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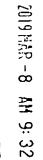
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TRANSMITTAL LETTER

TO: Amendment Section Division of Corporations

SUBJECT:

A.L. POST SURGERY & RECOVERY CORP.

DOCUMENT NUMBER:

P19000016973

The enclosed Articles of Amendment and fee are submitted for filing.

Please return all correspondence concerning this matter to the following:

MILKA HASKINS (Name of Person)

LEBRON ACCOUNTING SERVICE

(Name of Firm/ Company)

5116 N ARMENIA AVE (Address)

TAMPA, FL. 33603 (City/ State/ and Zip Code)

For further information concerning this matter, please call:

MILKA HASKINS

(813) 877-8918

(Name of Person)

(Area Code) & Daytime Telephone Number

Enclosed is a check for the following amount:

\$35 Filing Fee

\$43.75 Filing Fee &

Certificate of Status

\$43.75 Filing Fee & Certified Copy

(Additional copy is enclosed)

\$52.50 Filing Fee & Certificate of Status &

Certified Copy (Additional Copy is

enclosed)

Mailing Address

Amendment Section Division of Corporations P.O. Box 6327 Tallahassee, FL 32314 **Street Address**

Amendment Section Division of Corporations 409 E. Gaines Street Tallahassee, FL 32399

FILED

ARTICLES OF AMENDMENT 2019 MAR - 8 AM 9: 32

ARTICLES OF INCORPORATION

A.L. POST SURGERY & RECOVERY CORP.

Pursuant to the provisions of section 607.1006, Florida Statutes, this Florida profit corporation adopts the following articles of amendment to its articles of incorporation:

FIRST: Amendment(s) adopted: (indicate article number(s) being amended, added or deleted)

AMENDED- ARTICLE IV - CORPORATE CAPITALIZATION

- The maximum number of shares that this Corporation is authorized to have outstanding at any 4 1 time is SEVEN THOUSAND FIVE HUNDRED (7,500) shares of common stock, each share having the par value of ONE DOLLAR (\$1.00).
- 4.2 All holders of shares of common stock shall be identical with each other in every- respect and the holders of common shares shall be entitled to have unlimited voting rights on all shares and be entitled to one vote for each share on all matters on which Shareholders have the right to vote.
- 4.3 All holders of shares of common stock, upon the dissolution of the Corporation, shall be entitled to receive the net assets of the Corporation.
- 4.4 No holder of shares of stock of any class shall have any preemptive right to subscribe to or purchase any additional shares of any class, or any bonds or convertible securities of any nature; provided, however, that the Board of Director(s) may, in authorizing the issuance of shares of stock of any class, confer any preemptive right that the Board of Director(s) may deem advisable in connection with such issuance.
- 4.5 The Board of Director(s) of the Corporation may authorize the issuance from time to time of shares of its stock of any class, whether now or hereafter authorized, or securities convertible into shares of its stock of any class, whether now or hereafter authorized, for such consideration as the Board of Director(s) may deem advisable, subject to such restrictions or limitations, if any, as may be set forth in the bylaws of the Corporation.
- The Board of Director(s) of the Corporation may, by Restated Articles of Incorporation, classify or reclassify any un-issued stock from time to time by setting or changing the preferences, conversions or other rights, voting powers, restrictions, limitations as to dividends, qualifications, or term or conditions of redemption of the stock.

ADDED - ARTICLE IX- SHAREHOLDERS' RESTRICTIVE AGREEMENT - All of the shares of stock of this Corporation may be subject to a Shareholders' Restrictive Agreement containing numerous restrictions on the rights of shareholders of the Corporation and transferability of the shares of stock of the Corporation. A copy of the Shareholders' Restrictive Agreement, if any is on file at the principal office of the Corporation.

ADDED - ARTICLE X - POWERS OF CORPORATION - The Corporation shall have the same powers as an individual to do all things necessary or convenient to carry out its business and affairs, subject to any limitations or restrictions imposed by applicable law or these Articles of Incorporation.

ADDED - ARTICLE XI - TERM OF EXISTENCE - This Corporation shall have perpetual existence.

ADDED - ARTICLE XII - REGISTERED OWNER (S) - The Corporation, to the extent permitted by law, shall be entitled to treat the person in whose name any share or right is registered on the books of the Corporation as the owner thereto, for all purposes, and except as may be agreed in writing by the Corporation, the Corporation shall not be bound to recognize any equitable or other claim to, or interest in, such share or right on the part of any other person, whether or not the Corporation shall have notice thereof.

ADDED - ARTICLE XIII - BYLAWS - The Board of Director(s) of the Corporation shall have power without the assent or vote of the shareholders, to make, alter, amend or repeal the Bylaws of the Corporation, but the affirmative vote of a number of Directors equal to a majority of the number who would constitute a full Board of Director(s) at the time of such action shall be necessary to take any action for the making, alteration, amendment or repeal of the Bylaws.

