company, Inc., a Florida corporation.

The undersigned is mailing a copy of this resignation to the last known address of said corporation which is 1815 East Commercial Blvd., Suite #105, Fort Lauderdale, FL 33308.

DATED this 27th day of FEBRUARY, 1997.


MARCELLA MIRANDE-KETCHAM
PARALEGAL FOR JOHN R. HOWES, P.A.

MMK