

2007 FOR PROFIT CORPORATION ANNUAL REPORT

DOCUMENT# P94000014210

Entity Name: FITNESS KNEADS, INC.

FILED
Jan 05, 2007
Secretary of State

Current Principal Place of Business:

23181 OLD INLET BRIDGE RD
BOCA RATON, FL 33433 US

New Principal Place of Business:

Current Mailing Address:

23181 OLD INLET BRIDGE RD
BOCA RATON, FL 33433 US

New Mailing Address:

FEI Number: 65-0470608

FEI Number Applied For ()

FEI Number Not Applicable ()

Certificate of Status Desired ()

Name and Address of Current Registered Agent:

ALONSO, LUIS JR.
23181 OLD INLET BRIDGE DR
BOCA RATON, FL 334336827 US

Name and Address of New Registered Agent:

The above named entity submits this statement for the purpose of changing its registered office or registered agent, or both, in the State of Florida.

SIGNATURE: _____

Electronic Signature of Registered Agent

Date

Election Campaign Financing Trust Fund Contribution ().

OFFICERS AND DIRECTORS:

Title: DP () Delete
Name: ALONSO, LUIS JR
Address: 23181 OLD INLET BRIDGE DR
City-St-Zip: BOCA RATON, FL 33433

Title: VP () Delete
Name: ALONSO, SONIA B
Address: 23181 OLD INLET BRIDGE RD
City-St-Zip: BOCA RATON, FL 33433

ADDITIONS/CHANGES TO OFFICERS AND DIRECTORS:

Title: () Change () Addition
Name:
Address:
City-St-Zip:

Title: () Change () Addition
Name:
Address:
City-St-Zip:

I hereby certify that the information supplied with this filing does not qualify for the for the exemption stated in Chapter 119, Florida Statutes. I further certify that the information indicated on this report or supplemental report is true and accurate and that my electronic signature shall have the same legal effect as if made under oath; that I am an officer or director of the corporation or the receiver or trustee empowered to execute this report as required by Chapter 607, Florida Statutes; and that my name appears above, or on an attachment with an address, with all other like empowered.

SIGNATURE: SONIA B. ALONSO

VP

01/05/2007

Electronic Signature of Signing Officer or Director

Date