

**Electronic Articles of Incorporation
For**

P12000061928
FILED
July 16, 2012
Sec. Of State
psmith

AVID FIT AND WELLNESS INC

The undersigned incorporator, for the purpose of forming a Florida profit corporation, hereby adopts the following Articles of Incorporation:

Article I

The name of the corporation is:

AVID FIT AND WELLNESS INC

Article II

The principal place of business address:

305 63RD STREET
B
HOLMES BEACH, FL. US 34217

The mailing address of the corporation is:

305 63RD STREET
B
HOLMES BEACH, FL. US 34217

Article III

The purpose for which this corporation is organized is:

PROVIDE INDIVIDUALIZED FIT AND WELLNESS PLANS TO CUSTOMERS.
INCLUDING BUT NOT LIMITED TOO; EXERCISE AND NUTRITION.
ASSIST CUSTOMERS IN IMPLEMENTING THE ABOVE MENTIONED
PLANS.

Article IV

The number of shares the corporation is authorized to issue is:

2

Article V

The name and Florida street address of the registered agent is:

CAITLYNN A CROUCH
305 63RD STREET
B
HOLMES BEACH, FL. 34217

I certify that I am familiar with and accept the responsibilities of registered agent.

Registered Agent Signature: CAITLYNN CROUCH

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Article VI

The name and address of the incorporator is:

CAITLYNN CROUCH
305 63RD STREET
B
HOLMES BEACH, FL 34217

Electronic Signature of Incorporator: CAITLYNN CROUCH

I am the incorporator submitting these Articles of Incorporation and affirm that the facts stated herein are true. I am aware that false information submitted in a document to the Department of State constitutes a third degree felony as provided for in s.817.155, F.S. I understand the requirement to file an annual report between January 1st and May 1st in the calendar year following formation of this corporation and every year thereafter to maintain "active" status.

Article VII

The initial officer(s) and/or director(s) of the corporation is/are:

Title: CEO
CAITLYNN A CROUCH
305B 63RD STREET
HOLMES BEACH, FL. 34217 US

Title: BP
LORRENZO A WADE JR
305B 63RD STREET
HOLMES BEACH, FL. 34217 US

Article VIII

The effective date for this corporation shall be:

08/01/2012