

**Electronic Articles of Incorporation
For**

P11000094723
FILED
October 31, 2011
Sec. Of State
tburch

LIFESTYLES TRAINING AND NUTRITION INC.

The undersigned incorporator, for the purpose of forming a Florida profit corporation, hereby adopts the following Articles of Incorporation:

Article I

The name of the corporation is:

LIFESTYLES TRAINING AND NUTRITION INC.

Article II

The principal place of business address:

338A HARRIS ST
MARY ESTHER, FL. 32569

The mailing address of the corporation is:

338A HARRIS ST
MARY ESTHER, FL. 32569

Article III

The purpose for which this corporation is organized is:

ANY AND ALL LAWFUL BUSINESS.

Article IV

The number of shares the corporation is authorized to issue is:

1

Article V

The name and Florida street address of the registered agent is:

JOHN PAUL MARQUEZ
338A HARRIS ST
MARY ESTHER, FL. 32569

I certify that I am familiar with and accept the responsibilities of registered agent.

Registered Agent Signature: JOHN PAUL MARQUEZ

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Article VI

The name and address of the incorporator is:

JOHN PAUL MARQUEZ
338A HARRIS ST

MARY ESTHER FL. 32569

Electronic Signature of Incorporator: JOHN PAUL MARQUEZ

I am the incorporator submitting these Articles of Incorporation and affirm that the facts stated herein are true. I am aware that false information submitted in a document to the Department of State constitutes a third degree felony as provided for in s.817.155, F.S. I understand the requirement to file an annual report between January 1st and May 1st in the calendar year following formation of this corporation and every year thereafter to maintain "active" status.

Article VII

The initial officer(s) and/or director(s) of the corporation is/are:

Title: CEO
JOHN PAUL MARQUEZ
338A HARRIS ST
MARY ESTHER, FL. 32569 US

Article VIII

The effective date for this corporation shall be:

10/30/2011