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| (Requestor's Name) | | | | |
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| (Address) | | | | |
| (Address) | | | | |
| (City/State/Zip/Phone #) | | | | |
| PICK-UP WAIT MAIL | | | | |
| (Business Entity Name) | | | | |
| (Document Number) | | | | |
| Certified Copies Certificates of Status | | | | |
| Special Instructions to Filing Officer: | | | | |
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TRANSMITTAL LETTER

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t of State
Corporations
SEGRETARY OF STATE
TALLAHASSEE FLORIDA

Department of State Division of Corporations P. O. Box 6327 Tallahassee, FL 32314

| SUBJECT: Nu | trition & Fitness, Inc. | | |
|----------------------|---|--|--|
| Enclosed are an orig | (PROPOSED CORPORA) ginal and one (1) copy of the arti | TE NAME - MUST INCL | |
| \$70.00 Filing Fee | \$78.75 Filing Fee & Certificate of Status | □ \$78.75 Filing Fee & Certified Copy ADDITIONAL CO | \$87.50 Filing Fee, Certified Copy & Certificate of Status |
| FROM: | Deborah L. DiRosato | (Printed or typed) | |
| | 2101 SW 23rd Avenue | Address | |
| | Fort Lauderdale, FL 33312 | 2 State & Zip | |
| | (954) 791-5188 | elephone number | |
| | Daytime reteptione number | | |

NOTE: Please provide the original and one copy of the articles.

ARTICLES OF INCORPORATION

OF

NUTRITION & FITNESS, INC

The undersigned subscriber to these Articles of Incorporation, a natural person, competent to contract, hereby forms a corporation under the laws of the state of Florida.

ARTICLE I NAME

The name of the corporation is:

Nutrition & Fitness, Inc.

ARTICLE II PRINCIPAL OFFICE

The principal place of business/mailing address is:

2101 SW 23rd Avenue

Fort Lauderdale, FL 33312

ARTICLE III SHARES

The maximum number of shares of stock that this corporation is authorized to have outstanding at any one time is one hundred (100) shares of common stock, having a par value of \$1.00.

ARTICLE IV CAPITAL

The amount of capital with which this corporation will begin is One Hundred Dollars (\$100.00)

ARTICLE V INITIAL REGISTERED AGENT AND STREET ADDRESS

The initial registered agent for the corporation is:

Deborah L. DiRosato 2101 SW 23rd Avenue Fort Lauderdale, FL 33312

ARTICLE VI MOVEMENT OF PRINCIPAL OFFICE

The stockholders may from time to time move the principal office of this corporation to any other address in the State of Florida.

ARTICLE VII DIRECTORS

This corporation shall have at least one (1) director initially, but the number of directors may be increased from time to time by by-laws adopted by the stockholders but shall never be less the one (1).



ARTICLE IX DIRECTORS AND OFFICERS

The name and address of the first Board of Directors and Officers are:

Deborah L. DiRosato

2101 SW 23rd Avenue Fort Lauderdale, FL 33312

President
Vice President
Treasurer
Secretary
Director

ARTICLE X AMENDMENTS TO ARTICLES OF INCORPORATION

These Articles of Incorporation may be amended in manner provided by law. Every amendment shall be approved by the Board of Directors, proposed by the stockholders and approved at a stockholder's meeting, by a majority of the stock entitled to vote thereon.

ARTICLE XI SUBSCRIBER TO ARTICLES OF INCORPORATION

The name and address of the subscriber to these Articles of Incorporation are:

Deborah L. DiRosato 2101 SW 23rd Avenue Fort Lauderdale, FL 33312

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ARTICLE XII EFFECTIVE DATE OF INCORPORATION

The effective date of incorporation shall be March 25, 2003.

| Deborah De Rosato | 3/25/03 |
|-------------------|---------|
| Subscriber | Date |

Having been named as registered agent and to accept service of process for Nutrition & Fitness, Inc. at the place designated in this certificate, I hereby accept to act in this capacity and agree to comply with the provisions of all statutes relating to the proper and complete performance of my duties.

Deboral De Rosalt 3/25/03

Registered Agent Date