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SECRETARY OF STATE  
TALLAHASSEE, FLORIDA

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ARTICLES OF INCORPORATION

OF

SAUNA HEALTH SYSTEMS, INC.

ARTICLE 1: NAME AND MAILING ADDRESS

The name of this Corporation is SAUNA HEALTH SYSTEMS, INC., and its principal office or mailing address is 22071 US Highway 19 North, Clearwater, Florida 33765.

ARTICLE 2: DURATION

This Corporation shall exist perpetually, commencing as of the date of acceptance and filing of these Articles by the Secretary of State of the State of Florida.

ARTICLE 3: PURPOSE

This Corporation is organized for the purpose of transacting any and all lawful business.

ARTICLE 4: CAPITAL STOCK

This Corporation is authorized to issue 3,000,000 shares of \$0.01 par value common stock.

ARTICLE 5: INITIAL REGISTERED OFFICE AND AGENT

The street address of the initial registered office of this Corporation is 22071 US Highway 19 North, Clearwater, Florida 33765, and the name of the initial registered agent is Daniel Lorch.

ARTICLE 6: INITIAL BOARD OF DIRECTORS

This Corporation initially shall have three directors. The number of directors may be either increased or diminished from time to time as provided in the Bylaws but shall never be less than one. The names and addresses of the initial directors of this Corporation are:

<u>NAME</u>	<u>ADDRESS</u>
Daniel Lorch	311 Jefferson Avenue North, Clearwater, Florida 33755
Brett Miller	500 N. Osceola Avenue, #PH.G, Clearwater, Florida 33755
Craig Ferreira	24133 Del Monte Drive #197, Valencia, CA 91355

Prepared by:  
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ARTICLE 7: INCORPORATOR

The name and address of the incorporator signing these Articles is:

NAME

ADDRESS

Daniel Lorch

311 Jefferson Avenue North, Clearwater, Florida 33755

ARTICLE 8: PREEMPTIVE RIGHTS

Each holder of the common stock of this Corporation shall have the first right (subject to adjustments to avoid the issuance of fractional shares) to purchase shares of any other securities that this Corporation may issue from time to time, whether or not such shares are presently authorized, including shares from the treasury of this Corporation, in the ratio that the number of shares of common stock held by such shareholder at the time of issue then bears to the total number of shares of common stock then outstanding. This right is waived by any holder of the common stock who does not exercise it and pay for the stock available for purchase pursuant to such preemptive rights, within 30 days of his receipt of a written notice from this Corporation inviting him to exercise such right.

ARTICLE 9: INDEMNIFICATION

The Corporation shall indemnify any officer or director, or any former officer or director, to the full extent permitted by law.

ARTICLE 10: BYLAWS


The initial Bylaws shall be adopted by the Board of Directors. The power to alter, amend or repeal the Bylaws or adopt new Bylaws is vested in the Board of Directors, subject to repeal or change by action of the shareholders.

ARTICLE 11: AMENDMENT

This Corporation reserves the right to amend or repeal any provisions contained in these Articles of Incorporation, or any amendment thereto, and any right conferred upon the shareholders is subject to this reservation.

IN WITNESS WHEREOF, the undersigned has executed these Articles of Incorporation this

2 day of JANUARY, 2009

  
Daniel Lorch

"Incorporator"

SECRETARY OF STATE  
TALLAHASSEE, FLORIDA

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