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February 2, 1995

Secretary of State
State of Florida
Division of Corporations
P.O. Box 6327
Tallahassee, FL 32314

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**RE: Life Style Change With Physician's Contemporary Weight
Management, Inc.**

Dear Sir:

Enclosed herewith is an original and copy of the Articles of Incorporation for Life Style Change With Physician's Contemporary Weight Management, Inc. Also enclosed is a check in the amount of \$122.50 for the filing fee for said corporation.

After these Articles have been filed with your office, please return a copy to this office.

Sincerely,


John J. Sulik

JJS/db

Enclosure

FILED
SECRETARY OF STATE
DIVISION OF CORPORATIONS
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ARTICLES OF INCORPORATION
OF
LIFE STYLE CHANGE WITH
PHYSICIAN'S CONTEMPORARY WEIGHT MANAGEMENT, INC.

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DIVISION OF CORPORATIONS
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The undersigned subscriber to these articles of incorporation, a natural person competent to contract, hereby forms a corporation under the laws of the State of Florida.

ARTICLE I. NAME

The name of this corporation is **LIFE STYLE CHANGE WITH
PHYSICIAN'S CONTEMPORARY
WEIGHT MANAGEMENT, INC.**

ARTICLE II. NATURE OF BUSINESS

The general nature of the business to be transacted by this corporation is a broad range of entrepreneurial ventures (including but not restricted to) to weight loss concepts, programs and products;

To manufacture, purchase, or otherwise acquire, and to own, mortgage, pledge, sell, assign, transfer or otherwise dispose of, and to invest in, trade in, deal in and with, goods, wares, merchandise, real and personal property, and services of every class, kind and description;

To conduct business in, have one or more offices in, and buy, hold, mortgage, sell, convey, lease, or otherwise dispose of real and personal property, including franchises, patents, copyrights, trademarks, and licenses, in the State of Florida and in all other states and countries;

To contract debts and borrow money, issue and sell or pledge bonds, debentures, notes and other evidences of indebtedness, and execute such mortgages, transfers of corporate property, or other instruments to secure the payment of corporate indebtedness as required;

To purchase the corporate assets of any other corporation and engage in the same or other character of business;

To endorse, purchase, hold, sell, transfer, mortgage, pledge or otherwise acquire

or dispose of the shares of the capital stock of, or any bonds, securities, or other evidences of indebtedness created by any other corporation of the State of Florida or any other state or government, and while owner of such stock to exercise all the rights, powers and privileges of ownership, including the right to vote such stock;

To become guarantor or surety for any other person, firm or corporation for any purpose or transaction whatsoever;

To make gifts of its property or cash, either to charitable organizations or otherwise, when deemed in the interest of the corporation;

To adopt such pension, profit sharing, stock option, and deferred compensation plans for officers, employees and directors and to grant such stock options to officers, employees, directors and others as the board of directors may deem to be in the interest of the corporation;

To have and exercise all of the powers now or hereafter conferred upon corporations by the statutes and laws of the State of Florida; and to transact any and all lawful business.

All of the foregoing in this article shall be construed as both objects and powers. The enumeration of specific powers and purposes is not intended to restrict or limit in any way the powers or purposes of this corporation.

ARTICLE III. CAPITAL STOCK

The maximum number of shares of stock which this corporation is authorized to have outstanding at any one time is 1,000 shares of \$1.00 par value common stock.

ARTICLE IV. INITIAL CAPITAL

The amount of capital with which this corporation will begin business is \$500.00.

ARTICLE V. TERM

This corporation shall have perpetual existence.

ARTICLE VI. ADDRESS

The post office address of the principal office of this corporation in the State of Florida is 1024-B Edgewood Avenue West, Jacksonville, Florida 32208.

The Board of Directors may from time to time move the office to any other place in Florida.

ARTICLE VII. DIRECTORS

This corporation shall have at least one (1) director and initially shall have five (5) directors. The number of directors may be either increased or diminished from time to time by the by-laws, but shall never be less than one. Any director may be removed at any time, with or without cause, by the stockholders having the right and entitled to vote at a meeting called for that purpose.

