

P22000053924

(Requestor's Name)

(Address)

(Address)

(City/State/Zip/Phone #)

☐ PICK-UP

☐ WAIT

☐ MAIL

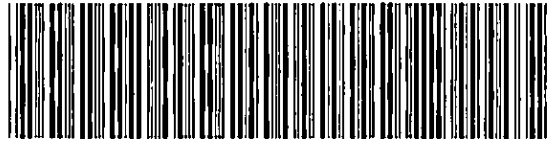
(Business Entity Name)

(Document Number)

Certified Copies _____ Certificates of Status _____

Special Instructions to Filing Officer:

Office Use Only



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06/21/22---01093---025 **70.00

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2022 JUN 24 PM 2:39

Division of Corporations
TALLAHASSEE, FLORIDA

S. CHATHAM

JUL - 6 2022

22 JUL - 6 AM 3:09
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DIVISION OF CORPORATIONS
TALLAHASSEE, FLORIDA



FLORIDA DEPARTMENT OF STATE
Division of Corporations

June 27, 2022

CAPITAL CONNECTION

SUBJECT: BODY & STRENGTH INC.
Ref. Number: W22000086300

We have received your document for BODY & STRENGTH INC. and your check(s) totaling \$70.00. However, the enclosed document has not been filed and is being returned for the following correction(s):

The name designated in your document is unavailable since it is the same as, or it is not distinguishable from the name of an administratively dissolved/revoked entity. Names of administratively dissolved/revoked entities are not available for one year from the date of administrative dissolution/revocation unless the dissolved/revoked entity provides the Department of State with an affidavit or letter stating that they have no intention of reinstating, therefore, releasing the name for use to another entity.

Please return your document, along with a copy of this letter, within 60 days or your filing will be considered abandoned.

If you have any questions concerning the filing of your document, please call (850) 245-6052.

Neysa Culligan
Regulatory Specialist III

Letter Number: 622A00014452

22 JUL -6 AM 3:09
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DIVISION OF CORPORATIONS
TALLAHASSEE, FLORIDA

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DIVISION OF CORPORATIONS
TALLAHASSEE, FLORIDA

CAPITAL CONNECTION, INC.

417 E. Virginia Street, Suite 1 • Tallahassee, Florida 32301
(850) 224-8870 • 1-800-342-8062 • Fax (850) 222-1222

BODY & STRENGTH INC

22 JUL -6 AM 3:00

____ Art of Inc. File _____
____ LTD Partnership File _____
____ Foreign Corp. File _____
____ L.C. File _____
____ Fictitious Name File _____
____ Trade/Service Mark _____
____ Merger File _____
____ Art. of Amend. File _____
____ RA Resignation _____
____ Dissolution / Withdrawal _____
____ Annual Report / Reinstatement _____
____ Cert. Copy _____
____ Photo Copy _____
____ Certificate of Good Standing _____
____ Certificate of Status _____
____ Certificate of Fictitious Name _____
____ Corp Record Search _____
____ Officer Search _____
____ Fictitious Search _____
____ Fictitious Owner Search _____
____ Vehicle Search _____
____ Driving Record _____
____ UCC 1 or 3 File _____
____ UCC 11 Search _____
____ UCC 11 Retrieval _____
____ Courier _____

Signature _____

Requested by: SETH

07/06/22

Name _____

Date _____

Time _____

Walk-In _____

Will Pick Up _____

Returned to and prepared by:
Deborah A. Carman, Esq.
5301 N. Federal Hwy, Ste. 160
Boca Raton, FL 33487

22 JUL -6 AM 3:09

86 CSEA 1000
87 113 8 10

LETTER

Subject: Body & Strength Inc.
Ref. Number: W22000086300
Letter Number: 622A00014452

Dear Ms. Neysa Culligan,


Thank you very much for your letter sent to Capital Connection regarding Body & Strength Inc., a Florida corporation.

I would like to mention that Body & Strength Inc. was initially formed as a Delaware corporation. Then I registered it as a foreign corporation under The Florida Department of State - Division of Corporations.

Since the Delaware company was no longer necessary, I allowed the administrative dissolution to occur on September 24th, 2021.

