# P95000064221

K & K Accounting & Tax Service, Inc. 4700 N. State Rd. 7 Suito 221 Fort Lauderdale, Florida 33319 (305) 485-5252

August 11, 1995

Department of State Division of Corporations P.O. Box 6327 Tallahassee, Florida 32314 20001564462 -08/18/95--01041--009 \*\*\*\*\*\*70.00 \*\*\*\*\*70.00

Dear Sirs:

Enclosed are two (2) Copies of Articles of incorporation of CARA SHERMAN, INC., and the appointment of registered agent for filing purposes.

Also, enclosed is a check for \$70.00 to cover charter tax, filing fees, registered agent filing fee. No certified copy is requested at this time.

Thank you for your prompt attention to this matter.

Please remit the approved Articles of Incorporation to the above address.

Very sincerely,

K & K Accounting & Tax, Inc.

AUG 2 1 1995| BSB

Donna Kent President

FILED
95 AUG 18 AM 9: 23
SECNETARY OF STATE
SECNETARY OF FLORIDA

FILED 95 AUG 18 AM 9: 23 SECRETARY OF STATE TALLAHASSEE, FLORIDA

## ARTICLES OF INCORPORATION

OF

#### CARA SHERMAN INC.

The Undersigned, acting as Incorporator of a corporation under the Florida General Corporation Act, adopts the following Articles of Incorporation for such corporation.

- 1. The name of the corporation is as follows: CARA SHERMAN, INC.
- 2. The period of its duration is perpetual.
- 3. The purpose is to engage in any activities or business permitted under the laws of the United States and the state of Florida.
- 4. The capital stock authorized, the par value thereof, and the characteristics of such stock shall be as follows: 1,000 shares at par value of \$1.00 per share, common stock. All of the stock shall be payable in cash or other property, real or personal, tangible or intangible, or in labor or services actually performed for the corporation, in lieu of cash, at a just valuation to be fixed by the Board of Directors of this corporation.

- 5. This corporation shall commence to exist on the date which the Articles of Incorporation are filed in the Office of the Secretary of the State of Florida.
- 6. The principal office, registered agent, and registered office address is:

CARA SHERMAN, INC. 934 LINCOLN STREET HOLLYWOOD, FL 33019

7. The number of directors constituting its initial board of Directors is one (1), whose name and address is as follows:

CARA SHERMAN - 8S# 264-75-5455 934 LINCOLN STREET HOLLYWOOD, FL 33019

8. The name and address of the initial incorporator is as follows:

CARA SHERMAN - 1000 Shares 934 LINCOLN STREET HOLLYWOOD, FL 33019

-2-

9. This corporation reserves the right to amend or

repeal any provisions contained in these Articles of Incorporation, or any amendment hereto, and any right conferred upon the shareholders is subject to this reservation. "I hereby am familiar with and accept the duties and responsibilities as registered agent for said corporation".

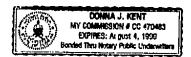
SIGNED ON THE FOLLOWING DATE: Aug. // , 1995.

CARA SHERMAN Registered Agent CARA BHERMAN
Incorporator

SWORN TO AND SUBSCRIBED	
BEFORE ME THIS DAY O	F AUGUST , 1995.
STATE OF FLORIDA }	00 4064-75-5455
COUNTY OF BROWARD )	88 #264-75-5455

BEFORE ME, the undersigned authority, duly authorized to administer oaths and take acknowledgements, personally appeared CARA SHERMAN, who after first being duly sworn, deposes and says that she is the person described in and who subscribed to the Articles of Incorporation, and she did freely and voluntarily acknowledge before me according to law that she made and subscribed the same for the uses and purposes therein mentioned and set for and furthermore, the the above facts are true and correct to the best of her knowledge and belief of CARA SHERMAN.

SWORN TO AND SUBSCRIBED before me this day of day of MCCOmmission Expires:



# P95000064221

KK accounting & tax service, inc.

