

**Electronic Articles of Incorporation  
For**

P10000041139  
FILED  
May 12, 2010  
Sec. Of State  
rdunlap

SPECIALIZED WORKOUTS AND TRAINING INCORPORATED

The undersigned incorporator, for the purpose of forming a Florida profit corporation, hereby adopts the following Articles of Incorporation:

**Article I**

The name of the corporation is:

SPECIALIZED WORKOUTS AND TRAINING INCORPORATED

**Article II**

The principal place of business address:

17817 71ST LANE N.  
LOXAHATCHEE, FL. US 33470

The mailing address of the corporation is:

17817 71ST LANE N.  
LOXAHATCHEE, FL. US 33470

**Article III**

The purpose for which this corporation is organized is:

TO PROVIDE EDUCATION AND INSTRUCTION REGARDING PERSONAL HEALTH, PHYSICAL FITNESS, AND OVERALL WELLNESS THROUGH SPECIALIZED WORK-OUTS AND TRAINING.

**Article IV**

The number of shares the corporation is authorized to issue is:

3

**Article V**

The name and Florida street address of the registered agent is:

SHANNON M HENNESSY  
17817 71ST LANE N.  
LOXAHATCHEE, FL. 33470

I certify that I am familiar with and accept the responsibilities of registered agent.

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Registered Agent Signature: SHANNON HENNESSY

### **Article VI**

The name and address of the incorporator is:

SHANNON HENNESSY  
17817 71ST LANE N.

LOXAHATCHEE, FL 33470

Incorporator Signature: SHANNON HENNESSY

### **Article VII**

The initial officer(s) and/or director(s) of the corporation is/are:

Title: P  
SHANNON M HENNESSY  
17817 71ST LANE N.  
LOXAHATCHEE, FL. 33470 US

Title: VP  
RICHARD HENNESSY  
17817 71ST LANE N.  
LOXAHATCHEE, FL. 33470 US

Title: VP  
BONNIE M HENNESSY  
17817 71ST LANE N.  
LOXAHATCHEE, FL. 33470 US