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COVER LETTER

TO: Amendment Section Division of Corporations

Tallahassee, FL 32314

NAME OF CORPO	RATION: SPIRIT & BODY,	INC		
DOCUMENT NUM	BER: P24000055556			
	of Amendment and fee are su	bmitted for filing.		
Please return all corre	espondence concerning this ma	atter to the following:		
	DANTE SPIRITI			
		Name of Contact Pe	rson	_
	CASERTA & SPIRITI			
		Firm/ Company		
	7850 NW 146th St, Suite 508	3		
		Address		
	Miami Lakes, FL 33016			
		City/ State and Zip C	Code	_
	INFO@CSGFIRM.COM			
	E-mail address: (to be us	sed for future annual rep	ort notification)	
For further information	on concerning this matter, pleas	se call:		
DANTE SPIRITI		305	463-8808	
Name of Contact Person		Area	Code & Daytime Telephone Num	ber
nclosed is a check fe	or the following amount made	payable to the Florida D	Department of State:	
§ \$35 Filing Fee	☐S43.75 Filing Fee & Certificate of Status	□\$43.75 Filing Fee ∂ Certified Copy (Additional copy is enclosed)	& S52.50 Filing Fee Certificate of Status Certified Copy (Additional Copy is enclosed)	
Mailing Address Amendment Section Division of Corporations P.O. Box 6327		Ame Divi	eet Address endment Section ision of Corporations Centre of Tallahassee	

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2415 N. Monroe Street, Suite 810

Tallahassee, FL 32303

Articles of Amendment to Articles of Incorporation of

(Name of Corporation as currently filed with the Florida Dept. of State) (Document Number of Corporation (if known) Pursuant to the provisions of section 607.1006, Florida Statutes, this Florida Profit Corporation adopts the following amendment(s its Articles of Incorporation: A. If amending name, enter the new name of the corporation: The new name must be distinguishable and contain the word "corporation," "company," or "incorporated" or the abbreviation "Corp.," "Inc.," or "Co.," or the designation "Corp.," "Inc.," or "Co.," A professional corporation name must comain the word "chartered," "professional usuaciation" or the abbreviation "P.A." B. Enter new principal office address, if applicable: (Principal office address MUST BE A STREET ADDRESS) C. Enter new mailing address MUST BE A STREET ADDRESS) Tasto NW 146th St. Suite 508 Miami Lakes, FL 33016 D. If amending the registered agent and/or registered office address in Florida, enter the name of the new registered agent and/or the new registered office address: Name of New Registered Agent Tasto NW 146th St. Suite 508 Miami Lakes, FL 33016 D. If amending the registered agent and/or the new registered office address: Name of New Registered Agent Tasto NW 146th St. Suite 508 Miami Lakes, FL 33016 Tasto NW 146th St. Suite 508 Miami Lakes, FL 33016 Tasto NW 146th St. Suite 508 Miami Lakes, FL 33016 Tasto NW 146th St. Suite 508 Miami Lakes, FL 33016	SPIRIT & BODY, INC	
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The amendment(s) is/are being filed pursuant to s. 607.0120 (11) (e), F.S.	eck if applicable The amendment(s) is/are being filed pursuant to s. 607.01	2

If amending the Officers and/or Directors, enter the title and name of each officer/director being removed and title, name, and address of each Officer and/or Director being added:

(Attach additional sheets, if necessary)

Please note the officer/director title by the first letter of the office title:

P = President; V = Vice President; T = Treasurer; S = Secretary; D = Director; TR = Trustce; C = Chairman or Clerk; CEO = Chief Executive Officer; CFO = Chief Financial Officer. If an officer/director holds more than one title, list the first letter of each office held. President, Treasurer, Director would be PTD.

Changes should be noted in the following manner. Currently John Doe is listed as the PST and Mike Jones is listed as the V. There is a change, Mike Jones leaves the corporation, Sally Smith is named the V and S. These should be noted as John Doe, PT as a Change, Mike Jones, V as Remove, and Sally Smith, SV as an Add.

Example: X Change	<u>PT</u>	John Doe	
X Remove	$\underline{\mathbf{V}}$	Mike Jones	
X Add	<u>SV</u>	Sally Smith	
Type of Action (Check One)	<u>Title</u>	<u>Name</u>	<u>Addres</u> s
1) X Change	P	DANTE SPIRITI	7850 NW 146th St. Suite 508
Add			Miami Lakes, FL 33016
Remove			
2) Change		_	
Add			
Remove 3) Change			
Add			
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The date of each amendment(s) ad	option:	, if other thar
date this document was signed.		
Effective date if applicable:		
	(no more than 90 days after amendment file date)	
Note: If the date inserted in this blo document's effective date on the Dep	ock does not meet the applicable statutory filing requirements, the partment of State's records.	nis date will not be listed as
Adoption of Amendment(s)	(<u>CHECK ONE</u>)	
The amendment(s) was/were adopted action was not required.	oted by the incorporators, or board of directors without shareholde	r action and shareholder
☐ The amendment(s) was/were adop by the shareholders was/were suf	oted by the shareholders. The number of votes cast for the amendation ficient for approval.	nent(s)
• • • • • • • • • • • • • • • • • • • •	oved by the shareholders through voting groups. The following st each voting group entitled to vote separately on the amendment(s).	
"The number of votes east f	or the amendment(s) was/were sufficient for approval	
by		
	(voting group)	
Dated 10111	ector, president or other officer – if directors or officers have not t	noen
selected.	by an incorporator – if in the hands of a receiver, trustee, or other d fiduciary by that fiduciary)	
_	(Typed or printed name of person signing)	
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