Jefferson F. Riddell, P.A.

SunTrust Bank Building 3400 South Tamiami Trail Sarasota, Florida 34239

Jefferson F. Riddell Thomas B. Luzier

Telephone: (941) 366-1300

Fax: (941) 366-6973

December 14, 1998

Ms. Thelma Lewis Corporate Specialist Supervisor Florida Department of State P.O. Box 6327 Tallahassee, Florida 32314

RE: Corporate Name Change

Dear Ms. Lewis:

Enclosed are an original and one copy of the Articles of Amendment to Articles of Incorporation for Optimum Physique Training, Inc. Also enclosed as specified in your October 23rd correspondence is a check in the amount of \$35.00. Please process the enclosed and forward a file stamped copy back to me at the address listed above.

Thank you for your assistance. Happy holidays!

Very truly yours

Thomas B. Luzier, Esq.

/t1

Thomas B. Luzier, Esq.

1130 Pomelo Avenue Sarasota, Florida 34236 Tel. & Fax: 941-952-1133

October 19, 1998

Division of Corporations Secretary of State of Florida P.O. Box 6327 Tallahassee, FL 32314

RE: Corporate Name Change

Dear Sir or Madam:

Enclosed are an original and one copy of the Articles of Amendment to Articles of Incorporation of Optimum Physique Training, Inc. Please file this paperwork and return a file stamped copy to my attention at the address listed above.

Thank you for your assistance. Please contact me with any questions.

Very truly yours,

Thomas B. Luzier, Esq.

/tl Encl.

cc:

Richard Lansky



FLORIDA DEPARTMENT OF STATE Sandra B. Mortham Secretary of State

October 23, 1998

THOMAS B. LUZIER, ESQ. 1130 POMELO AVENUE SARASOTA, FL 34236

SUBJECT: OPTIMUM PHYSIQUE TRAINING, INC.

Ref. Number: P93000082474

We have received your document for OPTIMUM PHYSIQUE TRAINING, INC., however, upon receipt of your document no check was enclosed. Please send a check or money order payable to the Department of State for \$35.00.

If you have any questions concerning this matter, please either respond in writing or call (850) 487-6905.

Letter Number: 298A00052371

Thelma Lewis
Corporate Specialist Supervisor

Articles of Amendment to Articles of Incorporation of

Optimum Physique Training, Inc.

Pursuant to the provisions of Section 607.1006, Florida Statues, this corporation adopts the following articles of amendment to its articles of incorporation:

FIRST:

Amendment adopted:

Article I of the Articles of Incorporation presently reads as follows:

ARTICLE I

The name of the Corporation shall be: Optimum Physique Training, Inc.

Article I of the Articles of Incorporation is hereby amended to read as follows:

ARTICLE I Name

The name of the Corporation shall be: Optimum Performance Training, Inc.

SECOND:

The amendment does not provide for an exchange, reclassification or

cancellation of issued shares.

THIRD:

The date of the amendment's adoption is January 1, 1999.

FOURTH:

The amendment was approved by the shareholders. The number of votes cast

for the amendment was sufficient for approval.

Signed this 1st day of September, 1998.

RICHARD C. LANSKY, President Optimum Performance Training, Inc.