


2006 FOR PROFIT CORPORATION ANNUAL REPORT (AR)

FILED
Sep 06, 2006 8:00 am
Secretary of State

09-06-2006 90035 028 ***150.00

DOCUMENT # P04000157713	
1. Entity Name FGF, INC.	

Principal Place of Business POST OFFICE BOX 7050 SEMINOLE FL 33775	Mailing Address POST OFFICE BOX 7050 SEMINOLE FL 33775
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2. Principal Place of Business 1126 90th Terr. N.	3. Mailing Address P.O. Box 7050
Suite, Apt. #, etc.	Suite, Apt. #, etc.

2nd MOORE CR2E034 (4/06)

City & State SEMINOLE, FL	City & State SEMINOLE FL
Zip 33772	Zip 33775
Country USA	Country USA

4. FEI Number 76-0772952	Applied For <input type="checkbox"/> Not Applicable
5. Certificate of Status Desired <input type="checkbox"/> \$8.75 Additional Fee Required	

6. Name and Address of Current Registered Agent	
HOFSTRA, PETER T 8640 SEMINOLE BOULEVARD SEMINOLE FL 33772	

7. Name and Address of New Registered Agent	
Name	
Street Address (P.O. Box Number is Not Acceptable)	
City	Zip Code
FL	

8. The above named entity submits this statement for the purpose of changing its registered office or registered agent, or both, in the State of Florida. I am familiar with, and accept the obligations of registered agent.

SIGNATURE _____ Signature, typed or printed name of registered agent and title if applicable. (NOTE: Registered Agent signature required when reinstating)

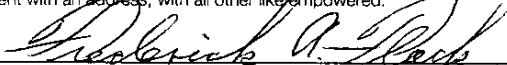
DATE _____

FILE NOW!!! FEE IS \$550.00 DUE BY September 6, 2006 Make Check Payable to Florida Department of State	S.607.193(2)(b), F.S., allows for the waiver of the \$400.00 late fee. By checking this box, the corporation certifies it did not receive prior notice. Fee to file is \$150.00. <input checked="" type="checkbox"/>	9. Election Campaign Financing Trust Fund Contribution. <input type="checkbox"/> \$5.00 May Be Added to Fees
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10. OFFICERS AND DIRECTORS	
TITLE NAME STREET ADDRESS CITY - ST - ZIP	P/D FLACK, FRED A POST OFFICE BOX 7050 SEMINOLE FL 33775 <input type="checkbox"/> Delete
TITLE NAME STREET ADDRESS CITY - ST - ZIP	V PRES ELON FLACK P.O. BOX 418 METER, GA. 30439 <input type="checkbox"/> Delete
TITLE NAME STREET ADDRESS CITY - ST - ZIP	SEC/TRES. VERONICA TAGG 1126 90th TERRACE N. SEMINOLE, FL 33772 <input type="checkbox"/> Delete
TITLE NAME STREET ADDRESS CITY - ST - ZIP	<input type="checkbox"/> Delete
TITLE NAME STREET ADDRESS CITY - ST - ZIP	<input type="checkbox"/> Delete
TITLE NAME STREET ADDRESS CITY - ST - ZIP	<input type="checkbox"/> Delete

11. ADDITIONS/CHANGES TO OFFICERS AND DIRECTORS IN 11	
TITLE NAME STREET ADDRESS CITY - ST - ZIP	<input type="checkbox"/> Change <input type="checkbox"/> Addition
TITLE NAME STREET ADDRESS CITY - ST - ZIP	<input type="checkbox"/> Change <input type="checkbox"/> Addition
TITLE NAME STREET ADDRESS CITY - ST - ZIP	<input type="checkbox"/> Change <input type="checkbox"/> Addition
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TITLE NAME STREET ADDRESS CITY - ST - ZIP	<input type="checkbox"/> Change <input type="checkbox"/> Addition

12. I hereby certify that the information supplied with this filing does not qualify for the exemptions contained in Chapter 119, Florida Statutes. I further certify that the information indicated on this report or supplemental report is true and accurate and that my signature shall have the same legal effect as if made under oath; that I am an officer or director of the corporation or the receiver or trustee empowered to execute this report as required by Chapter 607, Florida Statutes; and that my name appears in Block 10 or Block 11 if changed, or on an attachment with an address, with all other like empowered.

SIGNATURE:  **FREDERICK A. FLACK** 7/31/06

SIGNATURE AND TYPED OR PRINTED NAME OF SIGNING OFFICER OR DIRECTOR

Date Daytime Phone #

ATTACHMENT

Frederick's Gourmet Foods, Inc.
Annual Corporate Meeting
April 29, 2006

40102923

#P04000157713

The annual meeting of Frederick's Gourmet Foods, Inc. (FGF) was held on April 29, 2006. All members were in attendance.

The elections of officers was held. The results were unanimous and are as follows:

President: Frederick A. Flack

Vise Pres: Elon Flack

Secretary: Veronica Tagg

Financial Officer: Veronica Tagg

The president reviewed the activities of the last year and financial statement. Sales are on track to be ahead of last year. Expenses are at the expected rate.

OLD BUSINESS

We are continuing our advertising and participation in shows. We hope to add several new shows this year to expand the area for our products. We also want to hire representatives in new areas of the country, to expand our sales area.

We have a beautiful web site set up, and are currently adding more to it. This an on-going endeavor and is creating new interest.

NEW BUSINESS

We are currently looking into 1/2 gallon containers of our Salsa to meet several commercial locations that have shown a lot of interest. As of now, we are not quite ready to quote this price, but should be ready in the next few months.

There was no more new business. The meeting was adjourned.

Respectfully Submitted

Veronica Tagg
Veronica Tagg, Secretary