

P9400079666

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DIVISION OF CORPORATIONS

BASIC AMENDMENT
HEALTH FOODS AND MORE, INC.

Certificate of Status	0
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FLORIDA DEPARTMENT OF STATE
Katherine Harris
Secretary of State

August 1, 2002

HEALTH FOODS AND MORE, INC.
5365 ASCOT BEND
BOCA RATON, FL 33495US

SUBJECT: HEALTH FOODS AND MORE, INC.
REF: P94000079666

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Karen Gibson
Corporate Specialist

FAX Aud. #: H02000175098
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RESIGNATION

To: HEALTH FOODS AND MORE, INC.

I, JOYCE PASEKOFF, hereby resign any and all positions I hold as an Officer and Director with Health Foods and More, Inc., a Florida corporation, effective July 1, 2002. I hereby certify the corporation has been advised of my resignation in writing.

DATED: Aug 1, 2002.

Joyce Pasekoff

JOYCE PASEKOFF

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