Electronic Articles of Incorporation For

P18000018529 FILED February 23, 2018 Sec. Of State

ESSENTIAL RECOVERY

The undersigned incorporator, for the purpose of forming a Florida profit corporation, hereby adopts the following Articles of Incorporation:

Article I

The name of the corporation is:

ESSENTIAL RECOVERY

Article II

The principal place of business address:

8033 BISCAYNE BLVD. MIAMI, . 33138

The mailing address of the corporation is:

235 SIDONIA AVE 218 MIAMI, . 33134

Article III

The purpose for which this corporation is organized is:

FITNESS AND WELLNESS RECOVERY STRETCHING SPORTS MASSAGE

Article IV

The number of shares the corporation is authorized to issue is:

10

Article V

The name and Florida street address of the registered agent is:

LAZARO ALFONSO 235 SIDONIA AVE 218 MIAMI, FL. 33134

I certify that I am familiar with and accept the responsibilities of registered agent.

Registered Agent Signature: LAZARO ALFONSO

Article VI

The name and address of the incorporator is:

LAZARO ALFONSO 235 SIDONIA AVE 218 33134 P18000018529 FILED February 23, 2018 Sec. Of State dlokeefe

Electronic Signature of Incorporator: LAZARO ALFONSO

I am the incorporator submitting these Articles of Incorporation and affirm that the facts stated herein are true. I am aware that false information submitted in a document to the Department of State constitutes a third degree felony as provided for in s.817.155, F.S. I understand the requirement to file an annual report between January 1st and May 1st in the calendar year following formation of this corporation and every year thereafter to maintain "active" status.

Article VII

The effective date for this corporation shall be:

03/01/2018