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SECRETARY OF STATE
TALLAHASSEE, FLORIDA

08-2/14

TRANSMITTAL LETTER

Department of State
Division of Corporations
P.O. Box 6327
Tallahassee, FL 32314

Nature's Health Foods & Café , Inc.

SUBJECT _____
(Proposed corporate name-must include suffix)

Enclosed are an original and one (1) copy of the articles of incorporation and a check for:

___ \$70.00 **X \$78.75** ___ \$78.75 ___ \$ 87.50

Filing Fee	Filing Fee	Filing Fee	Filing Fee,
	Certificate of Status	& Certified Copy	Certified Copy
			& Certificate
			Of Status
		ADDITIONAL COPY	
		REQUIRED	

FROM: **Lela Lilyquist**

Name (Printed or typed)
401 South Parsons Ave – Suite E

Address

Brandon, FL 33511

City, State & Zip
(813) 681-7999

Daytime Telephone Number

NOTE: Please provide the original and one copy of the articles.

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SECRETARY OF STATE
TALLAHASSEE, FLORIDA

ARTICLES OF INCORPORATION
OF

Nature's Health Foods & Café, Inc.

The undersigned incorporator, for the purpose of forming a corporation under the Florida Business Corporation Act, hereby adopts the following Articles of Incorporation.

ARTICLE I **NAME**

The name of the corporation shall be:

Natures's Health Foods & Café , Inc.

ARTICLE II **PRINCIPLE OFFICE**

The principle place of business and mailing address of this corporation shall be:

**3443 Lithia Pinecrest Road – Suite B105
Valrico, Fl 33594**

ARTICLE III **SHARES**

The number of shares of stock that this corporation is authorized to have outstanding at any one time is:

10,000

**ARTICLE IV INITIAL REGISTERED AGENT AND STREET
ADDRESS**

The name and Florida street address of the initial registered agent are:

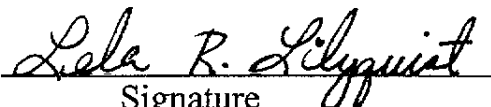
**Lela Lilyquist
401 S Parsons Avenue Suite E
Brandon, Fl 33511**

ARTICLE V INCORPORATORS

The **name and addresses** of the incorporators to these Articles of Incorporation are:

**Lela Lilyquist
401 S Parsons Avenue – Suite E
Brandon, Fl 33511**

The undersigned incorporator(s) has (have) executed these Articles of
Incorporation this 2nd day of July, 2003.


Signature

Articles of Incorporation
Filing Fee- \$35.00

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SECRETARY OF STATE
TALLAHASSEE, FLORIDA

CERTIFICATE OF DESIGNATION
REGISTERED AGENT/REGISTERED OFFICE

Pursuant to the provisions of sections 607.0501 or 617.0501, Florida Statutes, the undersigned corporation, organized under the laws of the State of Florida, submits the following statement in designating the registered office/registered agent, in the State of Florida.

1. The name of the corporation is:

Nature's Health Foods & Café , Inc.

2. The name and address of the registered agent and office is:

**Lela Lilyquist
401 S Parsons Avenue Suite E
Brandon, FL 33511**

HAVING BEEN NAMES AS REGISTERED AGENT AND TO ACCEPT SERVICE OF PROCESS FOR THE ABOVE STATED CORPORATION AT THE PLACE DESIGNATED IN THIS CERTIFICATE, I HEREBY ACCEPT THE APPOINTMENT AS REGISTERED AGENT AND AGREE TO ACT IN THIS CAPACITY. I FURTHER AGREE TO COMPLY WITH THE PROVISIONS OF MY DUTIES, AND I AM FAMILIAR WITH AND ACCEPT THE OBLIGATIONS OF MY POSITION AS REGISTERED AGENT.

SIGNATURE Lela Lilyquist
DATE July 2, 03