ARTICLE VIII. INITIAL DIRECTORS

The names and post office addresses of the members of the first Board of Directors of this corporation are **ERNEST A. ORDONEZ**, 1024-B Edgewood Avenue West, Jacksonville, Florida 32208; **DORIS CHRISTINE ORDONEZ**, 1024-B Edgewood Avenue West, Jacksonville, Florida 32208; **CHRISTINA MARIA ORDONEZ**, 1024-B Edgewood Avenue West, Jacksonville, Florida 32208; **JENNIFER LEE AGNER**, 1024-B Edgewood Avenue West, Jacksonville, Florida 32208; and **STELLA MARIE VILLANUEVA**, 1024-B Edgewood Avenue West, Jacksonville, Florida 32208.

ARTICLE IX. SUBSCRIBER AND INCORPORATOR

The name and post office address of the subscriber of these articles of incorporation is **JOHN J. SULIK**, 320 East Adams Street, Jacksonville, Florida 32202. The incorporator is specifically authorized by these Articles to designate the initial registered office and agent.

ARTICLE X. INITIAL REGISTERED OFFICE AND AGENT

The street address of the initial registered office of this corporation is 320 East Adams Street, Jacksonville, Florida 32202 and the name of the initial registered agent of this corporation at that address is **JOHN J. SULIK**.

ARTICLE XI. MISCELLANEOUS

This corporation shall have the right to amend or repeal any provision contained in these articles of incorporation and any right conferred upon the stockholders is subject to this provision.

Ownership of stock in this corporation shall not be required to make any person eligible to hold office or to become a director in this corporation.

The stockholders, or any two or more of them, may by agreement recorded in the minute book of this corporation impose such restrictions on the sale, transfer or encumbrance of the stock in this corporation owned by the subscribers to such agreement as they may see fit. The by-laws of this corporation may impose any restrictions on the sale, transfer or encumbrance of the stock of this corporation as may be lawful under the statutes and laws of the State of Florida when such by-law is adopted or amended.

Any subscriber or stockholder present at any meeting, either in person or by proxy, and any director present in person at any meeting of the Board of Directors shall be conclusively deemed to have received proper notice of such meeting unless he shall make objection at such meeting to any defect or insufficiency of notice.

Any contract or other transaction between the corporation and one or more of its directors, or between the corporation and any firm of which one or more of its directors are members or employees, or in which they are interested, or between the corporation and any corporation or association of which one or more of its directors are shareholders, members, directors, officers, or employees, or in which they are interested, shall be valid for all purposes, notwithstanding the presence of such director or directors at the meeting the Board of Directors of the corporation, which acts upon, or in reference to, such contract or transaction, and notwithstanding his or their participation in such action, if the fact of such interest shall be disclosed or known to the Board of Directors and the Board of Directors shall, nevertheless, authorize, approve or ratify such contract or transaction by a vote of a majority of the directors present, such interested director or directors to be counted in determining whether a quorum is present, but not to be counted in calculating the majority necessary to carry such vote. These provisions shall not be construed to invalidate any contract or other transaction which would otherwise be valid under the common law and statutory law applicable thereto.

The Board of Directors is hereby specifically authorized to make provisions for reasonable compensation to its members for their services as Directors, and to fix the basis and conditions upon which such compensation shall be paid. Any director of the corporation may also serve the corporation in any other capacity and receive compensation therefore in any form.

ARTICLE XII. INDEMNITY

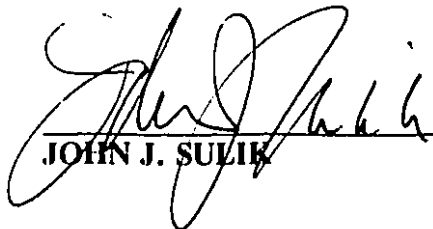
This corporation is authorized to indemnify any director, officer, or employee, or former director, officer or employee of this corporation, or any person who may have served at its request as a director, officer or employee of another corporation in which it owns shares of capital stock or of which it is a creditor, against expenses actually and necessarily incurred by him in connection with the defense of any action, suit or proceeding in which he is made a party by reason of being or having been such director, officer, or employee, except in relation to matters as to which he shall be adjudged in

such action, suit, or proceeding to be liable for negligence or misconduct in the performance of duty. This corporation may also reimburse to any director, officer, or employee the reasonable costs of settlement of any such action, suit, or proceeding, if it shall be found by a majority of a committee composed of the directors of this corporation not involved in the matter in controversy (whether or not a quorum) that it was to the interests of this corporation that such settlement be made and that such director, officer, or employee was not guilty of negligence or misconduct. Such indemnification or reimbursement shall not preclude such director, officer, or employee from exercising any rights to which he may be entitled under the by laws or otherwise.

