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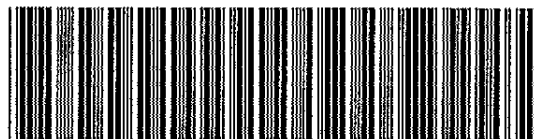
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06 MAR 20 PM 4:39
SECRETARY OF STATE
TALLAHASSEE FLORIDA

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DEAN J. TRANTALIS
ATTORNEY AT LAW

2255 WILTON DRIVE
WILTON MANORS, FLORIDA 33305
PHONE (954) 566-2226
FAX (954) 566-2248
E-MAIL: DEAN@TRANTALIS.COM

March 14, 2006

Department of State
Division of Corporations
Corporate Filings
P.O. Box 6327
Tallahassee, FL 32314

RE: Optimal Health Institute, Inc.

Dear Sir/Madam:

We respectfully request that you register this new incorporation with your office. Please find the following enclosed:

1. Articles of Incorporation
2. Certificate of Domicile and Naming of Agent

Also enclosed is our check for \$70.00, which represents payment for filing, and a self addressed, postage paid return envelope for your convenience.

If you have any questions, please do not hesitate to contact our office.

Thank you for your assistance.

Very truly yours,


Brett LaGrow
Legal Assistant

enclosures

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06 MAR 20 PM 4:39

SECRETARY OF STATE
TALLAHASSEE FLORIDA

ARTICLES OF INCORPORATION
of
OPTIMAL HEALTH INSTITUTE, INC.

THE UNDERSIGNED, being of legal age and natural person, does hereby subscribe to, acknowledge and file the following Articles of Incorporation for the purpose of creating a Corporation under the laws of the State of Florida.

ARTICLE I

The name of this Corporation shall be OPTIMAL HEALTH INSTITUTE, INC.

ARTICLE II

THIS Corporation may engage in any activity or business permitted under the Laws of the State of Florida.

ARTICLE III

The capital stock authorized, the par value thereof, and characteristics of such stock shall be as follows:

All of said stock should be payable in cash, property, real or personal, labor of services in lieu of cash, at a just valuation to be fixed by the Board of Directors of this Corporation. The payment thereof does not have to be at the time of issuance, provided that said shares are subject to calls thereon until the while consideration therefrom shall have been paid. There shall be 1,000 shares of stock at the initial authorized number of shares at no par value.

ARTICLE IV

The amount of capital stock which this Corporation shall commence business shall not be less than Five Hundred and No/100 (\$500.00) Dollars.

ARTICLE V

The Registered Office and the Registered Agent for services in the State of Florida shall be Dean J Trantalis, Esq., 2255 Wilton Drive, Wilton Manors, FL 33305.

The principal office of this Corporation shall be located at 1951 NE 2nd Avenue, #106, Wilton Manors, FL 33305.

The Board of Directors may vote from time to time to move the post office address and principal office to any other address in the State of Florida.

ARTICLE VI

This Corporation shall have no less than one (1) nor more than three (3) directors. The number of directors may be altered from time to time by the Bylaws adopted by the stockholders. The name and post office address of the Officers and Directors are:

<u>NAME</u>	<u>ADDRESS</u>	<u>OFFICE</u>
John Gerard Bouffard	1951 NE 2 nd Avenue #106 Wilton Manors, FL 33305	President / Vice President Secretary / Treasurer

The members of the first Board of Directors shall hold office until the first annual meeting of the stockholders of this Corporation.

ARTICLE VII

After incorporation, the Corporation may adopt a plan to and consistent with section 1244 of the Internal Revenue in connection with offering the stock of the Corporation.

ARTICLE VIII

These Articles of Incorporation may be amended in the manner in the Florida Statutes, or any successor provisions in said Statutes. Every amendment shall be approved by the Board of Directors, then proposed by them to the stockholders and approved at a stockholders' meeting by a majority of the stock entitled to vote thereon. However, in lieu of the above-described procedure, an amendment may be made by a written instrument signed by all of the directors and stockholders of the Corporation.

THE UNDERSIGNED being the original subscriber to these Articles of Incorporation for the purpose of forming a Corporation to do business within the State of Florida, does hereby make and file these Articles of Incorporation hereby declaring and certifying that the facts herein stated are true and accordingly have hereunto set my hand and Seal this 14th day of March, 2006.



DEAN J. TRANTALIS, ESQ., Incorporator
2255 Wilton Drive
Wilton Manors, FL 33305
(954) 566-2226

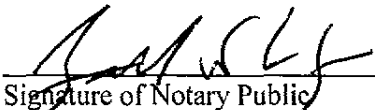
STATE OF FLORIDA }
COUNTY OF BROWARD }

BEFORE ME, the undersigned authority, personally appeared DEAN J. TRANTALIS, ESQ., to me known to be the person described as the subscriber in the forgoing Articles of Incorporation, and he/she acknowledged before me that he/she subscribed to and executed said Articles this 14th day of March, 2006.

SEAL:



Brett W LaGrow
My Commission DD185873
Expires February 20, 2007



Signature of Notary Public
Brett W. LaGrow

Name of Notary Public

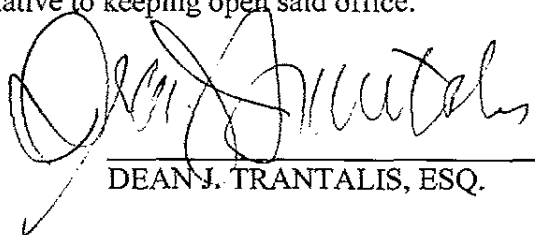
**CERTIFICATE DESIGNATING PLACE OF BUSINESS OR DOMICILE
FOR THE SERVICE OF PROCESS WITHIN THIS STATE, NAMING
AGENT UPON WHOM PROCESS MAY BE SERVED**

In pursuance of Chapter 48.091, Florida Statutes, the following is submitted in compliance with said Act:

First, that OPTIMAL HEALTH INSTITUTE, INC. desiring to organize under the laws of the State of Florida with it's principal office, as designated in the Articles of Incorporation at the City of Fort Lauderdale, County of Broward, and State of Florida, has named Dean J Trantalis, Esq., located at 2255 Wilton Drive, Wilton Manors, FL 33305, as its agent to accept service of process within this State.

ACKNOWLEDGMENT

Having been named to accept service of process for the above-stated Corporation, at the place designated in this certificate, I hereby accept to act in this capacity, and agree to comply with the provisions of said act relative to keeping open said office.



DEAN J. TRANTALIS, ESQ.

**CERTIFICATE DESIGNATING PLACE OF BUSINESS OR DOMICILE
FOR THE SERVICE OF PROCESS WITHIN THIS STATE, NAME
AGENT UPON WHOM PROCESS MAY BE SERVED**

FILED

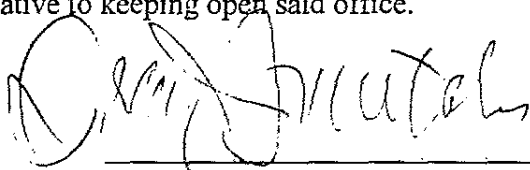
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DEAN J. TRANTALIS, ESQ.