

PI 70000/4069

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COR AMND/RESTATE/CORRECT OR O/D RESIGN
1 HEALTH & WELLNESS INC

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Articles of Amendment
to
Articles of Incorporation
of

1 Health And Wellness Inc

Florida Document Number: PI7000014069

Pursuant to the provisions of section 607.1006, Florida Statutes, this **Florida Profit Corporation** adopts the following amendment(s) to its Articles of Incorporation:

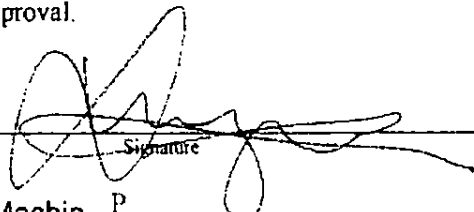
Remove Hany Garbey Machin as Owner of 1 Health and Wellness Inc located at

2511 W. Virginia Ave Ste D Tampa FL, 33607 and Add as new (P/R.A) Dr. Livino Lora Cruz

of 1 Health and Wellness Inc located at 2511 W. Virginia Ave STE D Tampa FL 33607

These articles of amendment were adopted on 09/11/2021

The corporation has only one group of voting stock. This amendment was approved by the shareholders and the number of votes cast for amendment was sufficient for approval.




Signature
Hany Garbey Machin - P

Printed Name and Title

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New Registered Agent's Signature, if changing Registered Agent:

I hereby accept the appointment as registered agent. I am familiar with and accept the obligations of the position.



Signature of New Registered Agent, if changing