Electronic Articles of Incorporation For

P07000009423 FILED January 22, 2007 Sec. Of State dbrown

ROCK SOLID TRAINING AND FITNESS INC.

The undersigned incorporator, for the purpose of forming a Florida profit corporation, hereby adopts the following Articles of Incorporation:

Article I

The name of the corporation is:

ROCK SOLID TRAINING AND FITNESS INC.

Article II

The principal place of business address:

1919 NORTH STATE ROAD 7 108 MARGATE, FL. 33063

The mailing address of the corporation is:

1919 NORTH STATE ROAD 7 108 MARGATE, FL. 33063

Article III

The purpose for which this corporation is organized is: ANY AND ALL LAWFUL BUSINESS.

Article IV

The number of shares the corporation is authorized to issue is: 100

Article V

The name and Florida street address of the registered agent is:

PAUL D HESSING 6530 SW 8TH STREET N. LAUDERDALE, FL. 33068 I certify that I am familiar with and accept the responsibilities of registered agent.

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Registered Agent Signature: PAUL D. HESSING

Article VI

The name and address of the incorporator is:

PAUL D. HESSING 6530 SW 8TH STREET

N. LAUDERDALE, FL 33068

Incorporator Signature: PAUL D. HESSING

Article VII

The initial officer(s) and/or director(s) of the corporation is/are:

Title: P PAUL D HESSING 6530 SW 8TH STREET N. LAUDERDALE, FL. 33068

Article VIII

The effective date for this corporation shall be:

01/20/2007