

CAPITAL CONNECTION, INC.
 412 E. Virginia St., Suite 100, Tallahassee, FL 32301, (904) 224-8820
 Mailing Address: Post Office Box 10149, Tallahassee, FL 32302
 TEL: FREE No. 1 800 342-8062
 FAX (904) 222-1222

PR5 CDE06 2376

RE: C & J Health and Nutrition Centers, Inc.

NAME _____
 FIRM _____
 ADDRESS _____
 PHONE () _____

Service: Top Priority _____ Regular _____
 One Day Service Two Day Service

To us via _____ Return via _____

Mailing No.: _____ Express Mail No. _____

State Fee \$ _____ Our \$ _____

	C.C. FEE.	DISBURSE
<input checked="" type="checkbox"/> Capital Expense		
<input checked="" type="checkbox"/> Art. of Inc. File		
Corp. Record Search		
Ltd. Partnership File		
Foreign Corp. File		
<input checked="" type="checkbox"/> () Cert. Copy		
Art. of Amend. File		
Dissolution/Withdrawal		
C U B.		
Facilities Name File		
Name Reservation		
Annual Report/Restatement		
Reg. Agent Service		
Document Filing		
Corporate Kill	200004554182	
Vehicle Search	-08/14/95--01006--008	
Driving Record	*****70.00	*****70.00
Document Retrieval		
UCC 1 or 3 File		
UCC 11 Search		
UCC 11 Retrieval		
File No. # _____ Copies		
Computer Service		
Shipping/Handling		
Phone ()		
Top Priority		
Express Mail Prep.		
FAX ()	pg4.	

SUBTOTALS

FEE.....	\$
DISBURSED.....	\$
CHARGE.....	\$
TAX on corporate supplies.....	\$
SUBTOTAL.....	\$
PREPAID.....	\$
BALANCE DUE.....	\$

REQUEST TAKEN CONFIRMED APPROVED

DATE _____
 TIME _____
 BY MLC _____
 CK No. _____

WALK-IN 8/14 12:00
 Will Pick Up

Please remit invoice number with payment
 TERMS: NET 10 DAYS FROM INVOICE DATE
 1 1/2% per month on Past Due Amounts
 Past 30 Days, 18% per Annum.

THANK YOU
 from
 Your Capital Connection

ARTICLES OF INCORPORATION
OF

C & J HEALTH AND NUTRITION CENTERS, INC.

I, the undersigned subscriber to these Articles of Incorporation, natural person competent to contract, hereby form a corporation under the Laws of the State of Florida.

Article I

NAME OF CORPORATION

The name of the corporation shall be:

C & J HEALTH AND NUTRITION CENTERS, INC.

Article II

NATURE OF THE BUSINESS

THE general nature of the business to be transacted by this corporation is any activities permitted under the laws of the United States of America and the State of Florida.

TO manufacture, purchase or otherwise acquire, and to own, mortgage, pledge, sell, assign, transfer, or otherwise dispose of, and to invest in, trade in, deal in and with goods, wares, merchandise, real and personal property, and services of every class, and description, except that it is not to conduct a banking, safe deposit, trust, insurance, surety, express, railroad, canal, telegraph, telephone or cemetery company, a building and loan association, fraternal benefit society, state fair or exposition.

TO conduct business in, have one or more offices, in, and buy, hold mortgage, sell, convey or lease or otherwise dispose of real

and personal property, including franchise, patents, copyrights, trademarks, and licenses, in the State of Florida, and in all other states and countries.

TO contract debts and borrow money, issue and sell or pledge bonds, debentures, notes and other evidence of indebtedness and execute such mortgages, transfer of corporate property, or other instruments to secure or corporate indebtedness as required.

TO purchase the corporate assets of any other corporation and engage in the same or other character of business.

TO guarantee, endorse, purchase, hold, sell, transfer, mortgage, pledge or otherwise acquire or dispose of the shares of the capital stock of, or any bonds, securities, or other evidence of indebtedness created by and other corporation of the State of Florida, or any other state of government, and while owners of such stock to exercise all the rights, powers and privileges of ownership, including the right to vote such stock.

ARTICLE III

CAPITAL STOCK

THE maximum number of shares of stock that the corporation is authorized to have outstanding at any time is: 100

ARTICLE IV

INITIAL CAPITAL

THE amount of capital with which this corporation will begin business is not less, than five hundred dollars (\$500.00).

ARTICLE V

TERM OF EXISTENCE

THIS is to exist perpetually.

ARTICLE VI

PRINCIPAL PLACE OF BUSINESS

THE initial street address in this state of the principal office of this corporation is: 12864 Biscayne Blvd. , Suite 171 N. Miami, Florida 33181. The Board of Directors may from time to time, move the principal office to any other address in Florida.

ARTICLE VII

DIRECTORS

THIS corporation shall have not less than one (1) director initially. The number of directors may be increased or diminished from time to time, by the stockholders.

ARTICLE VIII

INITIAL DIRECTORS

THE name and street addresses of the members of the first Board of Directors are as follows:

<u>NAME</u>		<u>ADDRESS</u>
TANIA HAIDAL	President	12864 Biscayne Blvd. Suite 171 N. Miami, Florida 33181

ARTICLE IX

SUBSCRIBERS

THE names and street addresses of the subscribers of these articles of Incorporation, the number of shares of stock which they agree to take, and the value of the consideration therefore are as follows:

<u>NAME</u>	<u>ADDRESS</u>	<u>SHARES</u>	<u>CONSIDERATION</u>
TANIA HAIDAL	12864 Biscayne Blvd. Suite 171,	100	\$1.00

N. Miami, Florida 33181

ARTICLE X

REGISTERED AGENT

THE initial designation of the registered office of this corporation shall be: 12864 Biscayne Blvd., Suite 171, N. Miami Florida, 33181 and the registered agent shall be: **TANIA HAIDAL** .

PURSUANT the Florida Statutes, section 607.164 having been named to accept process for the above stated corporation, at the place designated in these articles, I hereby accept to act in this capacity, and agree to comply with the provision of said Act relative to keeping open said office.


REGISTERED AGENT

ARTICLE XI

AMENDMENT

THESE Articles of Incorporation may be amended in the manner provided by law. Every amendment shall be approved by the Board of Directors, proposed by them to the stockholders, and approved at the stockholders' meeting by a majority of the stock entitled to vote thereon, unless all the directors and all the stockholders sign a written statement manifesting their intention that a certain amendment of these Articles of Incorporation be made.

IN WITNESS WHEREOF, I the incorporator above named, have
hereunto set my hand and seal this 11th day of August, 1995.
TANIA HAIDAL *Tania Haidal*