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April 22, 1997

Florida Division of Corporations
Firestone Building
409 East Gaines St.
Tallahassee, FL 32399

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-04/23/97--01118--004
*****35.00 *****35.00

Via: Federal Express

To Whom it May Concern:

Enclosed please find Articles of Amendment to Articles of Incorporation for the following:

F.I.M.T.E. Supply, Inc. is to become **The Natural Health Shoppe, Inc.**

Health Wellness Nationwide Corporation is to become **Natural Health Centers Of America, Inc.**

Also enclosed are First Union Money Order #'s 892906564 & 65, each in the amount of \$35.00 to cover the required fee for each amendment.

If you require any additional information in order to execute the requested changes, please contact me immediately at 954-969-9771.

Thank you for your prompt attention to this matter.

Best regards,

Tracy Kollmer
Office Manager

:tk

enclosures

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ARTICLES OF AMENDMENT
TO
ARTICLES OF INCORPORATION
OF
HEALTH WELLNESS NATIONWIDE CORP.

The First Article of the articles of incorporation of HEALTH WELLNESS NATIONWIDE CORP. was amended following a recommendation by the corporation's board of directors, and approval by a majority of the shareholders entitled to vote, on April 21, 1997. The corporation is filing these articles of amendment to articles of incorporation pursuant to F.S. 607.1003.

1. The name of the corporation is HEALTH WELLNESS NATIONWIDE CORP.
2. The First Article of the articles of incorporation of HEALTH WELLNESS NATIONWIDE CORP. was amended as follows:

"The name of the corporation is Natural Health Centers of America, Inc. (The "Corporation")."
3. The foregoing amendment to articles of incorporation was duly adopted by the board of directors on April 21, 1997.
4. The foregoing amendment to articles of incorporation was duly adopted and approved by a majority of the shareholders of the corporation after due notice in accordance with Chapter 607 of the Florida Statutes on April 21, 1997. The number of votes cast for the amendment by the shareholders was sufficient for approval.

In witness whereof, the undersigned President of this corporation has executed these articles of amendment on April 21, 1997.



NEAL HELLER, President