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ONE WEEK, INC.

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9/25/2007

H07000238563 3

ARTICLES OF AMENDMENT TO ARTICLES OF INCORPORATION OF ONE WEEK, INC.

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SECRETARY OF STA

Pursuant to the provisions of Chapter 607 of the Florida Statutes and the Florida Business Corporation Act, the undersigned hereby provides the following amendment to the Articles of Incorporation of ONE WEEK, INC., a Florida corporation (the "Corporation") with the assigned Document Number of P07000023668.

 ARTICLE I of the Articles of Incorporation of ONE WEEK, INC. is amended to read as follows:

ARTICLE I - NAME

The name of this Corporation is PHASE DIETS, INC.

2. The foregoing amendment was adopted by the Shareholders and Directors of this Corporation on September 20, 2007.

IN WITNESS WHEREOF, the undersigned President of this corporation has executed

these Articles of Amendment on September

HAKAN JOHANSSON, President

Prepared By: McFarland, Gould, Lyons, Sullivan & Hogan, P.A. Gary W. Lyons, Esq. FBN: 0268186 311 S. Missouri-Avenue Clearwater, Fl 33756 (727) 461-1111