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ARTHUR J. CAPPELLA CERTIFIED PUBLIC ACCOUNTANT

TEL.: (561) 732-3113 FAX: (561) 732-1129 1100 S. FEDERAL HIGHWAY BOYNTON BEACH, FL 33435

AUGUST 15, 2003

STATE OF FLORIDA DIVISION OF CORPORATIONS P.O.BOX 6327 TALLAHASSEE, FLORIDA 32314

DEAR SIR:

ENCLOSED PLEASE FIND CHECK FOR \$78.50 FOR INCORPORATING LO CARB CHEF.NET, INC.

WHEN COMPLETED PLEASE RETURN TO:

ARTHUR J. CAPPELLA CERTIFIED PUBLIC ACCOUNTANT 1100 S. FEDERAL HIGHWAY BOYNTON BEACH. FL. 33435

THANKING YOU IN ADVANCE.

SINCERELY,

ARTHUR J. CAPPELLA, CPA

ENCL.

ARTICLES OF INCORPORATION

WE, THE UNDERSIGNED, hereby associate ourselves together for the purpose of becoming a corporation under the laws of the State of Florida providing for the formation, liability, rights, privileges and immunities of corporations for profit.

ON AUG 18 AM 4: 00

SEGRETALIA SALE STATE

ARTICLE I, NAME

The name of this corporation shall be:

LO CARB CHEF.NET, INC.

ARTICLE II, NATURE OF BUSINESS

This corporation may engage in any activity or business permitted under the laws of the United States and of the State of Florids.

ARTICLE III, CAPITAL STOCK

The maximum number of shares that this corporation is authorized to have outstanding at any time if Five Hundred (500) Shares of common stock, of One Dollar (\$1.00) par value.

ARTICLE IV, INITIAL CAPITAL

The amount of capital with which this Corporation will begin business will not be less than One Hundred (\$100.00) Dollars.

ARTICLE V, TERM OF EXISTENCE

The Corporation is to have perpetual existence.

ARTICLE VI, ADDRESS

The initial street address in the State of the principal Office of the Corporation shall be:

1100 S. FEDERAL HIGHWAY BOYNTON BEACH, FL. 33435

The Board of Directors may from time to time move the principal office to any other address in Florida.

ARTICLE VII. INITIAL BOARD OF DIRECTORS

This Corporation shall have one Director(s) initially.

The number of Directors may be either increased or diminished by the by-laws adopted by the shareholders but shall never be less than one. The name and address of the initial Director of this Corporation:

> GREGORY PRYOR 1100 S. FEDERAL HIGHWAY BOYNTON BEACH, FL. 33435

ARTICLE VIII. INCORPORATOR

The names and addresses of the Incorporators:

GREGORY PRYOR 1100 S. FEDERAL HIGHWAY BOYNTON BEACH, FL. 33435

ARTICLE IX. BY-LAWS

The power to adopt, alter, amend, or repeal by-laws shall be vested in the Board of Directors and Shareholders.

ARTICLE X. AMENDMENT

This Corporation reserves the right to amend or repeal any provisions contained in these Articles of Incorporation, or any amendment to them, and any right conferred upon the shareholder is subject to this reservation.

ARTICLE XI. SUB-CHAPTER S CORPORATION

This Corporation may be a Sub-Chapter S Corporation as defined by the Internal Revenue Code.

ARTICLE XII, REGISTERED AGENT AND REGISTERED OFFICE.

| THE REGISTERED AGENT GREGORY PRYOR | _LOCATED AT |
|---|-------------|
| 1100 S. FEDERAL HIGHWAY, BOYNTON BEACH, FL. 33435 | |
| ACCEPT THIS POSITION AS SIGNED BELOW: I HEREBY AM AND ACCEPT THE DUTIES AND RESPONSIBILITIES AS REGIFOR SAID CORPORATION. | |
| (GREGOR) PRYOR) | |
| THE REGISTERED OFFICE WILL, BE AT 1100 S. FEDERAL F | IIGHWAY, |
| BOYNTON BEACH, FL. 33435 | |
| GREGORY PRYOR | |

| IN WITNESS WHEREOF, the under incorporators, have hereinto set our 15th day of AUGUST, 200 forming this Corporation under the Land hereby make and file, in the of State of Florida, these Articles of that the facts herein stated are true. | hands and seals this for the purpose of sws of the State of Florida, fice of the Secretary of the Incorporation, and certify |
|---|--|
| | (GREGORY PRYOR) |
| SWORN TO AND SUBSCRIBED BEFORE ME THIS day of | |
| | Notary Public |