ARTICLE XIII. AMENDMENT

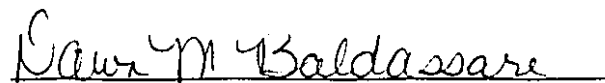
These articles of incorporation may be amended in the manner provided by law. Every amendment shall be approved by the Board of Directors, proposed by them to the stockholders, and approved at a stockholders' meeting by fifty-one percent of the stock entitled to vote thereon, unless all the directors and all the stockholders sign a written statement manifesting their intention that a certain amendment of these articles of incorporation be made.

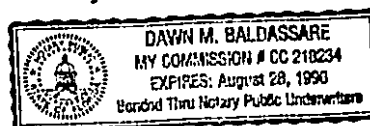
IN WITNESS WHEREOF, the undersigned incorporator, being a natural person competent to contract, has hereunto set his hand and affixed his seal this 31st day of January, 1995.

 (SEAL)
JOHN J. SULIK

STATE OF FLORIDA
COUNTY OF DUVAL

The foregoing instrument was acknowledged before me this 31st day of January, 1995, by **JOHN J. SULIK**, as Subscriber in and who executed the foregoing Articles of Incorporation, and he acknowledged before me that he subscribed to those Articles of Incorporation, who is personally known to me, and who did take an oath.


Notary Public, State of Florida
My Commission Expires: 8/28/96
Dawn M. Baldassare
Printed Name of Notary Public

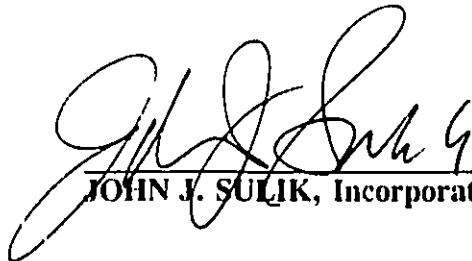


Certificate designating place of business or domicile for the service of process within Florida, naming agent upon whom process may be served.

In compliance with Section 48.091, Florida Statutes, the following is submitted:

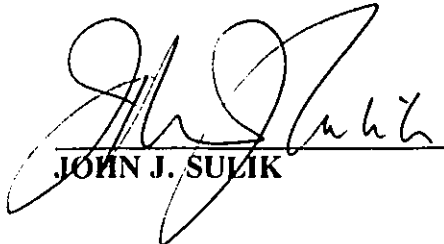
First, that **LIFE STYLE CHANGE WITH PHYSICIAN'S CONTEMPORARY WEIGHT MANAGEMENT, INC.**, desiring to organize or qualify under the laws of the State of Florida with its principal place of business at 1024-B Edgewood Avenue West, Jacksonville, Florida 32208, has named John J. Sulik, an individual resident of Florida having a business address of 320 East Adams Street, Jacksonville, Florida 32202, as its agent to accept service of process within Florida.

Dated: January 31st, 1995.


JOHN J. SULIK, Incorporator

Having been named to accept service of process for the above stated corporation, at the place designated in the certificate, I hereby agree to act in this capacity, and I further agree to comply with the provisions of all Statutes relative to the proper performance of my duties.

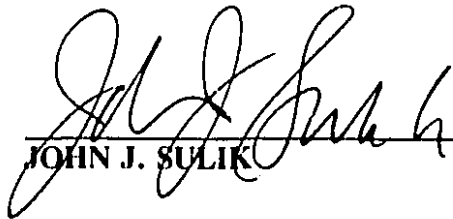
Dated. January 31st, 1995.


JOHN J. SULIK

ASSIGNMENT OF INCORPORATOR'S SUBSCRIPTION

I, John J. Sulik, sole subscriber to the Articles of Incorporation of **LIFE STYLE CHANGE WITH PHYSICIAN'S CONTEMPORARY WEIGHT MANAGEMENT, INC.**, hereby assign all my right, title and interest as subscriber to the capital stock of **LIFE STYLE CHANGE WITH PHYSICIAN'S CONTEMPORARY WEIGHT MANAGEMENT, INC.**, to **ERNEST A. ORDONEZ; DORIS CHRISTINE ORDONEZ; CHRISTINA MARIA ORDONEZ; JENNIFER LEE AGNER; and STELLA MARIE VILLANUEVA**, to the extent of the total shares presently authorized or as may be authorized by amendment in the future.

DATED: January 31st, 1995.



JOHN J. SULIK

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