ADDED - ARTICLE XIV - EFFECTIVE DATE - These Articles of Incorporation shall be effective immediately upon approval of the Secretary of State, State of Florida.

ADDED - ARTICLE XV - AMENDMENT - The Corporation reserves the right to amend, alter, change or repeal any provision contained in these Articles of Incorporation, or in any amendment hereto, or to add any provision to these Articles of Incorporation or to any amendment hereto, in any manner now or hereafter prescribed or permitted by the provisions of any applicable statute of the State of Florida, and alt rights conferred upon shareholders in these Articles of Incorporation or any amendment hereto are granted subject to this reservation.

ADDED - ARTICLE XVI - INDEMNIFICATION - The Corporation shall indemnify a director or officer of the Corporation who was wholly successful, on the merits or otherwise, in the defense of any proceeding to which the director or officer was a party because the director or officer is or was a director or officer of the Corporation against reasonable attorney fees and expenses incurred by the director or officer in connection with the proceeding. The Corporation may indemnify an individual made a party to a proceeding because the individual is or was a director, officer, employee or agent of the Corporation against liability if authorized in the specific case after determination, in the manner required by the board of directors, that indemnification of the director, officer, employee or agent, as the case may be, is permissible in the circumstances because the director, officer, employee or agent has met the standard of conduct set forth by the board of directors. The indemnification and advancement of attorney fees and expenses for directors, officers, employees and agents of the Corporation shall apply when such persons are serving at the Corporation's request white a director, officer, employee or agent of the Corporation, as the case may be, as a director, officer, partner, trustee, employee or agent of another foreign or domestic Corporation, partnership, joint venture, trust, employee benefit plan or other enterprise, whether or not for profit, as well as in their official capacity with the Corporation. The Corporation also may pay for or reimburse the reasonable attorney fees and expenses incurred by a director, officer, employee or agent of the Corporation who is a party to a proceeding in advance of final disposition of the proceeding. The Corporation also may purchase and maintain insurance on behalf of an individual arising from the individual's status as a director, officer, employee or agent of the Corporation, whether or not the Corporation would have power to indemnify the individual against the same liability under the law. All references in these Articles of Incorporation are deemed to include any amendment or successor thereto. Nothing contained in these Articles of Incorporation shall limit or preclude the exercise of any right relating to indemnification or advance of attorney fees and expenses to any person who is or was a director, officer, employee or agent of the Corporation or the ability of the Corporation otherwise to indemnify or advance expenses to any such person by contract or in any other manner. If any word, clause or sentence of the foregoing provisions regarding indemnification or advancement of the attorney fees or expenses shall be held invalid as contrary to law or public policy, it shall be severable and the provisions remaining shall not be otherwise affected. AU references in these Articles of Incorporation to "director", "officer", "employee" and "agent" shall include the heirs, estates, executors, administrators and personal representatives of such persons.

ADDED - ARTICLE XVII_- SUB-CHAPTER S CORPORATION - The Corporation may elect to be an S Corporation, as provided in **Sub-Chapter** S of the Internal Revenue Code of 1986, as amended.

- 17.1 The shareholders of this Corporation may elect and, if elected, shall continue such election to be an S Corporation as provided in Sub-Chapter S of the Internal Revenue Code of 1986, as amended, unless the shareholders of the Corporation unanimously agree otherwise in writing.
- 17.2 After this Corporation has elected to be an S Corporation, none of the shareholders of this Corporation, without the written consent of alt the shareholders of this Corporation shall take any action, or make any transfer or other disposition of the shareholders' shares of stock in the Corporation, which wilt result in the termination or revocation of such election to be an S Corporation, as provided in Subchapter S of the Internal Revenue Code of 1986, as amended.
- 17.3 Once the Corporation has elected to be an S Corporation, each share of stock issued by this Corporation shall contain the following legend:

"The shares of stock represented by this certificate cannot be transferred if such transfer would void the election of the Corporation to be taxed under Sub-Chapter S of the Internal Revenue Code of 1986, as amended.

SECOND: The date of each amendment's adoption: 20th Day of February, 2019

AMENDED

ARTICLE IV - CORPORATE CAPITALIZATION

ADDED

ARTICLE IX - SHAREHOLDERS' RESTRICTIVE AGREEMENT

ARTICLE X - POWERS OF CORPORATION

ARTICLE XI - TERM OF EXISTENCE

ARTICLE XII - REGISTERED OWNER (S)

ARTICLE XIII - BYLAWS

ARTICLE XIV -- EFFECTIVE

ARTICLE XV - AMENDMENT

ARTICLE XVI – INDEMNIFICATION

ARTICLE XVII - SUB-CHAPTER S CORPORATION

THIRD: The Amendments were approved by the shareholders. The number of votes cast for the amendments were sufficient for approval.

Signed this 20th Day of February, 2019

Signature:

Anisley Lanza, President