

P11000060228

(Requestor's Name)

(Address)

(Address)

(City/State/Zip/Phone #)

☐ PICK-UP ☐ WAIT ☐ MAIL

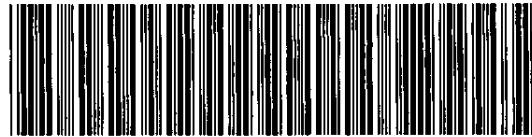
(Business Entity Name)

(Document Number)

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SECRETARY OF STATE  
TALLAHASSEE, FLORIDA

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NOV 9 2012

T. LEWIS

**TRANSMITTAL LETTER**

**TO:** Amendment Section  
Division of Corporations

**SUBJECT:** Total Health and Wellness, Inc.

(Name of Corporation)

**DOCUMENT NUMBER:** P11000060228

The enclosed Officer/Director Resignation for a Corporation and fee are submitted for filing.

Please return all correspondence concerning this matter to the following:

**Rashida Biggs**

(Name of Person)

(Name of Firm/Company)

**19680 NW 82nd Ct**

(Address)

**Miami, FL 33015**

(City/State and Zip Code)

For further information concerning this matter, please call:

**Rashida Biggs**

(Name of Person)

at **(305) 218-4529**

(Area Code & Daytime Telephone Number)

Enclosed is a check for \$35.00 made payable to the Florida Department of State.

**Mailing Address:**

Amendment Section  
Division of Corporations  
P.O. Box 6327  
Tallahassee, FL 32314

**Street Address:**

Amendment Section  
Division of Corporations  
409 E. Gaines Street  
Tallahassee, FL 32399

**OFFICER / DIRECTOR RESIGNATION  
FOR A CORPORATION**

**FILED**

2012 NOV -7 PM 4:34

SECRETARY OF STATE  
TALLAHASSEE, FLORIDA

I, Rashida Biggs, hereby resign as CEO  
(Title)

of Total Health and Wellness, Inc  
(Name of Corporation)

P11000060228, a corporation organized under the laws of the State of  
(Document Number, if known)

Florida

  
(Signature of resigning officer/director)

**FILING FEE IS \$35.00**

**Make checks payable to Florida Department of State and mail to:**

Amendment Section  
Division of Corporations  
P.O. Box 6327  
Tallahassee, Florida 32314