

POS000094171

(Requestor's Name)

(Address)

(Address)

(City/State/Zip/Phone #)

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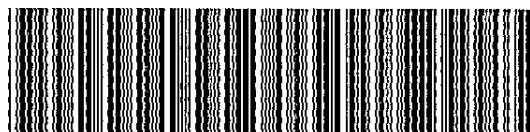
(Business Entity Name)

(Document Number)

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SECRETARY OF STATE
DIVISION OF CORPORATIONS
05 OCT 13 PM 2:10

B. McKnight OCT 18 2005

COVER LETTER

TO: Amendment Section
Division of Corporations

SUBJECT: Florida Workout, Inc.
(Name of Corporation)

DOCUMENT NUMBER: P05000094171

The enclosed Officer/Director Resignation for a Corporation and fee are submitted for filing.

Please return all correspondence concerning this matter to the following:

Chris Hinton
(Name of Person)

Florida Workout, Inc.
(Name of Firm/Company)

209 N. Chase Ct.
(Address)

Altamonte Springs, FL 32714
(City/State and Zip Code)

For further information concerning this matter, please call:

Chris Hinton at (407) 334-5632
(Name of Person) (Area Code & Daytime Telephone Number)

Enclosed is a check for \$35.00 made payable to the Florida Department of State.

Street Address:
Amendment Section
Division of Corporations
Clifton Building
2661 Executive Center Circle
Tallahassee, FL 32301

Mailing Address:
Amendment Section
Division of Corporations
Post Office Box 6327
Tallahassee, FL 32314

**OFFICER / DIRECTOR RESIGNATION
FOR A CORPORATION**

I, Christopher Hinton, hereby resign as Director (V.P.)
(Title)

of Florida Workout, Inc.
(Name of Corporation)

P05000094171, a corporation organized under the laws of the State of
(Document Number, if known)
Florida

Christopher E. Hinton
(Signature of resigning officer/director)

FILING FEE IS \$35.00

Make checks payable to Florida Department of State and mail to:

Amendment Section
Division of Corporations
P.O. Box 6327
Tallahassee, Florida 32314

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DIVISION OF CORPORATIONS
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