Throughout this letter, I, Deborah A. Carman, am stating that I have no intention of reinstating the Delaware company.

Therefore, I am releasing the name for use so that it will be filed as a Florida corporation.


Deborah A. Carman, Esq.
5301 N. Federal Hwy Ste. 160
Boca Raton, FL 33487

COVER LETTER

Department of State
New Filing Section
Division of Corporations
P. O. Box 6327
Tallahassee, FL 32314

SUBJECT: BODY & STRENGTH INC.

(PROPOSED CORPORATE NAME - MUST INCLUDE SUFFIX)

Enclosed are an original and one (1) copy of the articles of incorporation and a check for:

☒ \$70.00 ☐ \$78.75
Filing Fee Filing Fee
 & Certificate of Status

☐ \$78.75 ☐ \$87.50
Filing Fee Filing Fee,
& Certified Copy Certified Copy
 & Certificate of
 Status

ADDITIONAL COPY REQUIRED

FROM: DEBORAH A. CARMAN

Name (Printed or typed)

5301 N. Federal Highway, Suite 160

Address

Boca Raton, FL 33487

City, State & Zip

561-392-7031

Daytime Telephone number

dcarman@carmanlegal.com

E-mail address: (to be used for future annual report notification)

NOTE: Please provide the original and one copy of the articles.

22 JUL - 5 AM 3:09
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DIVISION OF CORPORATIONS
TALLAHASSEE, FL

ARTICLES OF INCORPORATION

In compliance with Chapter 607 and/or Chapter 621, F.S. (Profit)

ARTICLE I NAME

The name of the corporation shall be: BODY & STRENGTH INC.

ARTICLE II PRINCIPAL OFFICE

Principal street address
5301 N. Federal Highway, Suite 160
Boca Raton, FL 33487

Mailing address, if different is:

ARTICLE III PURPOSE

The purpose for which the corporation is organized is: any activity or business permitted under the laws of
the United States of America and of the State of Florida.

ARTICLE IV SHARES

The number of shares of stock is: 10,000

ARTICLE V INITIAL OFFICERS AND/OR DIRECTORS

Name and Title: DEBORAH A. CARMAN President and Secretary

Name and Title: _____

Address 5301 N. Federal Highway, Suite 160
Boca Raton, FL 33487

Address: _____

Name and Title: _____

Name and Title: _____

Address _____

Address: _____

Name and Title: _____

Name and Title: _____

Address _____

Address: _____

22 JUL - 6 44 5:09
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JUL 22 2009

Name and Title: _____ Name and Title: _____
Address _____ Address: _____

ARTICLE VI REGISTERED AGENT

The name and Florida street address (P.O. Box NOT acceptable) of the registered agent is:

Name: CARMAN LAW FIRM, P.A.
Address: 5301 N. Federal Highway, Suite 160
Boca Raton, FL 33487

22 JUL -6 AM 3:09

ARTICLE VII INCORPORATOR

The name and address of the Incorporator is:

Name: DEBORAH A. CARMAN
Address: 5301 N. Federal Highway, Suite 160
Boca Raton, FL 33487

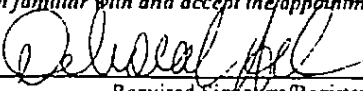
ARTICLE VIII EFFECTIVE DATE:

Effective date, if other than the date of filing: _____ (OPTIONAL.)

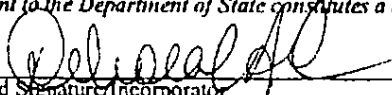
(If an effective date is listed, the date must be specific and cannot be more than five days prior or 90 days after the filing.)

Note: If the date inserted in this block does not meet the applicable statutory filing requirements, this date will not be listed as the document's effective date on the Department of State's records.

Having been named as registered agent to accept service of process for the above stated corporation at the place designated in this certificate, I am familiar with and accept the appointment as registered agent and agree to act in this capacity

 6/23/2022
Required Signature/Registered Agent Date

I submit this document and affirm that the facts stated herein are true. I am aware that the false information submitted in a document to the Department of State constitutes a third degree felony as provided for in s.817.155, F.S.

 6/23/2022
Required Signature/Incorporator Date