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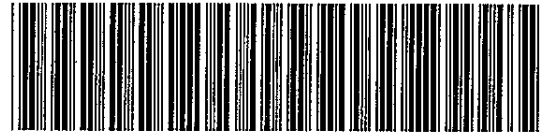
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12-17

Alisa W. James, P.A.

Attorney and Counsellor at Law

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Panama City, FL 32401

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December 14, 2004

SECRETARY OF STATE,

Division of Corporations

P.O. Box 6327

Tallahassee, FL 32314

**Re: THERAPUTIC BODYWORK & MASSAGE, INC.
and INDIVIDUAL & FAMILY COUNSELING SERVICES, INC.**

To Whom It May Concern:

Enclosed please find the original and one copy of the Articles of Incorporation for each of the above-named corporations along with a check for **\$175.00 (\$87.50 each)** which includes the \$70.00 filing fee, \$8.75 certification fee, and the \$8.75 fee for the certificate of status for each corporation. Please file the original Articles, certify the copies, and return the certified copies to our office in the enclosed self-addressed stamped envelope.

If you have any questions or need additional information, please call me.

Sincerely,



Amy Jacquay, Legal Assistant to:
Alisa W. James, Esq.

/aj

Enclosures: As stated

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TALLAHASSEE, FLORIDA

ARTICLES OF INCORPORATION
OF
INDIVIDUAL & FAMILY COUNSELING SERVICES, INC.

The undersigned, for the purpose of forming a corporation under the Florida Business Corporation Act, adopt the following articles of incorporation:

ARTICLE ONE
Name

The name of the corporation is: **INDIVIDUAL & FAMILY COUNSELING SERVICES, INC.**

ARTICLE TWO
Principal Office

The street address of the initial principal office of the corporation is **303 E. 7th Street, Panama City, FL 32401.**

ARTICLE THREE
Corporate Duration

The duration of the corporation is perpetual.

ARTICLE FOUR
Purpose or Purposes

The general purposes for which the corporation is organized are:

1. To provide counseling services.
2. To engage in any other trade or business which can, in the opinion of the board of directors of the corporation, be advantageously carried on in connection with or auxiliary to the foregoing business.
3. To do such other things as are incidental to the foregoing or necessary or desirable in order to accomplish the foregoing.

ARTICLE FIVE
Capitalization

The aggregate number of shares which the corporation is authorized to issue is **1000**. Such shares shall be of a single class, and shall have a par value of One Cent (**\$0.01**) per share.

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ARTICLE SIX
Preemptive Rights

Each shareholder of this corporation shall have the first right to purchase shares of any class, kind or series of stock in this corporation that may from time to time be issued, whether or not presently authorized, including shares from the treasury of this corporation, in the ratio that the number of shares they hold at the time of issue bears to the total number of shares by any shareholder who does not exercise it and pay for the shares preempted within thirty (30) days of receipt of a notice in writing from the corporation, stating the prices, terms and conditions of the issue of shares, and inviting them to exercise their preemptive rights. This right may also be waived by affirmative written waiver submitted by the shareholder to the corporation within thirty (30) days of receipt of notice from the corporation.

ARTICLE SEVEN
Registered Office and Agent

The street address of the initial registered office of the corporation is **303 East 7th Street, Panama City, FL 32401**, mailing address is the same, and the name of its initial registered agent at such address is **Dixie Casford**.

ARTICLE EIGHT
Directors

The number of directors constituting the initial board of directors of the corporation is one (1). The name and address of each person who is to serve as a member of the initial board of directors is:

<u>Name</u>	<u>Address</u>
DIXIE CASFORD	303 E. 7 th Street Panama City, FL 32401

ARTICLE NINE
Incorporators

The name and address of the incorporators are:

<u>Name</u>	<u>Address</u>
DIXIE CASFORD	303 E. 7 th Street Panama City, FL 32401

Executed by the undersigned on this 13 day of December, 2004.



DIXIE CASFORD, President

STATE OF FLORIDA
COUNTY OF BAY

BEFORE ME, the undersigned authority, on this 13 day of December, 2004, personally appeared, DIXIE CASFORD, to me well known to be the person described in and who signed the foregoing, and acknowledged to me that he executed the same freely and voluntarily for the uses and purposes therein expressed, and who is personally known to me or who has produced
_____ as identification.

WITNESS my hand and official seal the date aforesaid.



Amy T. Jacquay
MY COMMISSION # DD124932 EXPIRES
July 19, 2006
BONDED THRU TROY FAIN INSURANCE, INC.

Amy Jacquay
NOTARY PUBLIC

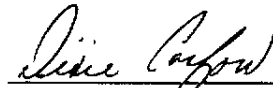
**CERTIFICATE OF DESIGNATION OF
REGISTERED AGENT AND REGISTERED OFFICE**

PURSUANT TO THE PROVISIONS OF SECTION 607.0501 OR 617.0501, FLORIDA STATUTES, THE UNDERSIGNED CORPORATION, ORGANIZED UNDER THE LAWS OF THE STATE OF FLORIDA, SUBMITS THE FOLLOWING STATEMENT IN DESIGNATING THE REGISTERED OFFICE/REGISTERED AGENT, IN THE STATE OF FLORIDA.

1. The name of the corporation is: **INDIVIDUAL & FAMILY COUNSELING SERVICES, INC.**
2. The name and address of the registered agent and office is:

DIXIE CASFORD
303 E. 7th Street
Panama City, FL 32401

Having been named as registered agent and to accept service of process for the above stated corporation at the place designated in this certificate, I hereby accept the appointment as registered agent and agree to act in this capacity. I further agree to comply with the provisions of all statutes relating to the proper and complete performance of my duties, and I am familiar with and accept the obligations of my position as registered agent.



DIXIE CASFORD, Registered Agent

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