

PD3000041905

(Requestor's Name)

(Address)

(Address)

(City/State/Zip/Phone #)

☐

PICK-UP

☐

WAIT

☐

MAIL

(Business Entity Name)

(Document Number)

Certified Copies _____ Certificates of Status _____

Special Instructions to Filing Officer:

D. WHITE APR 15 2003

Office Use Only



400015460804

04/10/03--01039--001 **78.75

FILED
03 APR 10 AM 9:30
SECRETARY OF STATE
TALLAHASSEE FLORIDA

TRANSMITTAL LETTER

Department of State
Division of Corporation
P.O.Box 6327
Tallahassee, FL 32314

SUBJECT:

Bock Solid For Life, Inc.
(Proposed corporate name-must include suffix)

Enclosed is an original and one (1) copy of the articles of incorporation and a check for:

☐ 70.00
Filing Fee

☒ \$78.75
Filing Fee
& Certificate of Status

☒ \$78.75
Filing Fee
& Certified Copy

☐ \$87.50
Filing Fee,
Certified Copy
& Certified of
Status

ADDITIONAL COPY REQUIRED

FROM:

ICR Associates, Inc.
Name (Printed or typed)

16500 Forest City Rd
Address

Orlando, FL 32810
City, State & Zip

407-523-0020
Daytime Telephone number

NOTE: Please provide the original and one copy of the articles.

**ARTICLE OF INCORPORATION
OF
ROCK SOLID FOR LIFE, INC.**

FILED
03 APR 10 AM 9:30
SECRETARY OF STATE
TALLAHASSEE FLORIDA

The undersigned subscribers to these Articles of Incorporation, natural persons competent to contract, hereby form a corporation under the laws of the State of Florida.

ARTICLE I. NAME

The name of the corporation shall be:

ROCK SOLID FOR LIFE, INC.

ARTICLE II. NATURE OF BUSINESS

The corporation may engage in any activity or business permitted under the laws of the United States and of the State of Florida namely but not limited to, Personal Training & Consulting for wellness programs.

ARTICLE III. CAPITAL STOCK

The maximum number of shares of stock that this corporation is authorized to have outstanding at any one time shall be as follows: Ten Thousand (10,000) shares of common stock having a par value of \$1.00 per share. The consideration to be paid for each share shall be as fixed by the board of directors, and may take the form of services rendered, cash, property, or any other form deem satisfactory by the board of directors. Common stock of this corporation shall be issued as "small business corporation".

ARTICLE IV. INITIAL CAPITAL

The amount of capital with which this corporation will begin business shall not be less than Five Hundred Dollars (\$500.00).

ARTICLE V. TERM OF EXISTENCE

The corporation is to exist perpetually unless dissolved by law.

ARTICLE VI. ADDRESS

The initial street address of the principal office of the corporation in the State of Florida shall be: 7600 Lakeside Woods Drive Orlando, FL 32810. The board of director may from time to time move the principal office to any other place or places as may be designated by the board of director.

ARTICLE VII. DIRECTORS

This corporation shall have one director initially. The number of director may be increased or diminished from time to time, by the by-laws adopted by the stockholders, but shall never be more than one.

At all times during which this corporation is authorized to have one director, the term "board of director" as used herein shall mean the one director of this corporation.

ARTICLE VIII. DIRECTOR'S POWERS

The board of director shall have the power to fix or change salaries of the director, as director and as officer, to restrict the transfer of stock by stockholders, to indemnify director and officer against liability for their good faith acts and omissions to permit contracts or other transactions between the corporation and one or more of its director individually or business in which one or more of its Director are interested, and to exercise such other powers of

corporation as are not inconsistent with these Articles or with any by-laws that may be adopted by the stockholders.

ARTICLE IX. ORIGINAL DIRECTORS

The name and street address of the member of the board of director is:

NAME

ADDRESS

Rodney W. Stallings 7600 Lakeside Woods Dr Orlando, FL 32810

ARTICLE X. REGISTERED OFFICE AND REGISTERED AGENT

The street address of the office registered for the corporation shall be c/o
Rodney W. Stallings, 7600 Lakeside Woods Dr. Orlando, FL 32810

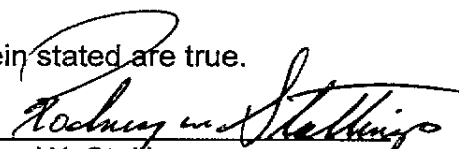
ARTICLE XI. AMENDMENTS

The corporation reserves the right to amend, alter, change or repeal any provision contained in these Articles of Incorporation in the manner now or hereafter prescribed by law, and all rights conferred on stockholders herein are granted and subject to this reservation.

ARTICLE XII. SUBSCRIBER

The name and address of the subscriber to this Articles of Incorporation is:
Rodney W. Stallings, 7600 Lakeside Woods Dr. Orlando, FL 32810

IN WITNESS WHEREOF, I, the undersigned subscriber, have hereunto set my hand and seal, this 2 day of Apr. 1, 2003, for the purpose of forming this corporation under the laws of the State of Florida, and do hereby make and file in the office of the Secretary of the State of Florida these Articles of incorporation and certify that the facts herein stated are true.


Rodney W. Stallings

STATE OF FLORIDA

COUNTY OF ORANGE,

I hereby certify that on this day, before me, a Notary Public, duly authorized in the state and county named above to take acknowledgments, personally appeared Rodney W. Stallings, to me known to be the person described as subscriber in and who executed the foregoing Articles of Incorporation, and acknowledged before that he subscribed to these Articles of Incorporation.

Sworn to and subscribed before me this 2 day of APRIL,
200³~~2~~.

Katherine A. Fitzgerald
NOTARY PUBLIC, State of Florida



Katherine A Fitzgerald
My Commission CC928505
Expires May 02, 2004

Identification: _____

My Commission expires:
5.2.04

**CERTIFICATE DESIGNATING
REGISTERED AGENT/ REGISTERED OFFICE**

FILED

03 APR 10 AM 9:30

**SECRETARY OF STATE
TALLAHASSEE FLORIDA**

Pursuant to the provisions of Section 607.325, Florida Statutes, the undersigned corporation, organized under the laws of the State of Florida, submits the following statement in designating the office/ registered agent, in the State of Florida.

1. The name of the corporation is:

ROCK SOLID FOR LIFE, Inc.

2. The name and address of the registered agent and office is:

NAME

ADDRESS

Rodney W. Stallings

7600 Lakeside Woods Dr. Orlando, FL 32810

Signature

Rodney W. Stallings

Title

President

Date

4/2/03

Having been named to accept service of process for the above stated corporation, at the place designated in this certificate, I hereby agree to act in this capacity, and I further agree to comply with the provisions of all statutes relative to the proper and complete performance of my duties, and I accept the duties and obligations of section 607.325, Florida Statutes.

Signature of Registered Agent

Rodney W. Stallings

Date

4/2/03