P160000 46151

(Re	equestor's Name)			
(Ac	idress)			
(Ac	ddress)			
(Ci	ty/State/Zip/Phone) #)		
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COVER LETTER

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TO: Amendment Sec Division of Corp				10 8 EB 10 FM 4. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.	
NAME OF CORPO	PRATION: ATHLETE GROV	VTH & FITNESS, INC		Control of the contro	
DOCUMENT NUM	P16000046151				
The enclosed Articles	s of Amendment and fee are su	bmitted for filing.		بير تير	
Please return all corre	espondence concerning this ma	tter to the following:			
	DAVID HIRSCH				
		Name of Contact Person	1	•	
	HIRSCH AND COMPANY	CPAS, INC			
		Firm/ Company	<u>. </u>		
	301 YAMATO ROAD SUITE 1130				
	Address				
BOCA RATON, FL 33431					
		City/ State and Zip Cod	Ľ	•	
	dorronfit@gmail.com				
	É-mail address: (to be u	sed for future annual report	notification)		
For further information	on concerning this matter, pleas	se call:			
DAVID HIRSCH		561 at (367 7371		
Name of Contact Person		Area Code & Daytime Telephone Numbe		r	
Enclosed is a check f	or the following amount made	payable to the Florida Depa	artment of State;		
■ \$35 Filing Fee	□\$43.75 Filing Fee & Certificate of Status	□S43.75 Filing Fee & Certified Copy (Additional copy is enclosed)	☐\$52.50 Filing Fee Certificate of Status Certified Copy (Additional Copy is enclosed)		
	ailing Address nendment Section		Address Iment Section		
	vision of Corporations	Division of Corporations			
). Box 6327		Building		
t a:	llahassee, FL 32314	2001 h	executive Center Circle		

Tallahassee, Fl. 32301

Articles of Amendment to Articles of Incorporation of

ATHLETE GROWTH AND FITNESS INC

(Name of Corporation as curren	tly filed with the Florida Dept. of State)	The Te	
P16000046151			
(Document Number	of Corporation (if known)	**************************************	
Pursuant to the provisions of section 607,1006, Florida Statutes, thi its Articles of Incorporation:	s Florida Profit Corporation adopts the follow	ring amendment(s) to	
A. If amending name, enter the new name of the corporation:			
FAMILY WELLNESS AND YOGA, INC		The new	
name must be distinguishable and contain the word "corporate "Corp.," "Inc.," or Co.," or the designation "Corp," "Inc," or word "chartered," "professional association," or the abbreviation	"Co". A professional corporation name mu-		
B. Enter new principal office address, if applicable:	4577 SAN FRATELLO CIRCLE		
(Principal office address MUST BE A STREET ADDRESS)	LAKE WORTH, FL 33467		
C. Enter new mailing address, if applicable: (Mailing address MAY BE A POST OFFICE BOX)	4577 SAN FRATELLO CIRCLE		
	LAKE WORTH, FL 33467		
D. If amending the registered agent and/or registered office ad new registered agent and/or the new registered office address			
(Florida :	street address)	_	
New Registered Office Address:	Florida	<u>-</u>	
	(City)	ip Code)	
New Registered Agent's Signature, if changing Registered Agent I hereby accept the appointment as registered agent. I am familia.		n.	
Signature of New	Rouistored Auent if changing	_	

If amending the Officers and/or Directors, enter the title and name of each officer/director being removed and title, name, and address of each Officer and/or Director being added:

(Attach additional sheets, if necessary)

Please note the officer/director title by the first letter of the office title:

 $P = President; \ V = Vice \ President; \ T = Treasurer; \ S = Secretary; \ D = Director; \ TR = Trustee; \ C = Chairman or Clerk; \ CEO = Chief Executive Officer; \ CFO = Chief Financial Officer. If an officer/director holds more than one title, list the first letter of each office held. President, Treasurer, Director would be PTD.$

Changes should be noted in the following manner. Currently John Doe is listed as the PST and Mike Jones is listed as the V. There is a change, Mike Jones leaves the corporation, Sally Smith is named the V and S. These should be noted as John Doe, PT as a Change, Mike Jones, V as Remove, and Sally Smith, SV as an Add.

Example: X Change	<u>PT</u>	John Doe	
X Remove	<u>V</u>	Mike Jones	
X Add	<u>sv</u>	Sally Smith	
Type of Action (Check One)	<u>Title</u>	<u>Name</u>	Address
1) X Change	P	DORRON BLUMBERG	4577 SAN FRATELLO CIRCLE
Add			LAKE WORTH, FL 33467
Remove			
2) Change	VP_	LEANNE WEINBROT	4577 SAN FRATELLO CIRCLE
XAdd			LAKE WORTH, FL 33467
Remove			
3) Change			
Add			
Remove			
4) Change			
Add			
Remove			
5) Change			
Add			
Remove			-
6) Change			
Add			
Remove			

	h <i>additional she</i>	ng additional Ar ets, if necessary)	. (Be specific	<u></u>			
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fan	amendment pro	ovides for an exc	change, reclass	ificat <u>ion, or c</u>	ancellation of	issued shares,	
prov	i <mark>sions for imple</mark> (if not applicable	ementing the and	<u>iendment if no</u>	t contained in	the amendme	<u>it itself:</u>	
	(1) погаррисат	c, manetae 1921)					
							<u> </u>
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The date of each amendment(s) adoptio date this document was signed.	n:	, if other than the
Effective date if applicable:		
	(no more than 90 days after amenda	nent file date)
Note: If the date inserted in this block of document's effective date on the Department		requirements, this date will not be listed as the
Adoption of Amendment(s)	(CHECK ONE)	
The amendment(s) was/were adopted by the shareholders was/were sufficient	y the shareholders. The number of votes ca t for approval.	st for the amendment(s)
	by the shareholders through voting groups, coting group entitled to vote separately on t	
"The number of votes east for the	amendment(s) was/were sufficient for appr	oval
by	(voting group)	""
	(voting group)	
☐ The amendment(s) was/were adopted baction was not required.	y the board of directors without shareholder	action and shareholder
☐ The amendment(s) was/were adopted baction was not required.	y the incorporators without shareholder acti	on and shareholder
01/14/2019		
Dated		
Cianatara	Jan 1	
Signature(By a director	, president or other officer - if directors or o	officers have not been
	n incorporator - if in the hands of a received	
appointed fid	uciary by that fiduciary)	
DOR	RON BLUMBERG	
	(Typed or printed name of person sign	ing)
	President	
	(Title of person signing)	