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S. YOUNG

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COVER LETTER

TO: Amendment Section **Division of Corporations**

NAME OF CORPO	RATION: LIFE TIME SUPP	LEMENTS INC				
DOCUMENT NUMI	B1600072000		<u></u>			
The enclosed Articles	of Amendment and fee are su	bmitted for filing.				
Please return all corre	spondence concerning this ma	tter to the following:				
	VANESSA MOREIRA					
		Name of Contact Person	1			
	LIFE TIME SUPPLEMENTS INC					
		Firm/ Company				
	1040 CRYSTAL LAKE DRIVE #3					
	Address					
	POMPANO BEACII, FL 330	064				
		City/ State and Zip Code	2			
LIFE	TIMESUPPLEMENTSFL@C	MAIL.COM				
	•	sed for future annual report	notification)			
		·				
For further informatio	n concerning this matter, pleas	se call:				
JENNIFER MENDES		954 at (289-7565			
Name of Contact Person		Area Co	de & Daytime Telephone Number			
Enclosed is a check fo	r the following amount made	payable to the Florida Depa	artment of State:			
□ \$35 Filing Fee	S43.75 Filing Fee & Certificate of Status	☐\$43.75 Filing Fee & Certified Copy (Additional copy is enclosed)	□\$52.50 Filing Fee Certificate of Status Certified Copy (Additional Copy is enclosed)			
Mailing Address Amendment Section Division of Corporations P.O. Box 6327 Tallahassee, FL 32314		Amend Divisio Clifton	Address Iment Section on of Corporations Building Executive Center Circle			

Tallahassee, FL 32301

Articles of Amendment to Articles of Incorporation of

LIFE TIME SUPPLEMENTS INC (Name of Corporation as currently filed with the Florida Dept. of State) P16000073999 (Document Number of Corporation (if known) Pursuant to the provisions of section 607.1006, Florida Statutes, this Florida Profit Corporation adopts the following amendment(s) to its Articles of Incorporation: A. If amending name, enter the new name of the corporation: name must be distinguishable and contain the word "corporation," "company," or "incorporated" or the abbreviation "Corp.," "Inc.," or Co.," or the designation "Corp," "Inc," or "Co". A professional corporation name must contain the word "chartered," "professional association," or the abbreviation "P.A." B. Enter new principal office address, if applicable: (Principal office address <u>MUST BE A STREET ADDRESS</u>) C. Enter new mailing address, if applicable: (Mailing address MAY BE A POST OFFICE BOX) D. If amending the registered agent and/or registered office address in Florida, enter the name of the new registered agent and/or the new registered office address: Name of New Registered Agent (Florida street address) New Registered Office Address: (City) New Registered Agent's Signature, if changing Registered Agent: I hereby accept the appointment as registered agent. I am familiar with and accept the obligations of the position.

Signature of New Registered Agent, if changing

If amending the Officers and/or Directors, enter the title and name of each officer/director being removed and title, name, and address of each Officer and/or Director being added:

(Attach additional sheets, if necessary)

Please note the officer/director title by the first letter of the office title:

P = President; V = Vice President; T = Treasurer; S = Secretary; D = Director; TR = Trustee; C = Chairman or Clerk; CEO = Chief Executive Officer; CFO = Chief Financial Officer. If an officer/director holds more than one title, list the first letter of each office held. President, Treasurer, Director would be PTD.

Changes should be noted in the following manner. Currently John Doe is listed as the PST and Mike Jones is listed as the V. There is a change, Mike Jones leaves the corporation, Sally Smith is named the V and S. These should be noted as John Doe, PT as a Change, Mike Jones, V as Remove, and Sally Smith, SV as an Add.

Example: X Change	<u>PT</u>	John De	<u>oe</u>	
X Remove	<u>v</u>	Mike Jo	<u>ones</u>	
X Add	<u>sv</u>	Sally S	<u>mith</u>	
Type of Action (Check One)	<u>Title</u>		Name	Address
1) X Change	P		VANESSA MOREIRA	1040 CRYSTAL LAKE DRIVE #3
Add				POMPANO BEACH, FL 33064
Remove				
2) Change		_		
				
Remove				
3) Change				
Add				44.44
Remove				
4) Change	· · · · · · · · · · · · · · · · · · ·	_		
Add				
Remove				
5) Change				
Add				
Remove				
0 (11				
6) Change				
Add				-
Remove				

attach additional sheets, if necessary).	(Be specific)
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an amendment provides for an exch	ange, recrassmeation, or cancenation of issued shares, adment if not contained in the amendment itself:
an amendment provides for an exchorovisions for implementing the amer (if not applicable, indicate N/A)	ange, recrassification, or cancerlation of issued shares, adment if not contained in the amendment itself:
provisions for implementing the ame	ange, recrassification, or cancellation of issued shares, adment if not contained in the amendment itself:
provisions for implementing the ame	ange, recrassification, or cancertation of issued shares, adment if not contained in the amendment itself:
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f an amendment provides for an exch provisions for implementing the amer (if not applicable, indicate N/A)	ange, recrassmeation, or cancentation of issued shares, andment if not contained in the amendment itself:
provisions for implementing the ame	ange, recrassification, or cancertation of issued shares, andment if not contained in the amendment itself:

07/19/2017 The date of each amendment(s) adoption:	, if other than the
Effective date if applicable:	
(no more than 90) days after amendment file date)	
Note: If the date inserted in this block does not meet the applicable statutory filing requirements, this date widocument's effective date on the Department of State's records.	Il not be listed as the
Adoption of Amendment(s) (<u>CHECK ONE</u>)	
■ The amendment(s) was/were adopted by the shareholders. The number of votes cast for the amendment(s) by the shareholders was/were sufficient for approval.	
☐ The amendment(s) was/were approved by the shareholders through voting groups. The following statement must be separately provided for each voting group entitled to vote separately on the amendment(s):	
"The number of votes cast for the amendment(s) was/were sufficient for approval	
by" (voting group)	
(voling group)	
☐ The amendment(s) was/were adopted by the board of directors without shareholder action and shareholder action was not required.	
The amendment(s) was/were adopted by the incorporators without shareholder action and shareholder action was not required.	
Dated 07/19/2017 Signature	
(By a kirector, president or other officer – if directors or officers have not been selected by an incorporator – if in the hands of a receiver, trustee, or other court appointed fiduciary by that fiduciary)	
ENNIFER MENDES	
(Typed or printed name of person signing)	.,
P	
(Title of person signing)	