P9500018307 Enclosed you will find Check for 122.50 for Jennices rendered for Ancorporating my Company The Lacoli Xlysa Luc. 600001422086 -03/06/35--01037--012 Thanh You ****122.50 | ****122.50 and Sod Bless you. P.S. Genes died for our seine so une con ga to Leaven. Genes leves you. There a great day Anthony L. DeGreorge Lucky & Ders 3-2-95

ARTICLES OF INCORPORATION

OF THE LORDS GYM, INC.

THE UNDERSIGNED, has executed the following document as incorporator of the above named Corporation organized under the laws under the State of Florida, and all the rights, duties and objection of undersigned as incorporator, and those of the Corporation, are to be determined in accordance with the laws of the State of Florida.

ARTICLE ONE: NAME

The name of this Corporation shall be:

THE LORDS GYM, INC.

ARTICLE TWO: NATURE OF BUSINESS

The general nature of the business to be transacted by this Corporation is to do all things which natural persons might or could lawfully do in the premises. This Corporation shall commence existence upon the filing of these Articles of Corporation by the Department of state, State of Florida, and shall have perpetual existence.

ARTICLE THREE: CAPITOL STOCKS

The aggregate number of shares which the Corporation shall have authority to issue is the total sum of one hundred (100) shares, having an individual par value of \$5.00 per share. Unless otherwise stated in these articles, or in an amendment to this Corporation.

ARTICLE FOUR:

This Corporation shall begin business with capital of not less than five hundred dollars (\$500.00).

ARTICLE FIVE:

This Corporation shall have perpetual existence unless dissolved by action of law.

ARTICLE SIX:

The initial post office adress of this Corporation in the State of Florida is:

12082 N.W. 29th Street Coral Springs, Florida. 33065

ARTICLE SEVEN: DIRECTORS

This Corporation shall have not less than two (2) Directors initially. the number of directors may be increased from time to time as the stockholders desire, in accordance with the bylaws hereof, but at no time shall there be a number less than two.

ARTICLE EIGHT: INITIAL DIRECTORS

The names and post office address of the first Board of Directors and Officers of this Corporation are as follows:

NAME	Address	TITLE
CHRISTOPHER JOHN NARDONE	8700 N.W. 49 Dr. Cornl springs, FL 33067	DIRECTOR
ANTHONY LAWRENCE DeGEORGE	12082 N.W. 29th St. Coral Springs, FL 33065	DIRECTOR

ARTICLE NINE: SUSCRIBERS

The name and post office address of each suscriber to these articles of incorporation, the number of shares of stock each agrees to take, and value of the consideration paid therefore as follows:

name	Address	NO. OF SHARES
CHRISTOPHER JOHN NARDONE	8700 N.W. 49 Dr. Cornl Springs, Fl 33067	50
ANTHONY LAWRENCE DEGEORGE	12082 N.W. 29th St. Coral Springs, FL. 33065	50

ARTICLE TEN: REGISTERED NAME & OFFICE

The street address of the initial registered office and the name of the initial resident Agentsof this Corporation shall be:

CHRISTOPHER JOHN NARDONE 8700 N.W. 49 Dr. Coral Springs, F1 33067

ANTHONY LAWRENCE DeGEORGE 12082 N.W. 29th St. Coral Springs. F1 33065

We are here by familiar with and accept the duties and responsibilities as regitered agents for said corporation.

FLA D.L. N635-110-63-459

Incorporator & Registered Agent

FLA D. L. #D262-012-63-252

Incorporator & Registered Agent

ARTICLE ELEVEN: AMENDMENT

These articles of incorporation may be amended in manner provided by law. Every amendment shall be approved by the boards of Directors, proposed by them to the stockholders, and approved at a stockholders meeting by all of the stockholders. NO EXCEPTIONS.

IN WITNESS WHEREOF, we because set our hands and seal this 16th day of February, 1995. FOR THE SAKE OF THE CAUSE.

SKAL

CCOB982

MY COMPUSSION EXPIRES APRIL 5, 1995, BONDED THE OUTARY PUBLIC UNDERWEITERS

STATE OF FLORIDA COUNTY BROWARD

I hereby certify that on this day, before me, a Nortory Public, duly authorized in the State and County named above to take acknowledgments, personally appeared:

to me known to be the persons described as subscribers in and who executed the foregoing articles of incorporation, and they acknowledged before me that they subsribed to these articles of incorporation.

IN WITNESS WHEREOF, I have hereuntoset my hand and affixed my official seal, in the State and County aforesaid, this 20 day of February, 1995.

NOTARY PUBLIC 4

00 E89825

STATE OF PLORIDA AT LARGE

MY COMISSION EXPIRES: NOTARY PUBLIC, STATE OF FLORIDA. MY COMMISSION EXPIRES: April 5, 1995, BONDED THRU NOTARY PUBLIC UNDERWRITERS.



PUBLIC ACCESS SYSTEM ELECTRONIC FILING COVER SHEET

(((H97000012599 1)))

TO: DIVISION OF CORPORATIONS

FAX #: (850)922-4000

FROM: TRIPP, SCOTT, CONKLIN & SMITH

ACCT#: 075350000065

CONTACT: MIKE GIEHL

PHONE: (954)525-7500

FAX #: (954)761-8475

NAME: THE LORDS GYM, INC.

AUDIT NUMBER......H97000012599 DOC TYPE.....BASIC AMENDMENT

CERT. OF STATUS..0

PAGES..... 2

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Amended + Restated

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AMENDED AND RESTATED

AMENDED AND RESTATED
ARTICLES OF INCORPORATION
OF
THE LORDS GYM, INC.

THE UNDERSIGNED, as President of The Lords Gym, Inc., a Florida corporation of the Lords Gym, Inc., a Florida corporation for the Lords Gym, Inc., a Florida Cym, Inc., a F ("Corporation") hereby adopts the following Amended and Restated Articles of Incorporation for the Corporation which amend and restate the original articles of incorporation (the "Original the Corporation which amend and restate the original articles of incorporation (the "Original Articles") for the Corporation filed with the Florida Secretary of State on March 6, 1995 under Charter No. P95000018307.

NOW, THEREFORE, the Original Articles are hereby amended and restated as follows:

ARTICLE I NAME

The name of the corporation is:

Lord's Gym, Inc.

ARTICLE II PURPOSE

This Corporation is organized for the purpose of transacting any or all lawful business for which corporations may be incorporated under the Florida Business Corporation Act.

ARTICLE III **CAPITAL STOCK**

This Corporation is authorized to issue One Hundred (100) shares of Five Dollar (\$5.00) per value common stock.

Prepared by:

William J. Gross, Esq. Har No: 0898678 Tripp, Scott, Conklin & Smith 110 SE 6th Street, 28th Floor Fort Landerdale, FL 33301 (954) 525-7500

H97000012599

ARTICLE IV PRINCIPAL OFFICE/MAILING ADDRESS OF CORPORATION

The principal office and mailing address of this Corporation is:

12082 NW 29th Street Coral Springs, FL 33065

ARTICLE V AMENDMENT

These Amended and Restated Articles of Incorporation may only be amended by the Board of Directors (but only to the extent permitted by the Florida Business Corporations Act) or by the vote of shareholders holding a majority of the issued and outstanding common stock of the Corporation.

These Amended and Restated Articles of Incorporation were approved by a unanimous consent action of the Board of Directors and shareholders dated July 14, 1997.

IN WITNESS WHEREOF, the undersigned President has executed these Amended and Restated Articles of Incorporation this 3/2 day of July, 1997.

THE LORDS GYM, INC.

John Freehling, Presiden