

**Electronic Articles of Incorporation
For**

P05000124900
FILED
September 09, 2005
Sec. Of State
bmcknight

OPTIMAL HEALTH & FITNESS, INC.

The undersigned incorporator, for the purpose of forming a Florida profit corporation, hereby adopts the following Articles of Incorporation:

Article I

The name of the corporation is:

OPTIMAL HEALTH & FITNESS, INC.

Article II

The principal place of business address:

2138 W. BUSCH BOULEVARD
TAMPA, FL. US 33612

The mailing address of the corporation is:

2138 W. BUSCH BOULEVARD
TAMPA, FL. US 33612

Article III

The purpose for which this corporation is organized is:

ANY AND ALL LAWFUL BUSINESS.

Article IV

The number of shares the corporation is authorized to issue is:

1000

Article V

The name and Florida street address of the registered agent is:

NELSON CAPORICE
1506 E. DR MARTIN L KING BLVD
TAMPA, FL. 33610

I certify that I am familiar with and accept the responsibilities of registered agent.

P05000124900
FILED
September 09, 2005
Sec. Of State
bmcknight

Registered Agent Signature: NELSON CAPORICE

Article VI

The name and address of the incorporator is:

CREGORY BOATWRIGHT
P O BOX151171

TAMPA, FL 33684

Incorporator Signature: CREGORY BOATWRIGHT

Article VII

The initial officer(s) and/or director(s) of the corporation is/are:

Title: P
CREGORY BOATWRIGHT
2138 W BUSCH BOULEVARD
TAMPA, FL. 33612 US

Article VIII

The effective date for this corporation shall be:

09/01/2005