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COVER LETTER

TO: Amendment Section Division of Corporations

NAME OF CORPO	RATION: The Mindful Healt	h Oragnization, INC	
DOCUMENT NUM	P08000005376		
The enclosed Articles	s of Amendment and fee are su	bmitted for filing.	
Please return all corre	espondence concerning this ma	tter to the following:	
	Valerie Stec		
		Name of Contact Person	1
	THE MINDFUL HEALT	TH ORAGNIZATION . T	NC
		Finn/ Company	
	865 91 ST. AVE. NORT		
		Address	
	NAPLES, FL 34108		
		City/ State and Zip Cod	e
	E-mail address: (to be us	sed for future annual report	notification)
For further information	on concerning this matter, pleas	se call:	
W. L. * C.			
Valerie Stec		at (de & Daytime Telephone Number
Name	of Contact Person	Area Co	de & Daytime Telephone Number
Enclosed is a check f	or the following amount made	payable to the Florida Depa	artment of State:
☐ \$35 Filing Fee	■\$43.75 Filing Fee & Certificate of Status	□S43.75 Filing Fee & Certified Copy (Additional copy is enclosed)	☐S52.50 Filing Fee Certificate of Status Certified Copy (Additional Copy is enclosed)
An Div P.C	niling Address nendment Section Pision of Corporations D. Box 6327 Hahassee, FL 32314	Ameno Divisio Clifton	Address Iment Section on of Corporations Building executive Center Circle

Tallahassee, FL 32301

Articles of Amendment to Articles of Incorporation of

The Mindful Health Oragnization, INC	
(Name of Corporation as curren	tly filed with the Florida Dept. of State)
P08000005326	
(Document Number	of Corporation (if known)
Pursuant to the provisions of section 607.1006, Florida Statutes, this its Articles of Incorporation:	s Florida Profit Corporation adopts the following amendment(s) t
A. If amending name, enter the new name of the corporation:	
The Mindful Health Organization, INC	The _new
name must be distinguishable and contain the word "corporati "Corp.," "Inc.," or Co.," or the designation "Corp," "Inc," or word "chartered," "professional association," or the abbreviation	"Co". A professional corporation name must contain the
B. Enter new principal office address, if applicable:	865- 867 91st. Ave. North
(Principal office address MUST BE A STREET ADDRESS)	The new ontain the word "corporation," "company," or "incorporated" or the abbreviation gnation "Corp," "Inc," or "Co". A professional corporation name must contain the iation," or the abbreviation "P.A." 865-867 91st. Ave. North Naples, FL 34108 Plicable: TOFFICE BOX) 865-867 91st. Ave. North Naples, FL 34108
	<u> </u>
C. Enter new mailing address, if applicable: (Mailing address MAY BE A POST OFFICE BOX)	865-867 91st. Ave. North
	Naples, FL 34108
D. If amending the registered agent and/or registered office ad- new registered agent and/or the new registered office addre	dress in Florida, enter the name of the
Name of New Registered Agent	<u></u>
Name try New Registered Agent	
(Florida s	street address)
New Provintennal Officer Addresses	Florida
New Registerea Office Address.	Registered Office Address:, Florida
New Registered Agent's Signature, if changing Registered Ager	<u>nt:</u>
I hereby accept the appointment as registered agent. I am familian	r with and accept the obligations of the position.
Signature of New	Registered Agent, if changing

If amending the Officers and/or Directors, enter the title and name of each officer/director being removed and title, name, and address of each Officer and/or Director being added:

(Attach additional sheets, if necessary)

Please note the officer/director title by the first letter of the office title:

P = President; V= Vice President; T= Treasurer; S= Secretary; D= Director; TR= Trustee; C = Chairman or Clerk; CEO = Chief Executive Officer; CFO = Chief Financial Officer. If an officer/director holds more than one title, list the first letter of each office held. President, Treasurer, Director would be PTD.

Changes should be noted in the following manner. Currently John Doe is listed as the PST and Mike Jones is listed as the V. There is a change, Mike Jones leaves the corporation, Sally Smith is named the V and S. These should be noted as John Doe, PT as a Change, Mike Jones V as Remove and Sally Smith. SV as an Add.

Mike Jones, V as Remove	, and Sal	ly Smith, SV as an Add.	
Example: X Change	<u>PT</u>	John Doc	
X Remove	$\underline{\mathbf{V}}$	Mike Jones	
X Add	<u>sv</u>	Sally Smith	
Type of Action (Check One)	<u>Title</u>	Name	<u>Addres</u> s
1) Change			
Add			
Remove			
2) Change			
Add			
Remove			
3) Change			
Add			
Remove			
4) Change			
Add			
Remove			
5) Change			
Add			
Remove			
6) Change			
Add			
Remove			

an amendment provides for an exchange, reclassification, or cancellation of issued shares, rovisions for implementing the amendment if not contained in the amendment itself: (If not applicable, indicate N/A)		cles, enter change(s) her (Be specific)		
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	7/19/2019	'e -ab ab ab
The date of each amendment(s) a date this document was signed.	doption:	, if other than th
	9/2019	
Effective date <u>if applicable</u> :	(no more than 90 days after amendment file date)	
Note: If the date inserted in this locument's effective date on the De	block does not meet the applicable statutory filing requirements, this date will epartment of State's records.	ll not be listed as th
Adoption of Amendment(s)	(<u>CHECK ONE</u>)	
The amendment(s) was/were ad by the shareholders was/were so	opted by the shareholders. The number of votes cast for the amendment(s) ifficient for approval.	
☐ The amendment(s) was/were ap must be separately provided for	proved by the shareholders through voting groups. The following statement each voting group entitled to vote separately on the amendment(s):	
"The number of votes cast	for the amendment(s) was/were sufficient for approval	
by	(voting group)	
·	(voting group)	
☐ The amendment(s) was/were ad action was not required.	opted by the board of directors without shareholder action and shareholder	
☐ The amendment(s) was/were ad action was not required.	opted by the incorporators without shareholder action and shareholder	
7/19/2019 Dated		
Signature	Leie A She LOW	
(By a	director, president or other officer – if directors or officers have not been ed, by an incorporator – if in the hands of a receiver, trustee, or other court	
	nted fiduciary by that fiduciary)	
	Valerie Stec	
	(Typed or printed name of person signing)	
	CEO	
	(Title of person signing)	···