

P95000019479

Requester's Name

**HEALTH SHOPPE**

12620-16 BEACH BLVD.  
JACKSONVILLE, FL 32246

City/State/Zip \_\_\_\_\_ Phone # \_\_\_\_\_

800003172818--3  
-03/16/00--01075--004  
\*\*\*\*\*35.00 \*\*\*\*\*35.00

Office Use Only

**CORPORATION NAME(S) & DOCUMENT NUMBER(S), (if known):**

1. \_\_\_\_\_  
(Corporation Name) (Document #)
2. \_\_\_\_\_  
(Corporation Name) (Document #)
3. \_\_\_\_\_  
(Corporation Name) (Document #)
4. \_\_\_\_\_  
(Corporation Name) (Document #)

00 MAR 16 AM 8:33  
TALAMASSEE FLORIDA  
SECRETARY OF STATE

**FILED**

- Walk in
- Mail out
- Pick up time
- Will wait
- Photocopy
- Certified Copy
- Certificate of Status

**NEW FILINGS**

- Profit
- Not for Profit
- Limited Liability
- Domestication
- Other

*Amend  
3-28-00  
PMS*

**AMENDMENTS**

- Amendment
- Resignation of R.A., Officer/Director
- Change of Registered Agent
- Dissolution/Withdrawal
- Merger

**OTHER FILINGS**

- Annual Report
- Fictitious Name

**REGISTRATION/QUALIFICATION**

- Foreign
- Limited Partnership
- Reinstatement
- Trademark
- Other

ARTICLES OF AMENDMENT  
TO  
ARTICLES OF INCORPORATION  
OF

Health Shoppe Vitamins and Natural Foods, Inc.

(present name)

Pursuant to the provisions of section 607.1006, Florida Statutes, this Florida profit corporation adopts the following articles of amendment to its articles of incorporation:

FIRST: Amendment(s) adopted: (indicate article number(s) being amended, added or deleted)

On January 1<sup>st</sup>, 2000,  
Bonnie Carroll, President of Health Shoppe Vitamins  
and Natural Foods, Inc. named Charles A. Carroll  
as President of the same Corporation also.  
Bonnie Carroll transferred 50% of the corpor-  
ation's stock to Charles A. Carroll on January  
1<sup>st</sup>, 2000.

Each officer, Bonnie Carroll and Charles A.  
Carroll now own 250 shares each. A total  
number of shares is still 500 outstanding shares  
at \$1<sup>00</sup> par value.

SECOND: If an amendment provides for an exchange, reclassification or cancellation of issued shares, provisions for implementing the amendment if not contained in the amendment itself, are as follows:

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TALLAHASSEE, FLORIDA

THIRD: The date of each amendment's adoption: Jan 1, 2000

FOURTH: Adoption of Amendment(s) (CHECK ONE)

- The amendment(s) was/were approved by the shareholders. The number of votes cast for the amendment(s) was/were sufficient for approval.
- The amendment(s) was/were approved by the shareholders through voting groups. *The following statement must be separately provided for each voting group entitled to vote separately on the amendment(s):*  

"The number of votes cast for the amendment(s) was/were sufficient for approval by \_\_\_\_\_ voting group."
- The amendment(s) was/were adopted by the board of directors without shareholder action and shareholder action was not required.
- The amendment(s) was/were adopted by the incorporators without shareholder action and shareholder action was not required.

Signed this 13<sup>th</sup> day of March, 19 00

Signature Lorraine Carroll - President  
(By the Chairman or Vice Chairman of the Board of Directors, President or other officer if adopted by the shareholders)

OR

(By a director if adopted by the directors)

OR

(By an incorporator if adopted by the incorporators)

Lorraine Carroll  
Typed or printed name

President / Incorporator  
Title