4700 North State Road 7, Suite 221 Ft. Lauderdale, Florida 33319 41000001 \$5620074 -01/13/96--01067--017 ++++35.00 ++++35.00

Office Use Only

### CORPORATION NAME(S) & DOCUMENT NUMBER(S), (if known):

1.	(Corporation Name)	(Document #)	
2	(Corporation Name)	(Document #)	
3.	(Corporation Name)	(Document #)	
4	(Corporation Name)	(Document #)	75 SECTION OF THE SEC
☐ Walk in ☐ Mail out	Pick up time		ARE IN THE STATE OF S
NEW FILINGS		•	ficate of Standard 1: 27
Profit	Amendment		
NonProfit	Resignation of R.A., (	Officer/ Director	
Limited Liability	Change of Registered	Agent	96000001899
Domestication	Dissolution/Withdraw	,	
Other	Merger		
OTHER FILING	REGISTRATI QUALIFICAT		2/-
Fictitious Name	Foreign		0/2-
Name Reservation	Limited Partnership		J87
	Reinstatement		/ mama
	Trademark		Jama Charas
	Other		

Examiner's Initials



January 25, 1996

K & K ACCOUNTING & TAX SERVICE, INC. 4700 NORTH STATE ROAD 7 SUITE 221 FT. LAUDERDALE, FL 33319

SUBJECT: CARA SHERMAN INC. Ref. Number: P95000064221

We have received your document for CARA SHERMAN INC. and your check(s) totaling \$35.00. However, the enclosed document has not been filed and is being returned for the following correction(s):

The document must be signed by the chairman, any vice chairman of the board of directors, its president, or another of its officers.

The name and capacity of the person signing the document must be noted beneath or opposite the signature.

Please return your document, along with a copy of this letter, within 60 days or your filing will be considered abandoned.

If you have any questions concerning the filing of your document, please call (904) 487-6957.

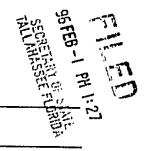
Joy Moon-French Corporate Specialist

Letter Number: 396A00003287

RECEINED
95 FEB - 1 AN 6:32
31YISION OF CORPORATIONS

CURRECTIONS

### ARTICLES OF AMENDMENT TO ARTICLES OF INCORPORATION OF



CAPA SHERMAN INC.

Pursuant to the provisions of section 607.1006, Florida Statutes, this corporation adopts the following articles of amendment to its articles of incorporation:

FIRST: Amendment(s) adopted: (indicate article number(s) being amended, added or deleted)

ARTICLE I IS HEREBY AMENDED TO CHANGE THE NAME OF THE CORPORATION FROM CARA SHERWAN INC. TO BODY MECHANICS THROUGH MASSAGE INC.

SECOND: If an amendment provides for an exchange, reclassification or cancellation of issued shares, provisions for implementing the amendment if not contained in the amendment itself, are as follows:

THIRD: The date of each amendment's adoption: JANUARY 16, 1996

FO	URTH: Adoption of Amendment(s) (CHECK ONE)
Ø	The amendment(s) was/were approved by the shareholders. The number of votes cast for the amendment(s) was/were sufficient for approval.
	The amendment(s) was/were approved by the shareholders through voting groups.  The following statement must be separately provided for each voting group entitled to vote separately on the amendment(s):
	"The number of votes cast for the amendment(s) was/were
	sufficient for approval by
	voting group
	The amendment(s) was/were adopted by the board of directors without shareholder action and shareholder action was not required.
	The amendment(s) was/were adopted by the incorporators without shareholder action and shareholder action was not required.
	Signed this day 16th of JANUAIRY, 19 96.
	Signature <u>Casa Mersons</u> (By the Chairman or Vice Chairman of the Board of Directors, President or other officer if ador ed by the
	shareholders)
	OR
	(By a director if adopted by the directors)
	OR
	(By an incorporator if adopted by the incorporators)
	CARA SHERIMAN Typed or printed name
	· ·
	PRESIDENT Title
	Title